TÜRKİYE'DE GENÇLERİN İYİ OLMA HALİ ARAŞTIRMA RAPORU

habitat

infakto RESEARCH WORKSHOP

YÖNTEM

Habitat Derneği'nin 2017 yılından itibaren **Infakto RW** ortaklığıyla yürüttüğü **Türkiye'de Gençlerin İyi Olma Hali Araştırma Raporu**, gençlerin iyi olma halini uzun dönemli olarak izlemeyi amaçlayan kapsamlı bir saha çalışmasıdır.

Araştırma çalışması, Infakto RW tarafından:

- **9-24 Ekim 2025** tarihleri arasında
- Türkiye kentsel gençlik nüfusunu temsil eden **33 ilde;**
- **18-29** yaş arası
- **1403** gencin katılımıyla yüz yüze görüşmelerle gerçekleştirildi.

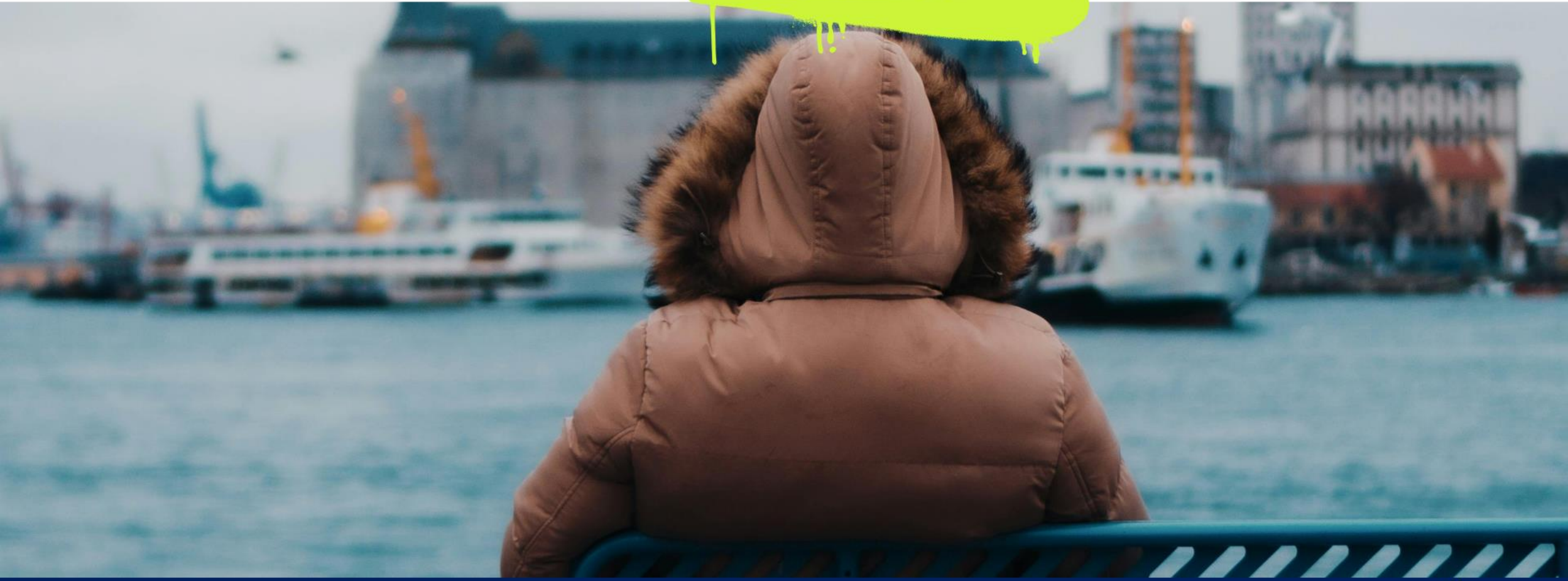
Görüşülen gençlerin:

- **%50'si** kadın, **%50'si** erkek;
- **%48'i çalışıyor, %24'ü öğrenci, %12'si iş arıyor, %16'sı ev genci**

İYİ OLMA HALİ YAKLAŞIMI

YAŞAMDAN MEMNUNİYET

YA DA ÖZNEL İYİ OLMA HALİ



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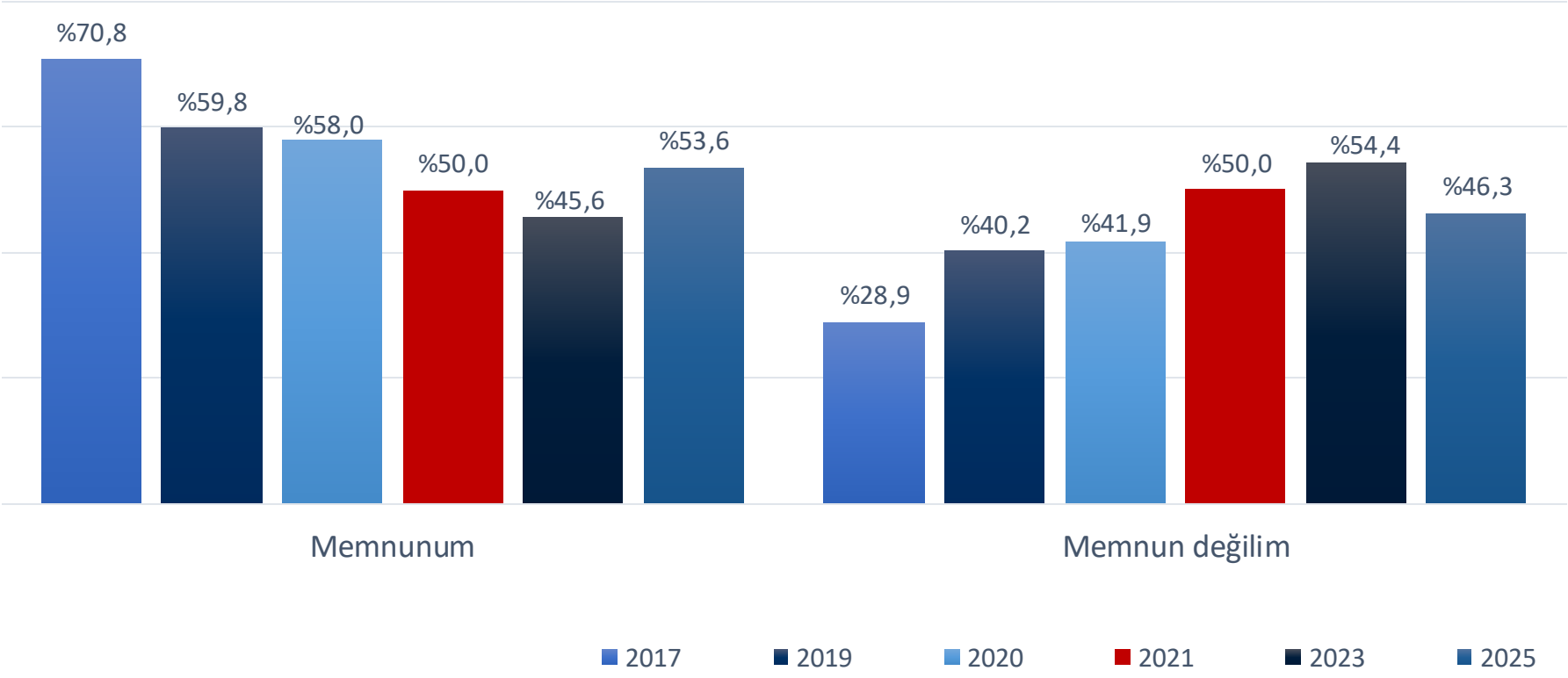

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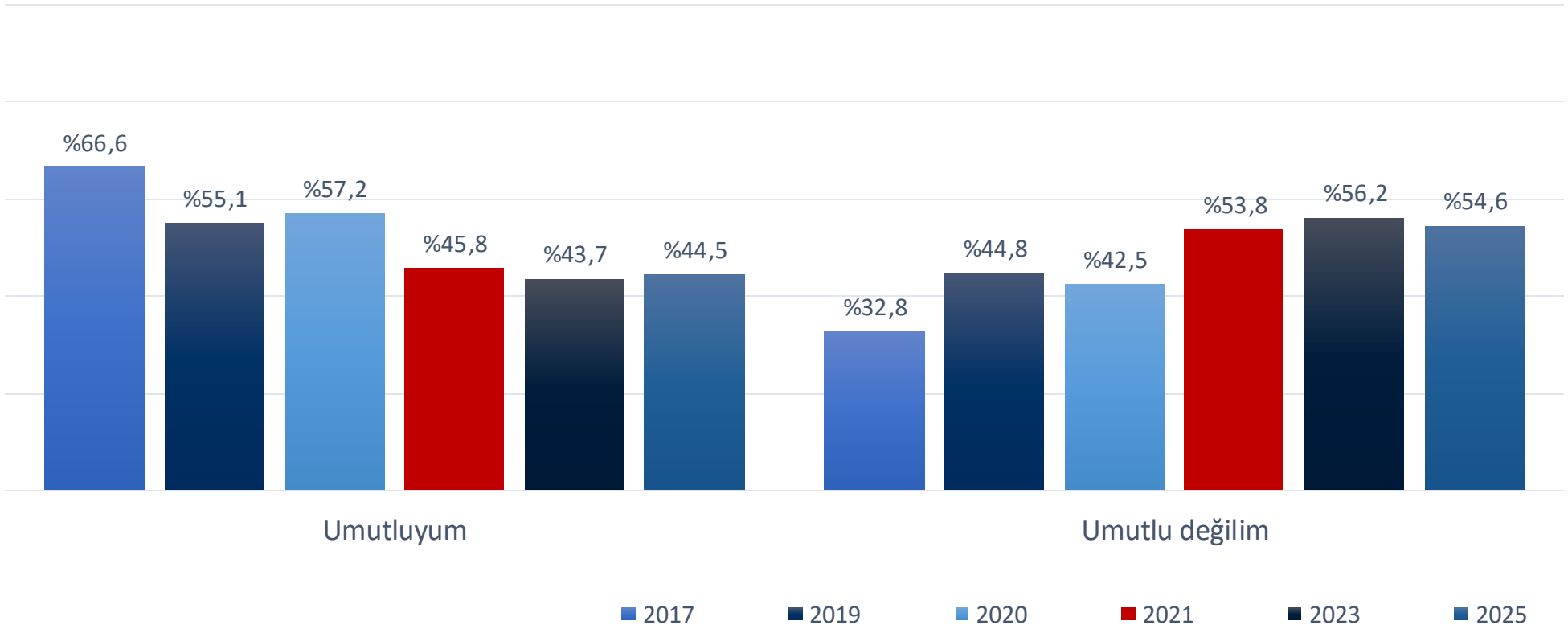

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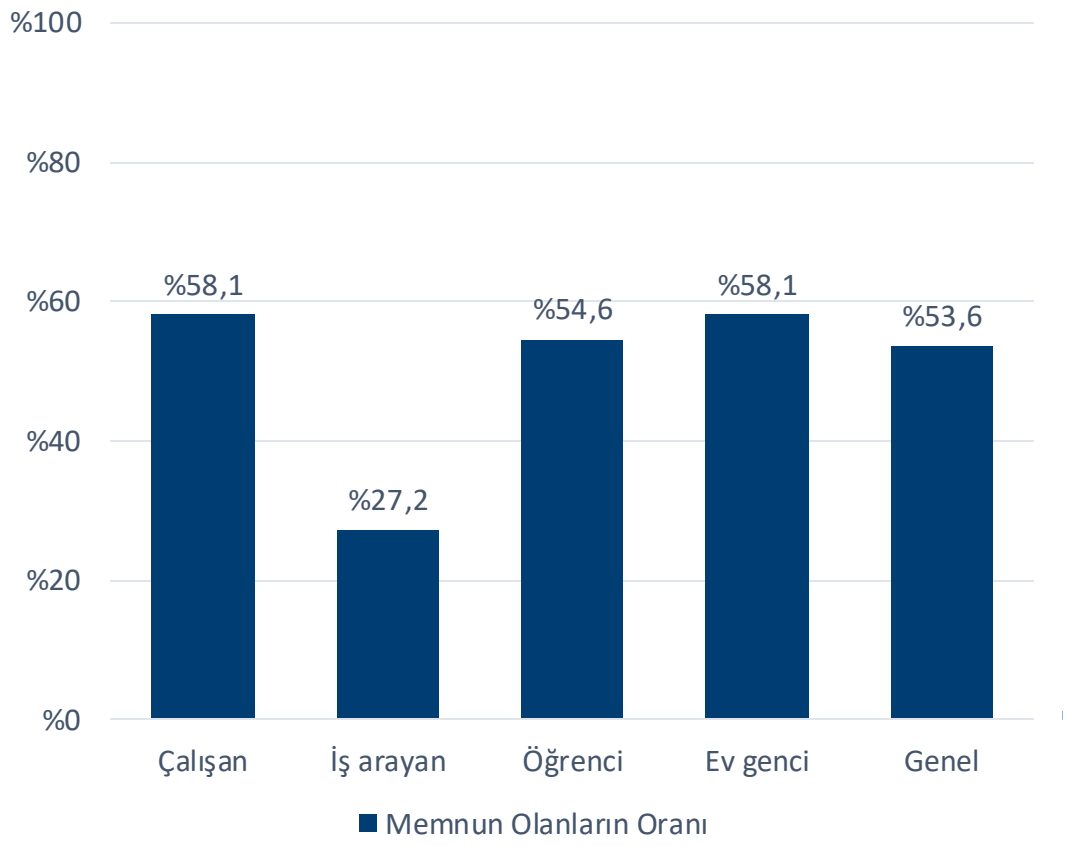
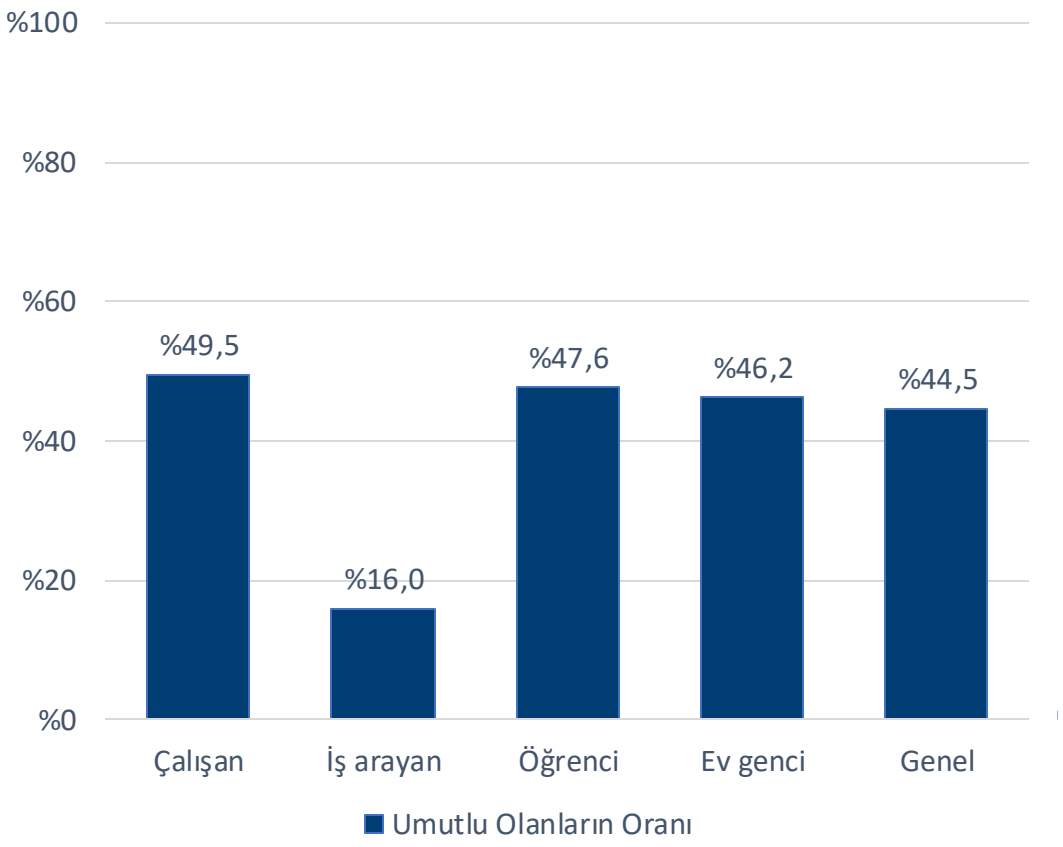
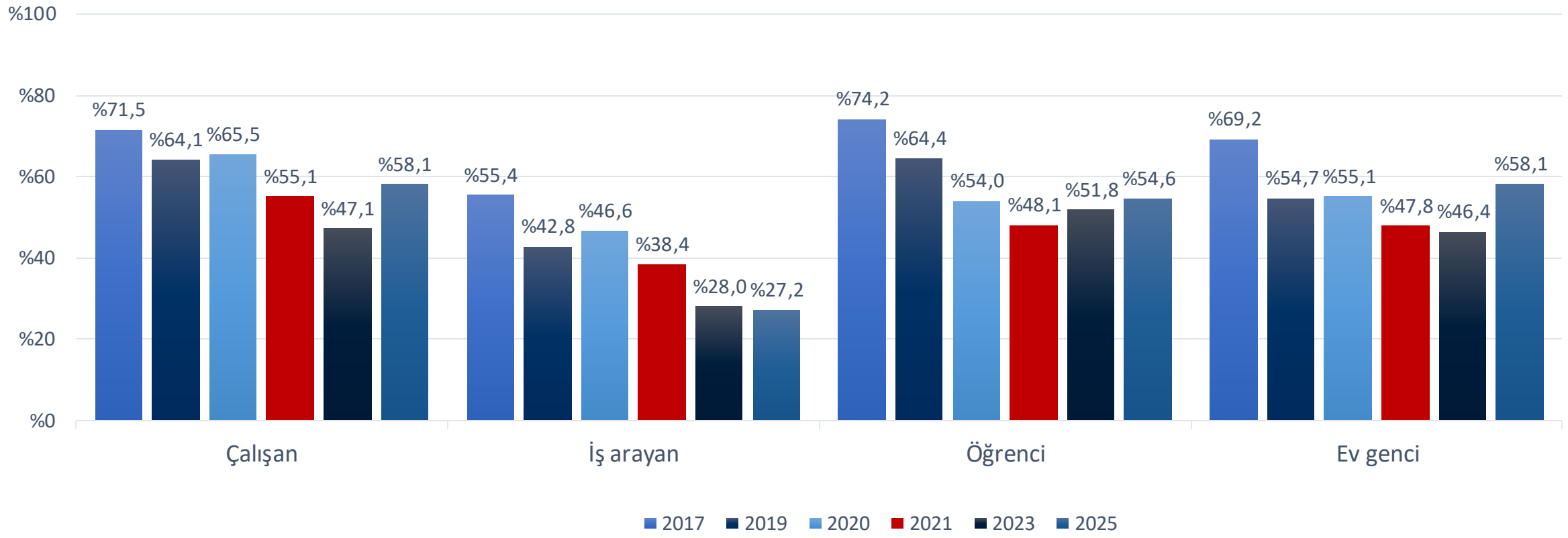




ÇALIŞMA DURUMUNA GÖRE YAŞAMDAN MEMNUNİYETİ ("MEMNUNUM" YANITLARININ ORANI)



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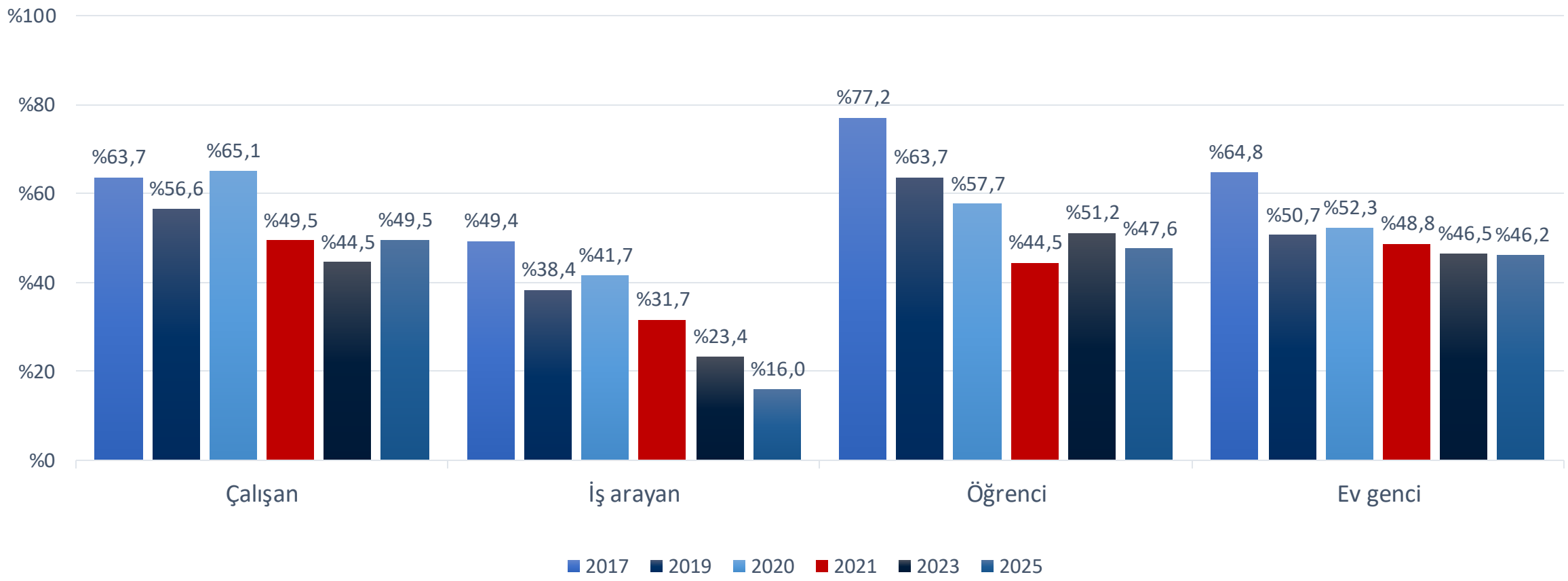
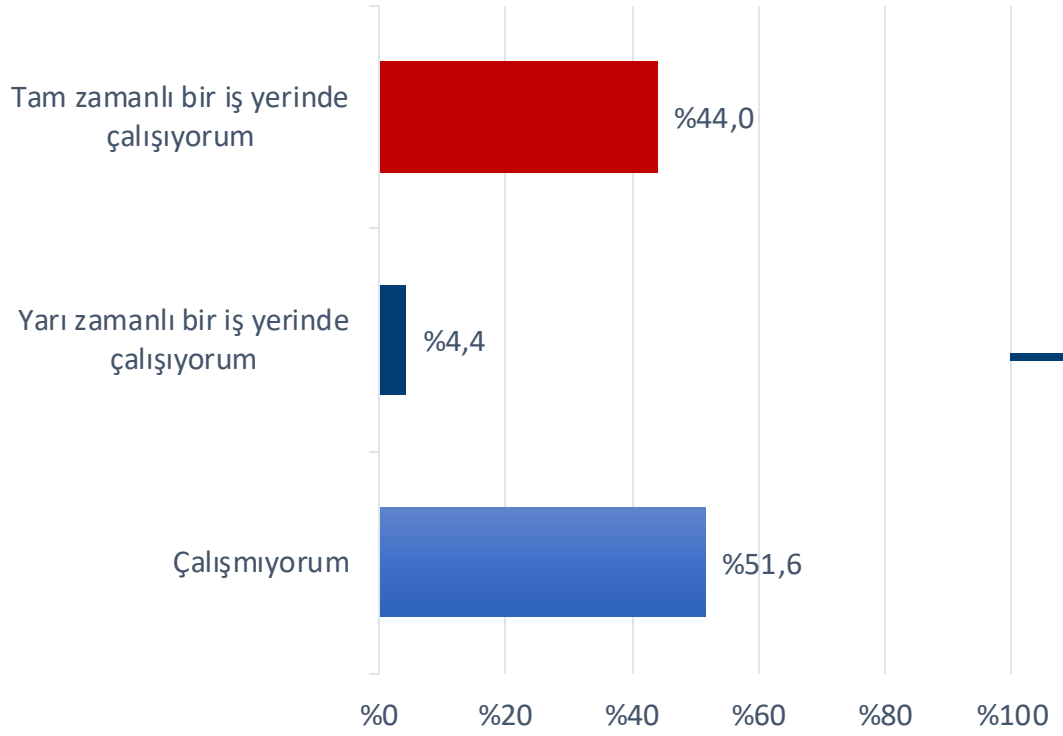
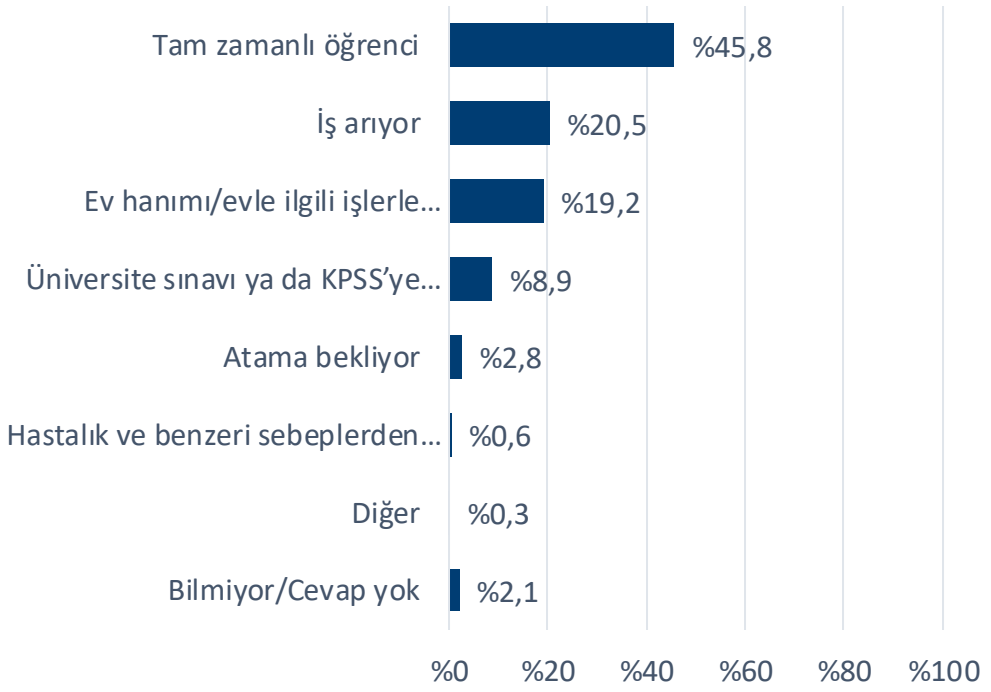


ÇALIŞMA DURUMU

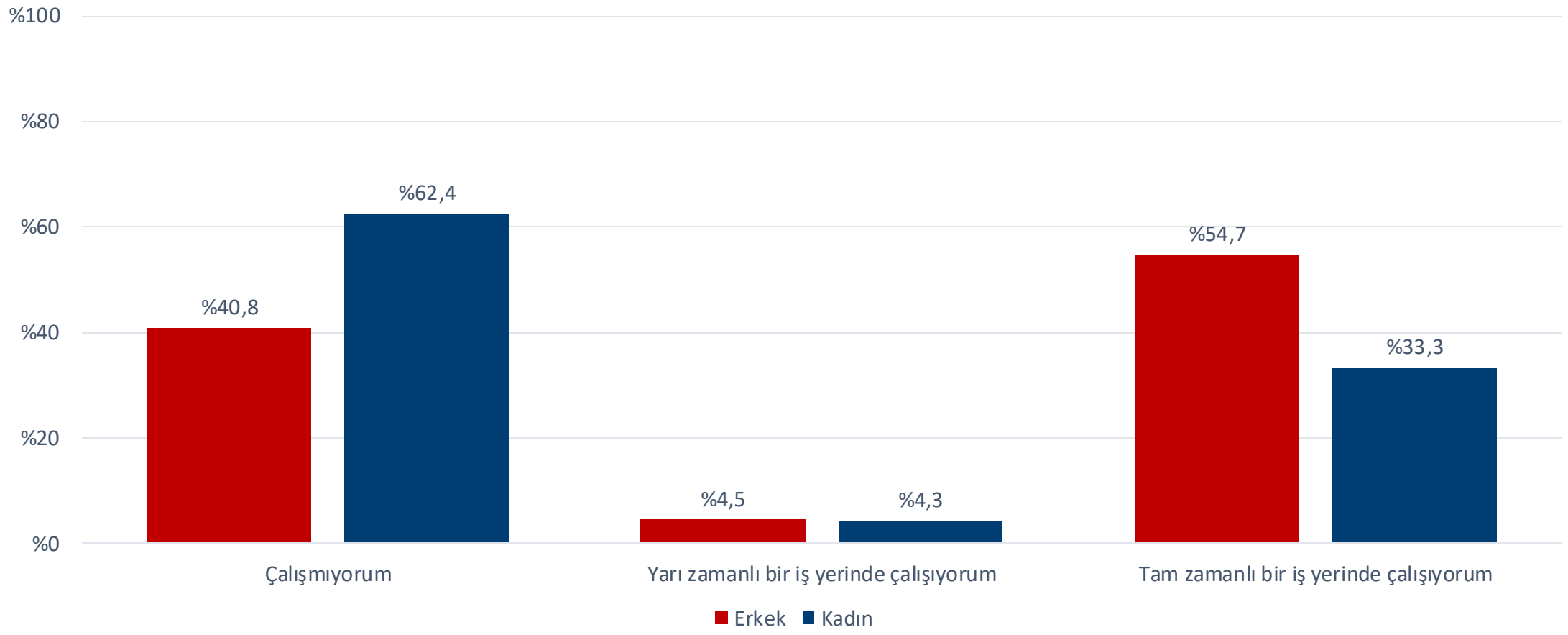
ÇALIŞMA DURUMU - ÇALIŞMAMANIN TEMEL SEBEBİ





Baz: 694 kişi

CİNSİYETE GÖRE ÇALIŞMA DURUMU



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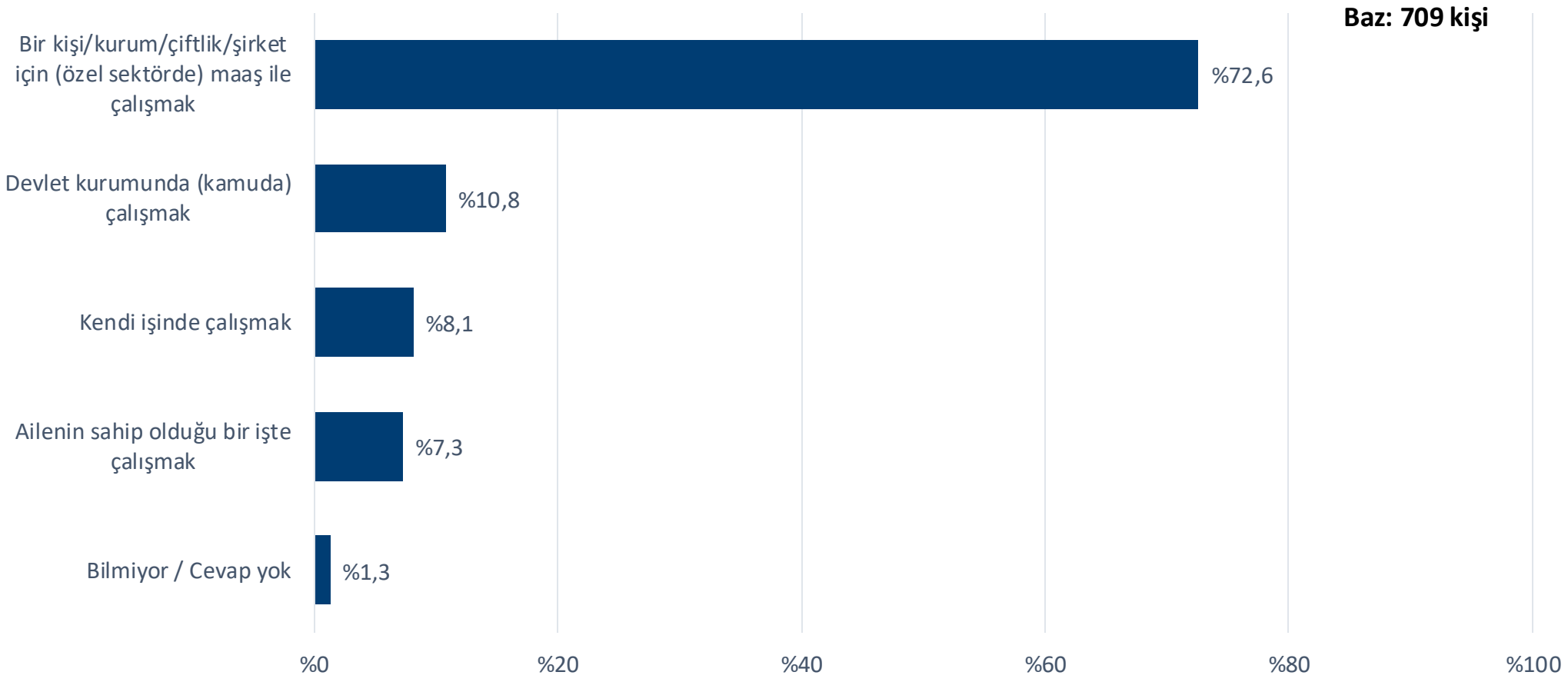

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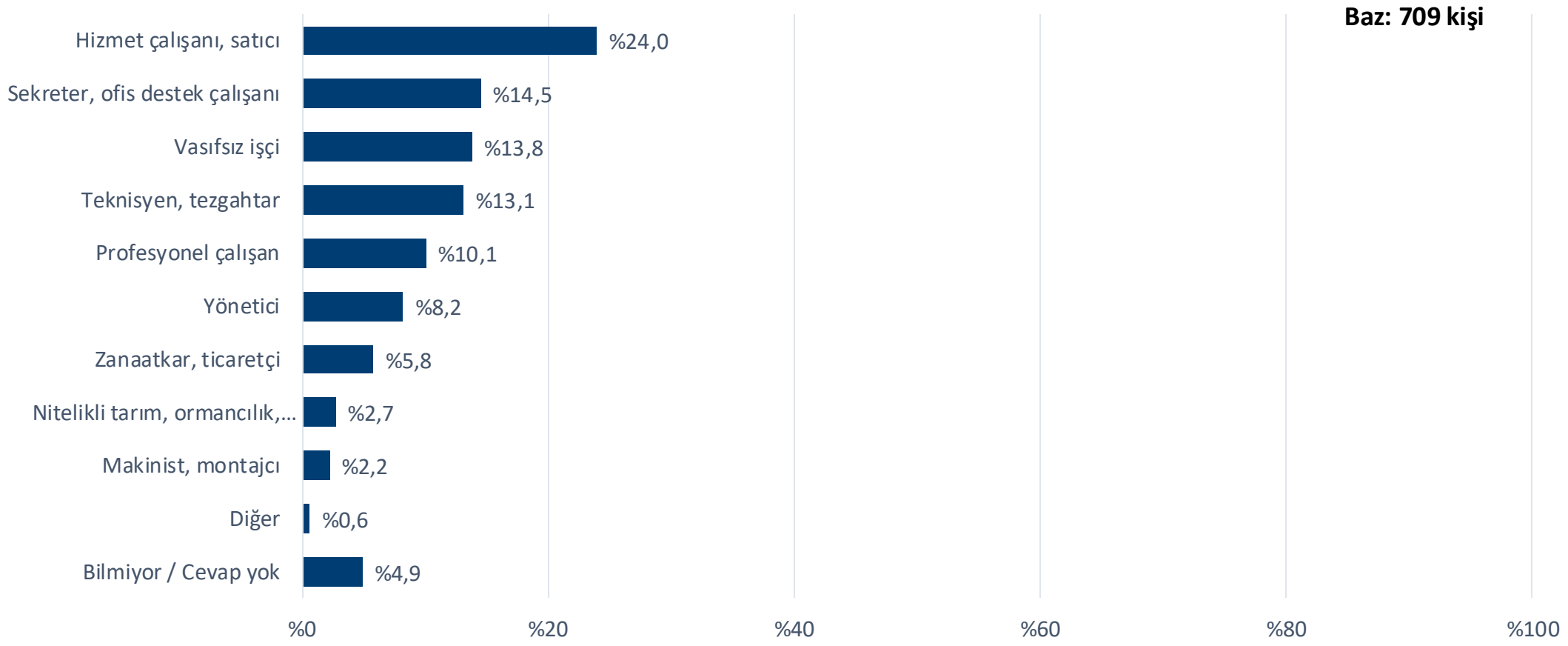

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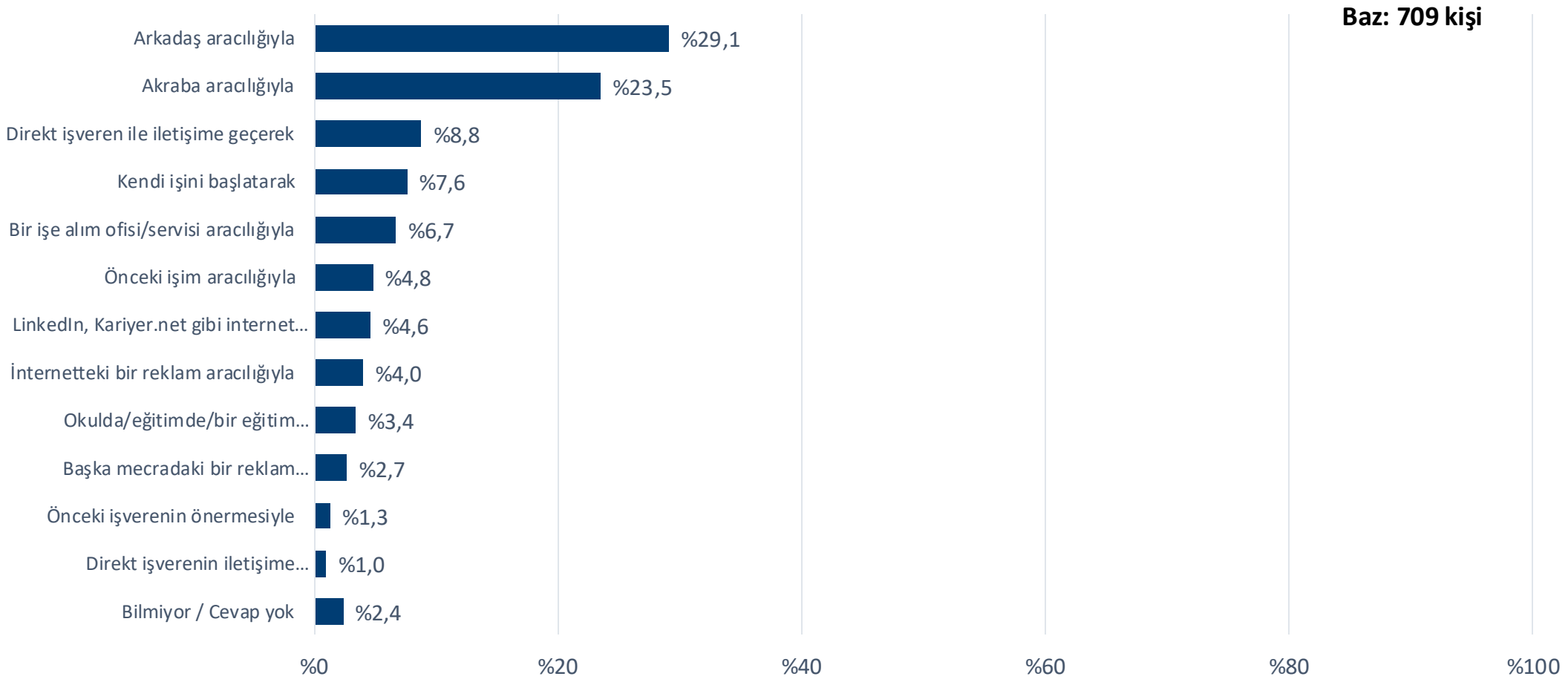

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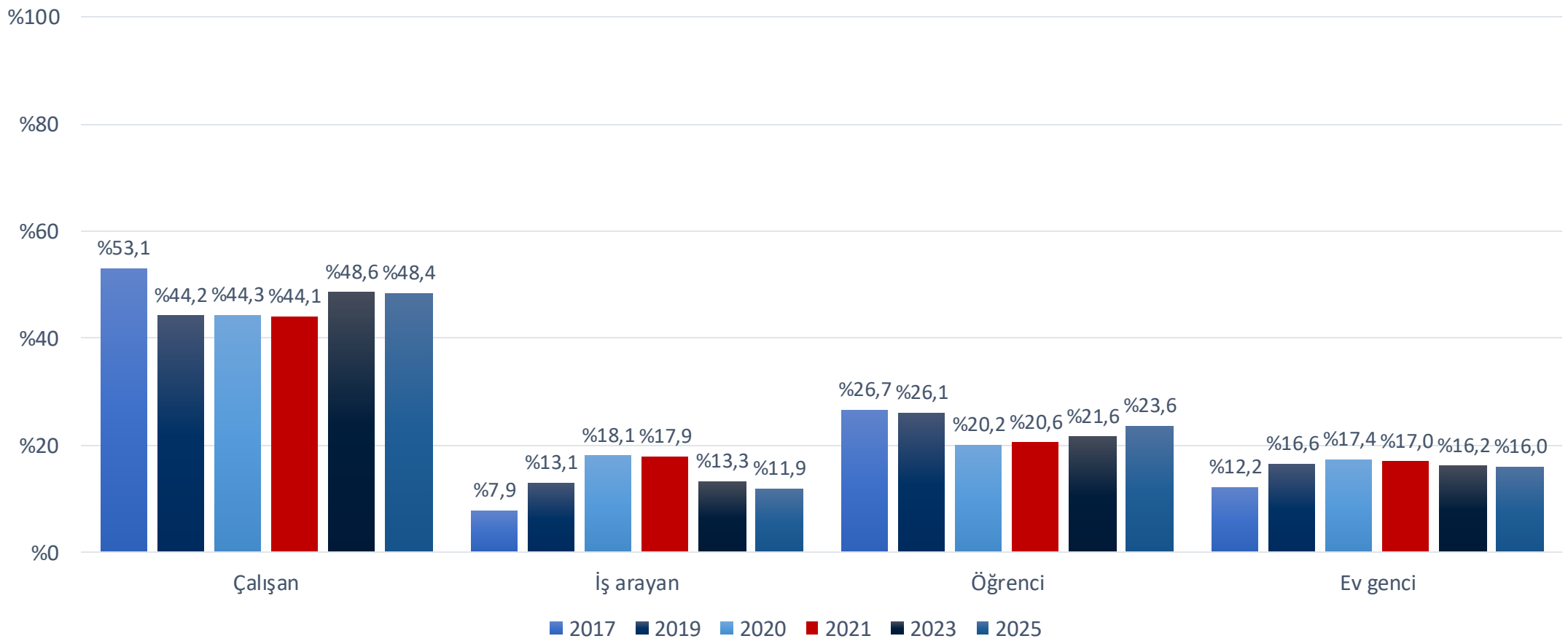

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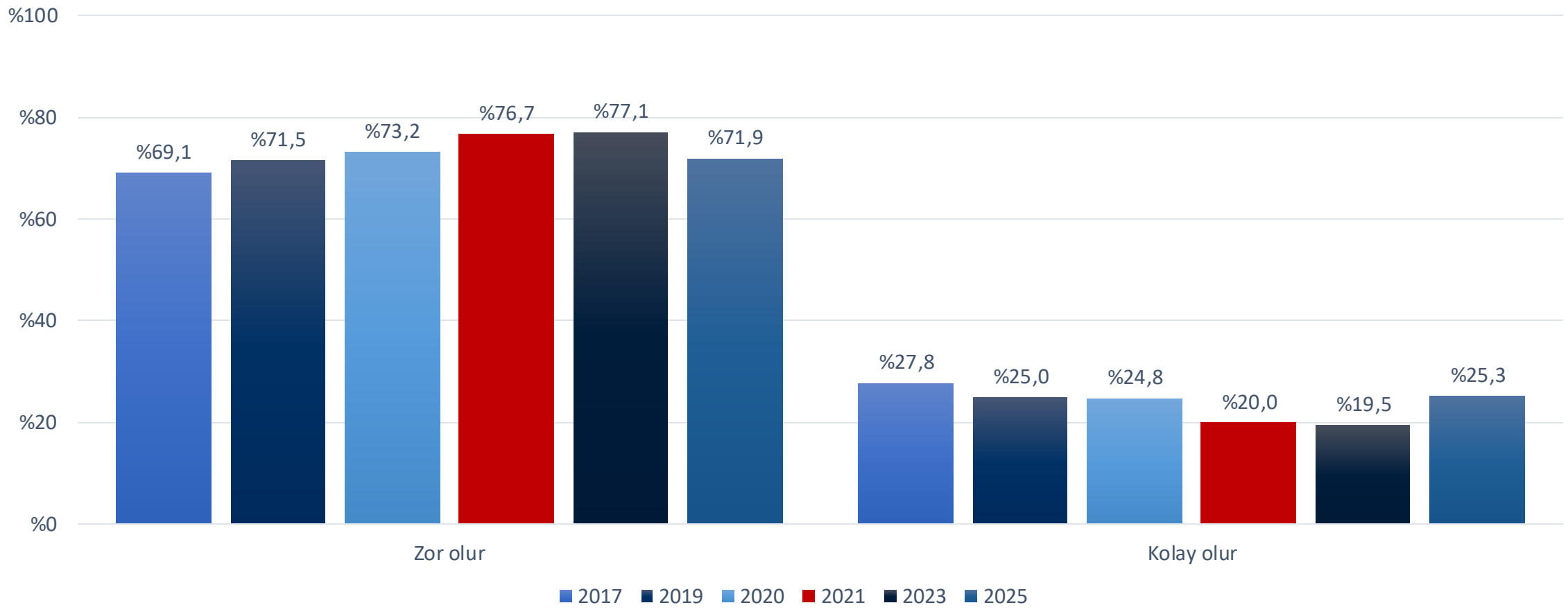
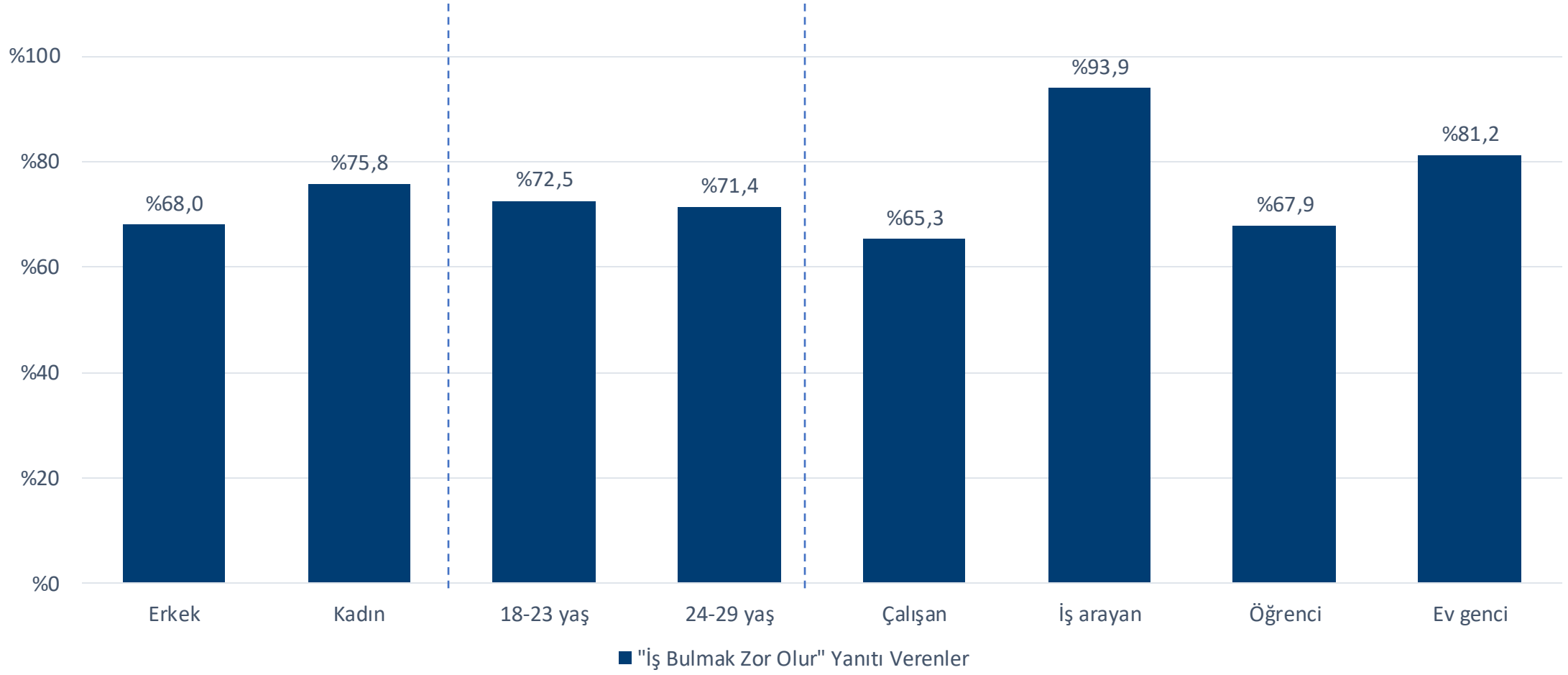
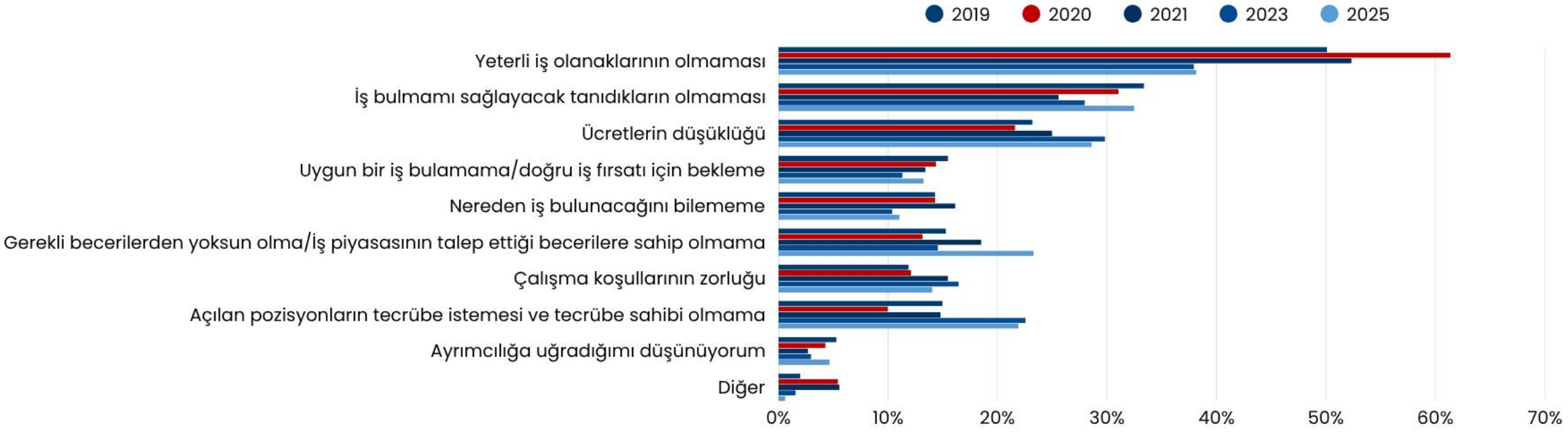


GENÇLERİN İŞ BULMA KONUSUNDAKİ KAYGILARI "İŞ BULMAK ZOR OLUR" YANITINI VERENLERİN ORANI

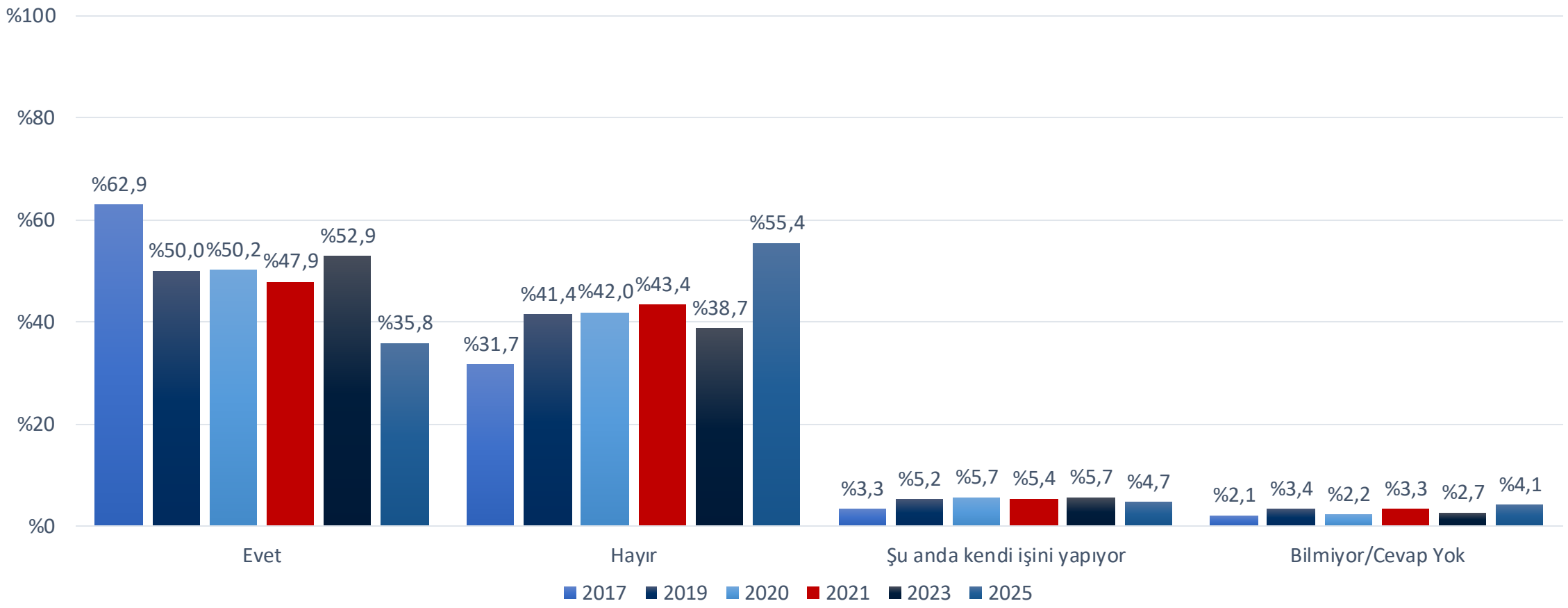


İŞ BULMANIN ÖNÜNDEKİ ENGELLER BELİRTENLERİN ORANI (İLK YANIT)

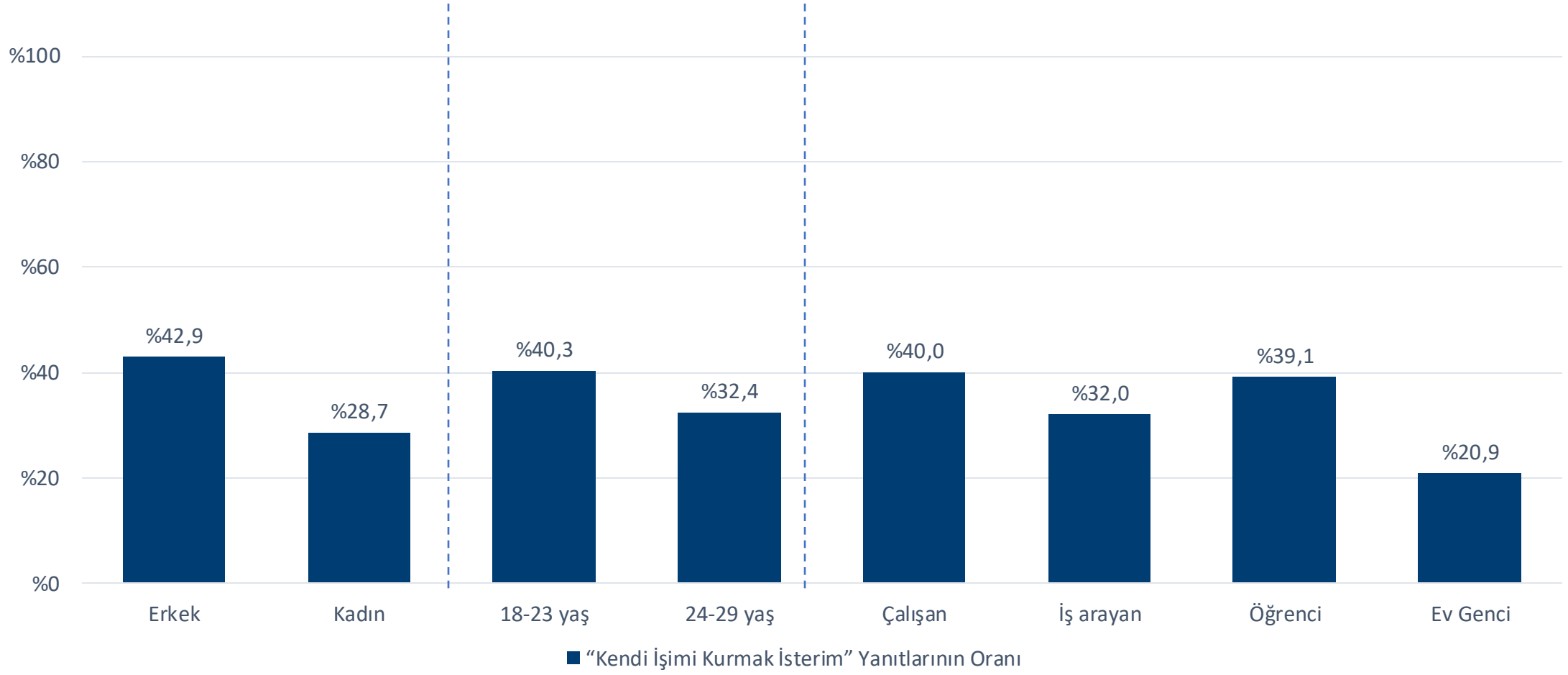
İŞ BULMANIN ÖNÜNDEKİ ENGELLER BELİRTENLERİN ORANI (2 YANIT)



GENÇLERİN GİRİŞİMCİLİK EĞİLİMİ
KENDİ İŞİMİ KURMAK İSTERİM SORUSUNA VERİLEN YANITLAR

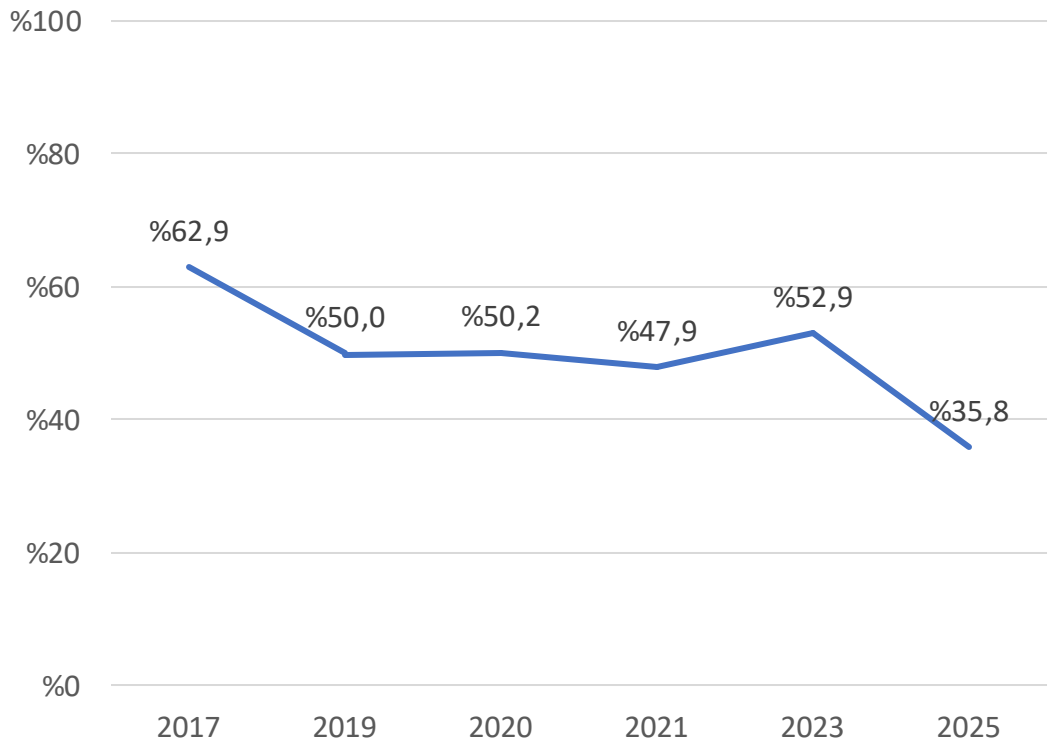


GENÇLERİN GİRİŞİMCİLİK EĞİLİMİ
"KENDİ İŞİMİ KURMAK İSTERİM" YANITINI VERENLERİN ORANI

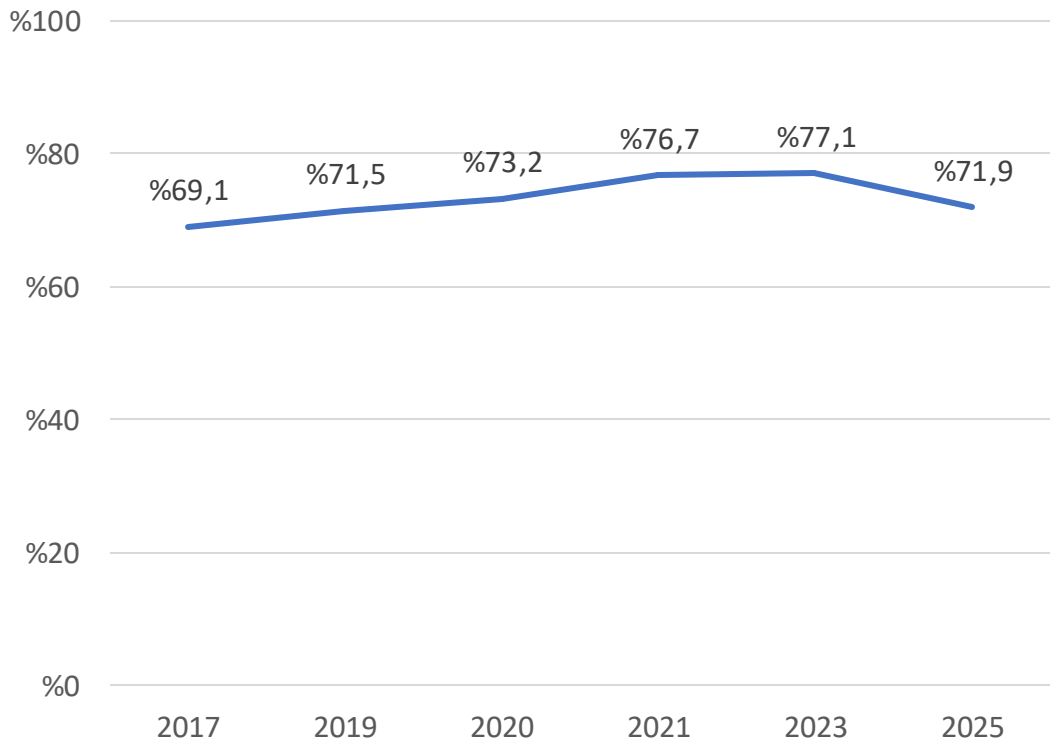


GENÇLERİN GİRİŞİMCİLİK EĞİLİMİ VE İŞ BULMA KAYGILARI

“Kendi İşimi Kurmak İsterim” Yanıtını Verenlerin Oranı

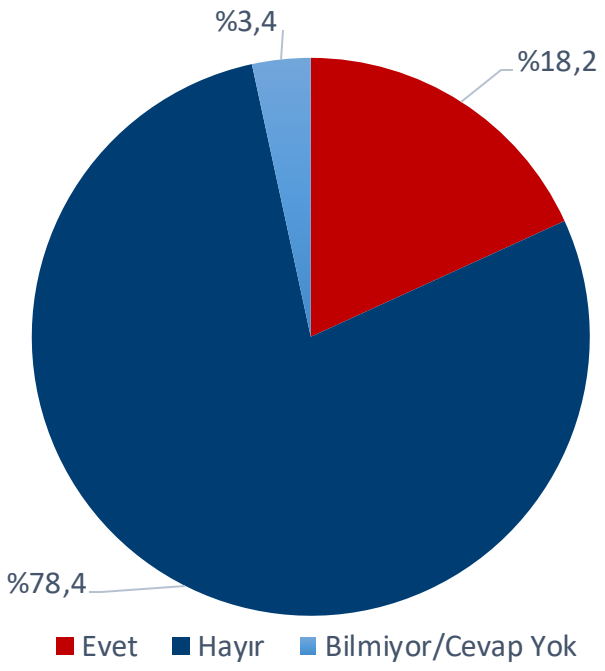


“İş Bulmam Zor Olur” Yanıtını Verenlerin Oranı

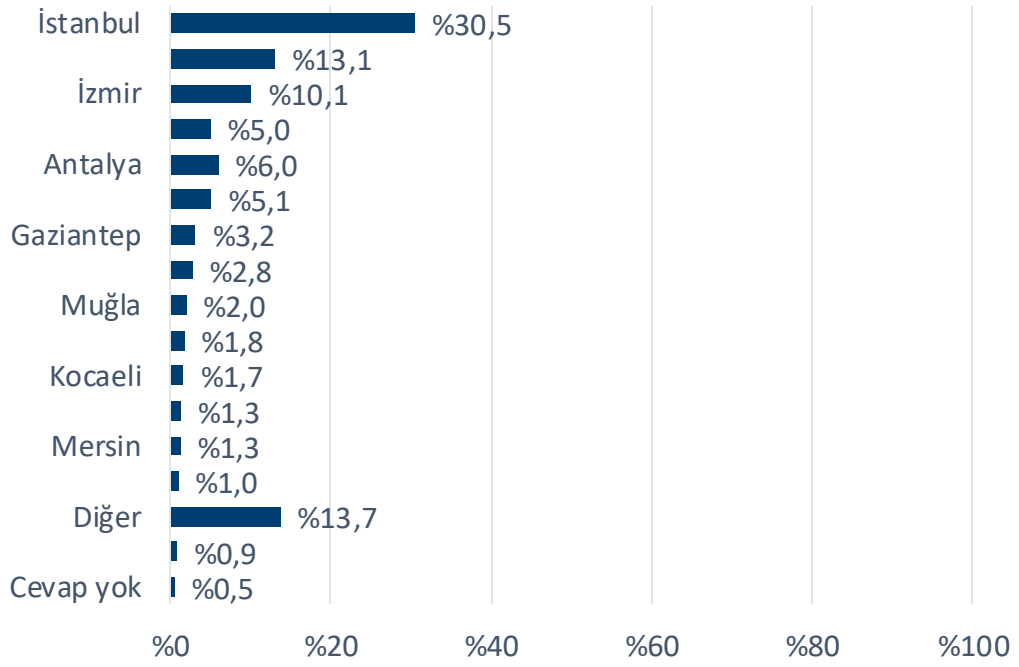


İŞ BULMAK VEYA ÇALIŞMAK İÇİN BAŞKA BİR İLE GİTME OLASILIĞI VE İL TERCİHİ

İş Bulmak ya da Çalışmak için Başka bir İle Gitme Olasılığı



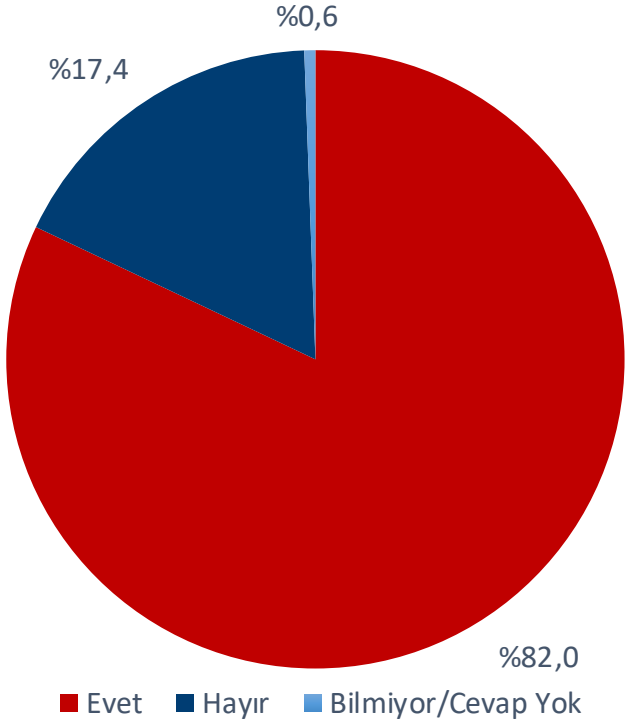
İl Tercihi



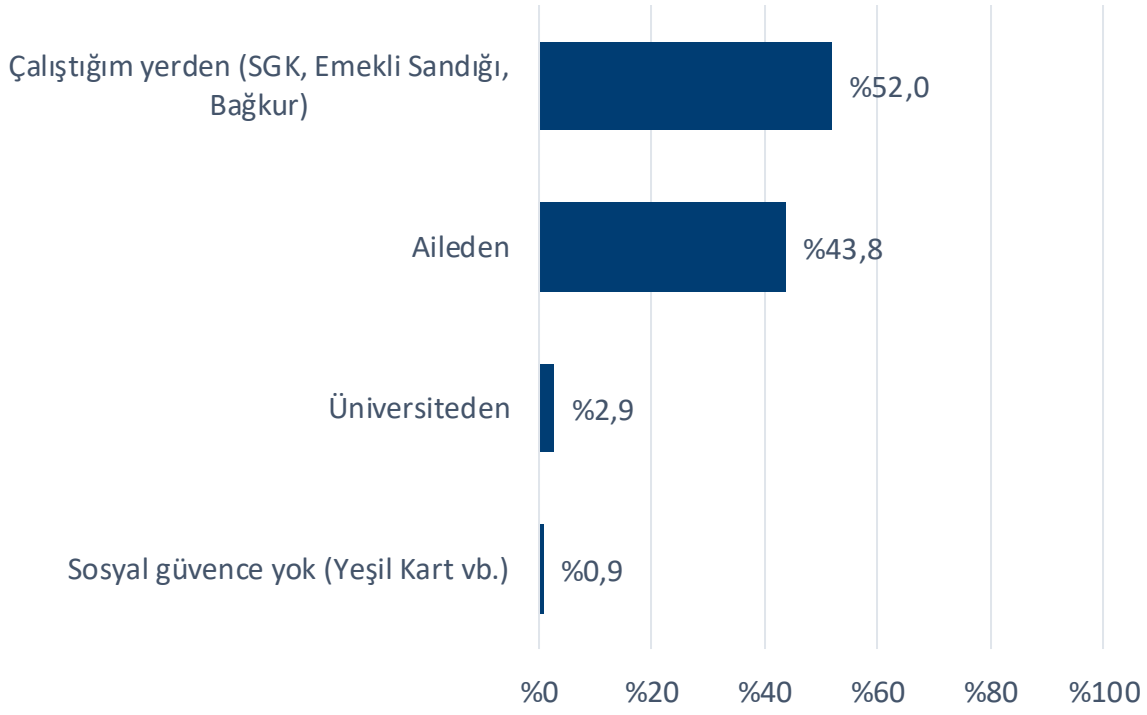
Baz: 291 kişi

SOSYAL GÜVENCEYE SAHİP OLMA

Herhangi Bir Sosyal Güvenceye Sahip Olma

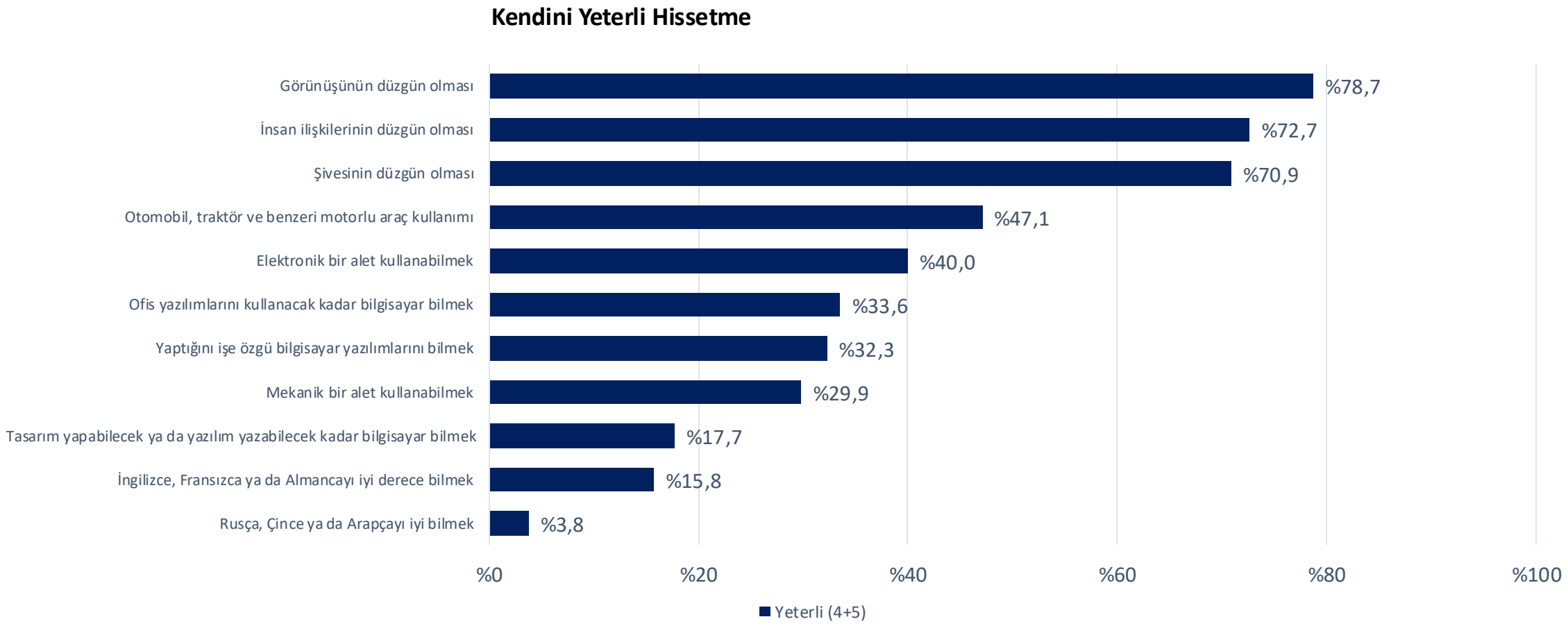


Sahip Olunan Sosyal Güvence

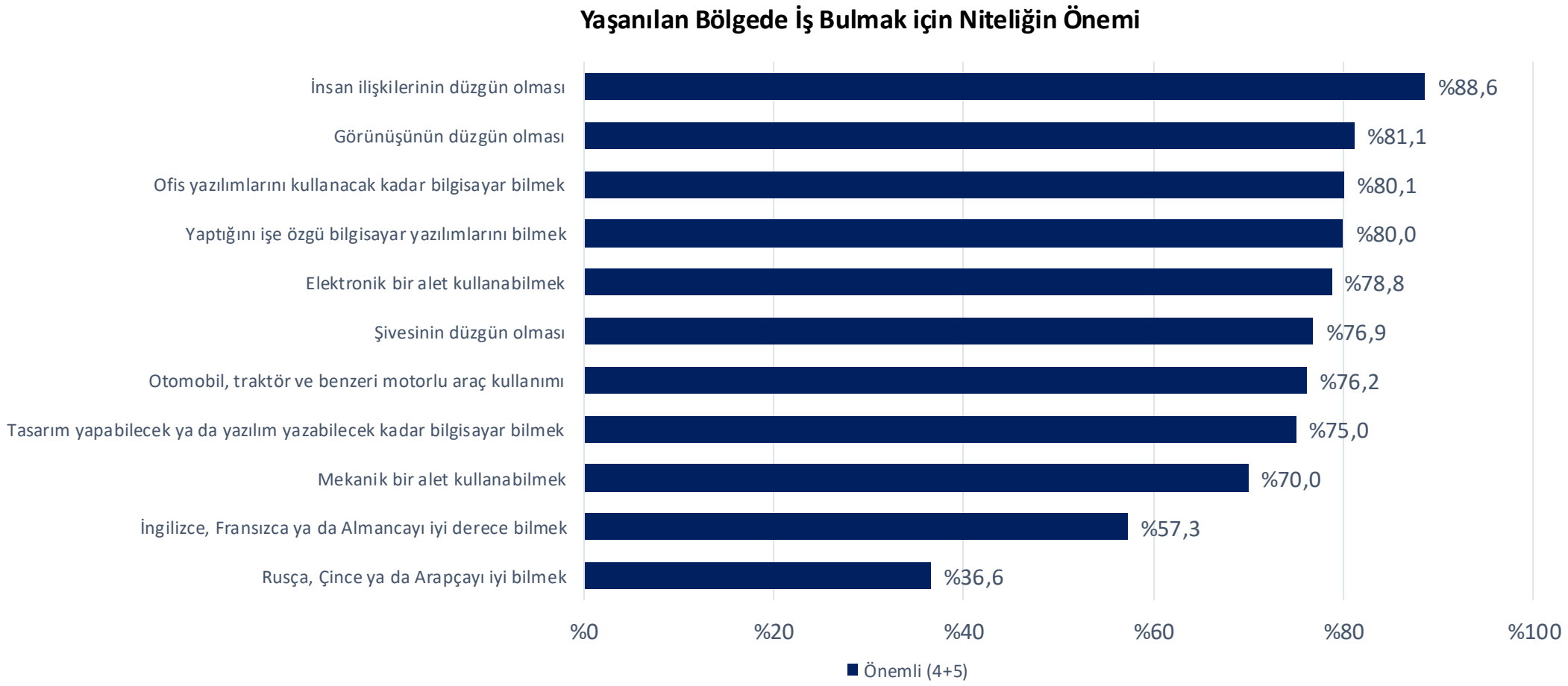


Baz: 1085 kişi

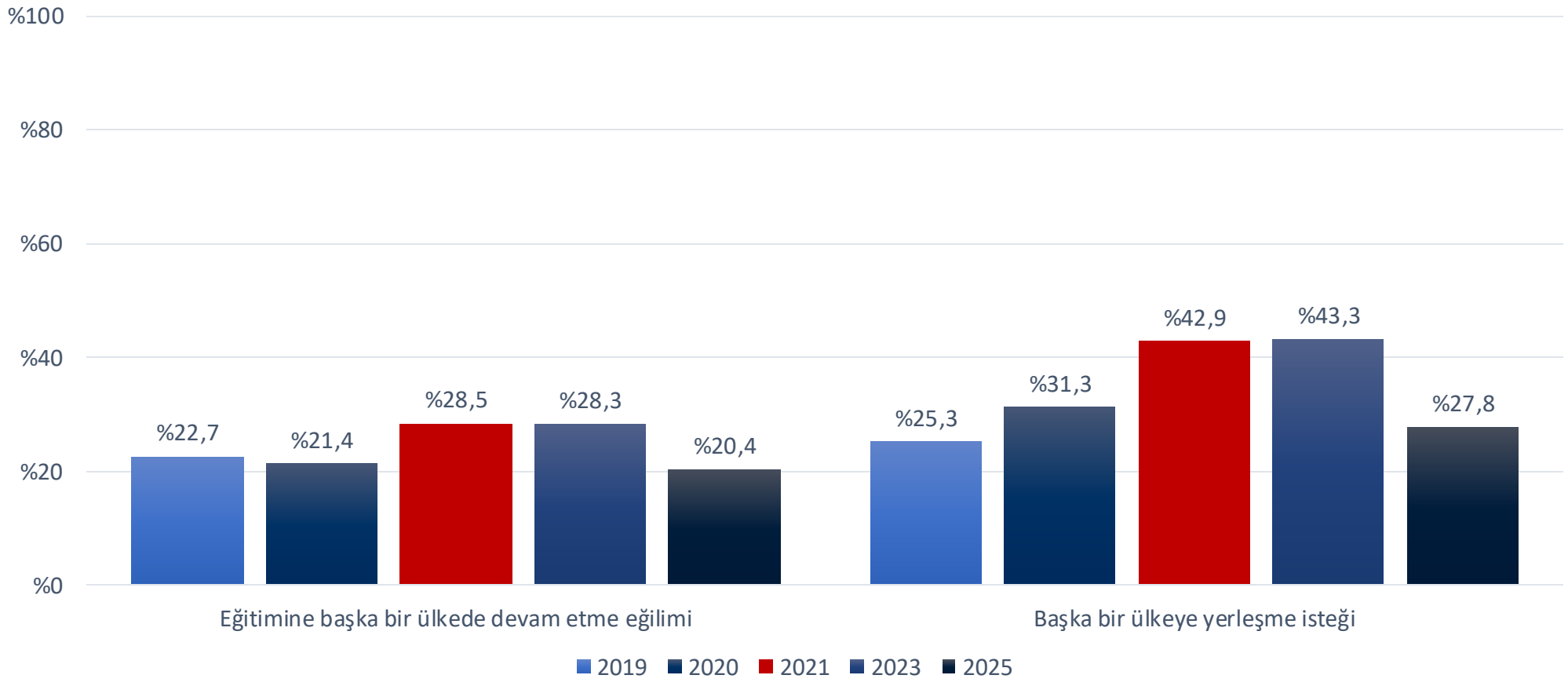
KENDİNİ YETERLİ HİSSETME VE YAŞANILAN BÖLGEDE İŞ BULMAK İÇİN NİTELİĞİN ÖNEMİ



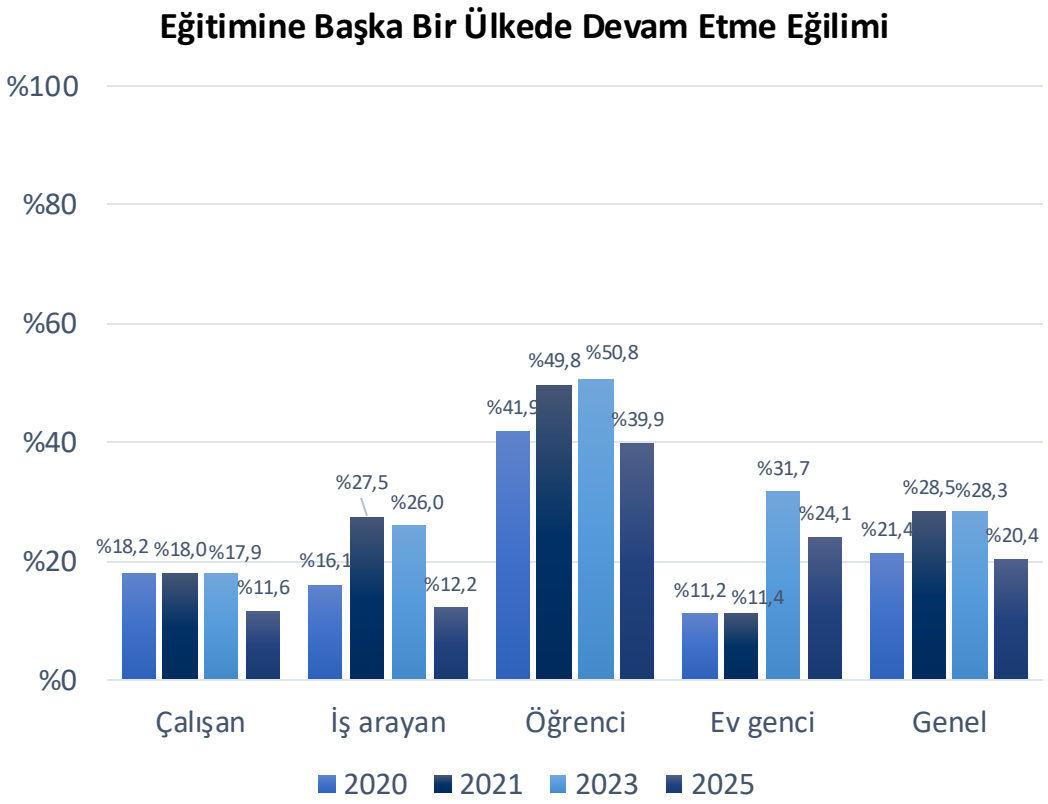
KENDİNİ YETERLİ HİSSETME VE YAŞANILAN BÖLGEDE İŞ BULMAK İÇİN NİTELİĞİN ÖNEMİ

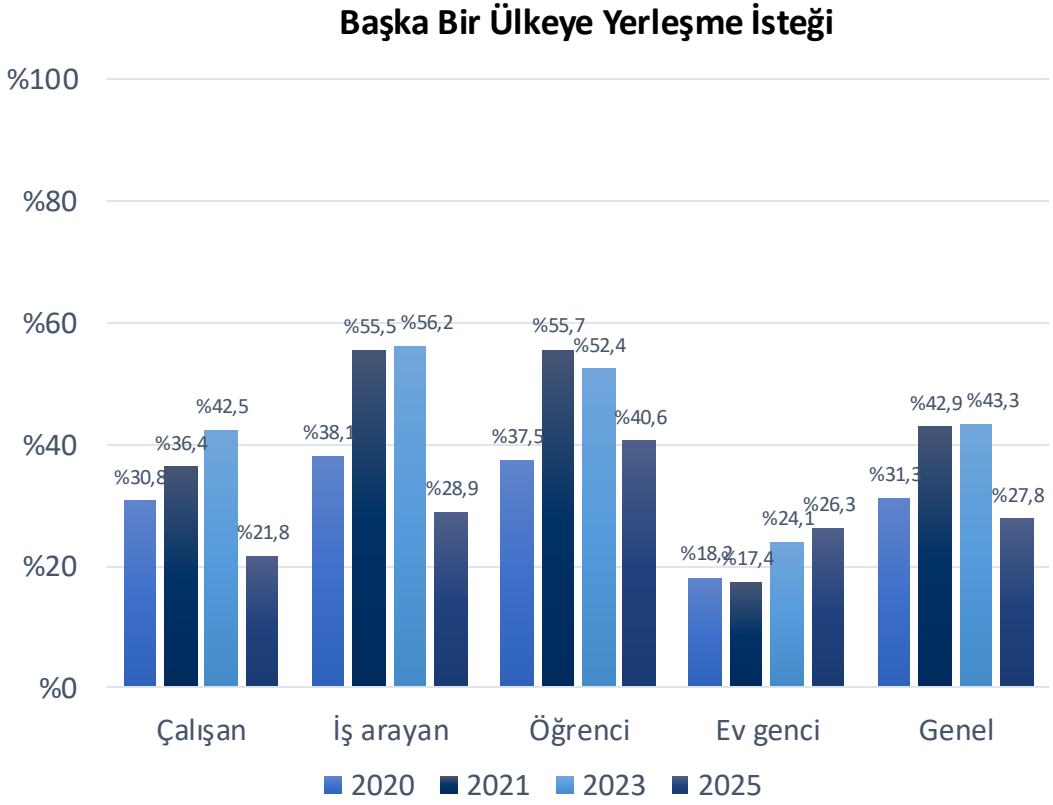


EĞİTİMİNE BAŞKA BİR ÜLKEDE DEVAM ETME EĞİLİMİ VE BAŞKA BİR ÜLKEYE YERLEŞME İSTEĞİ "EVET" YANITI VERENLERİN ORANI

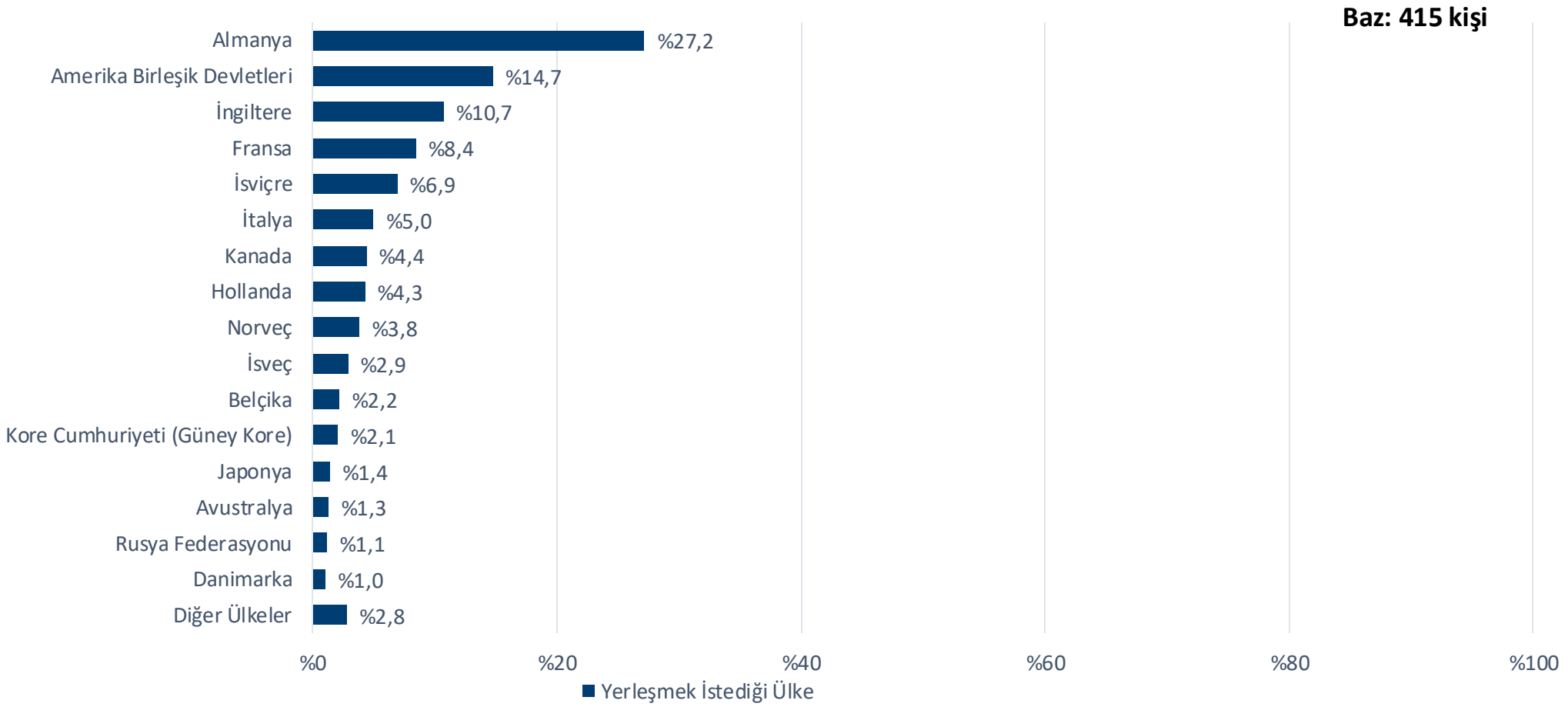


EĞİTİMİNE BAŞKA BİR ÜLKEDE DEVAM ETME EĞİLİMİ, BAŞKA BİR ÜLKEYE YERLEŞME İSTEĞİ VE ÇALIŞMA DURUMLARI

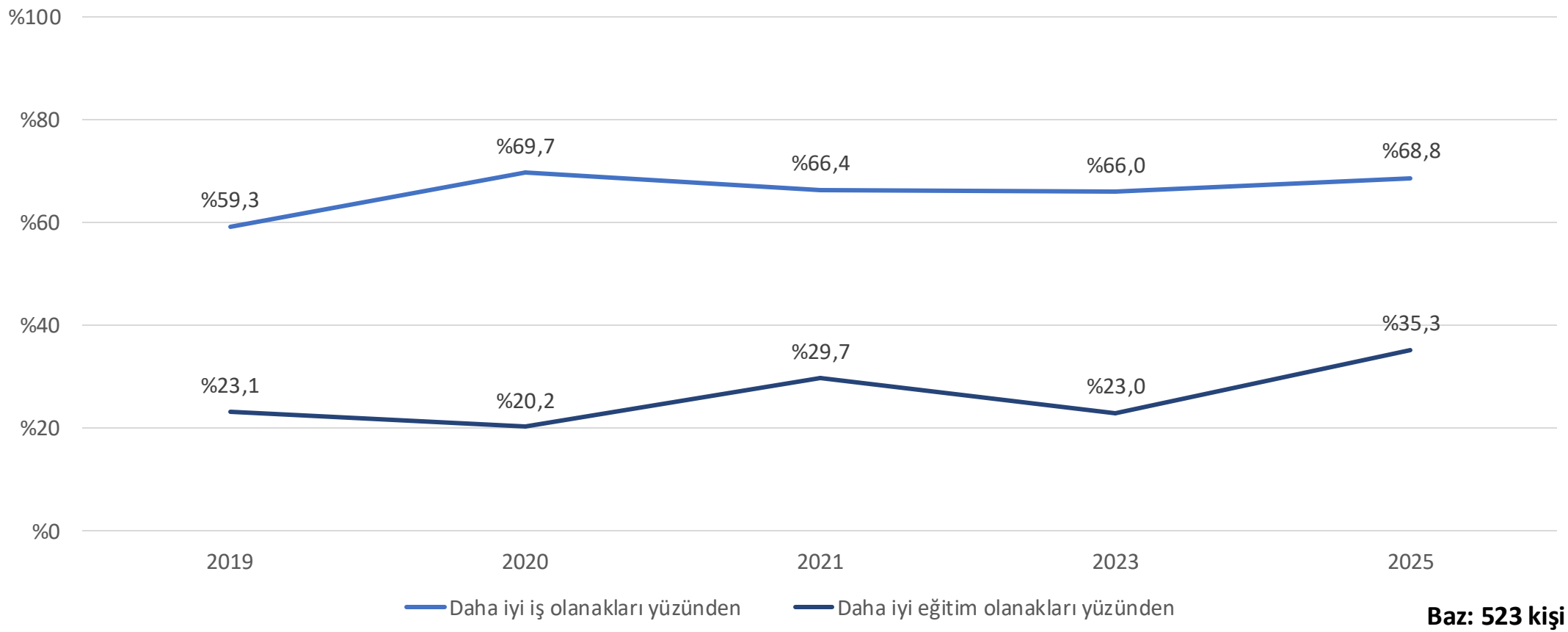




YERLEŞMEK İSTEDİĞİ ÜLKE



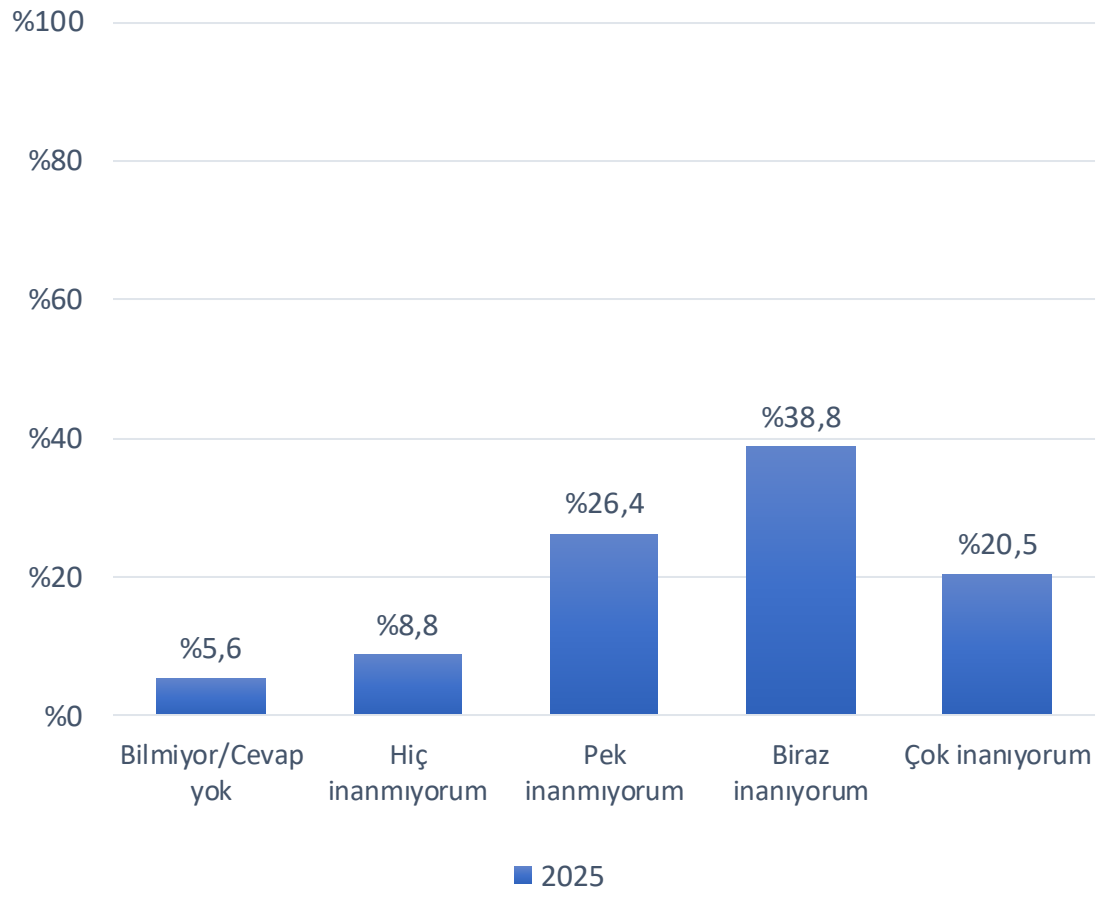
BAŞKA BİR ÜLKEYE YERLEŞMEYİ İSTEME NEDENLERİ

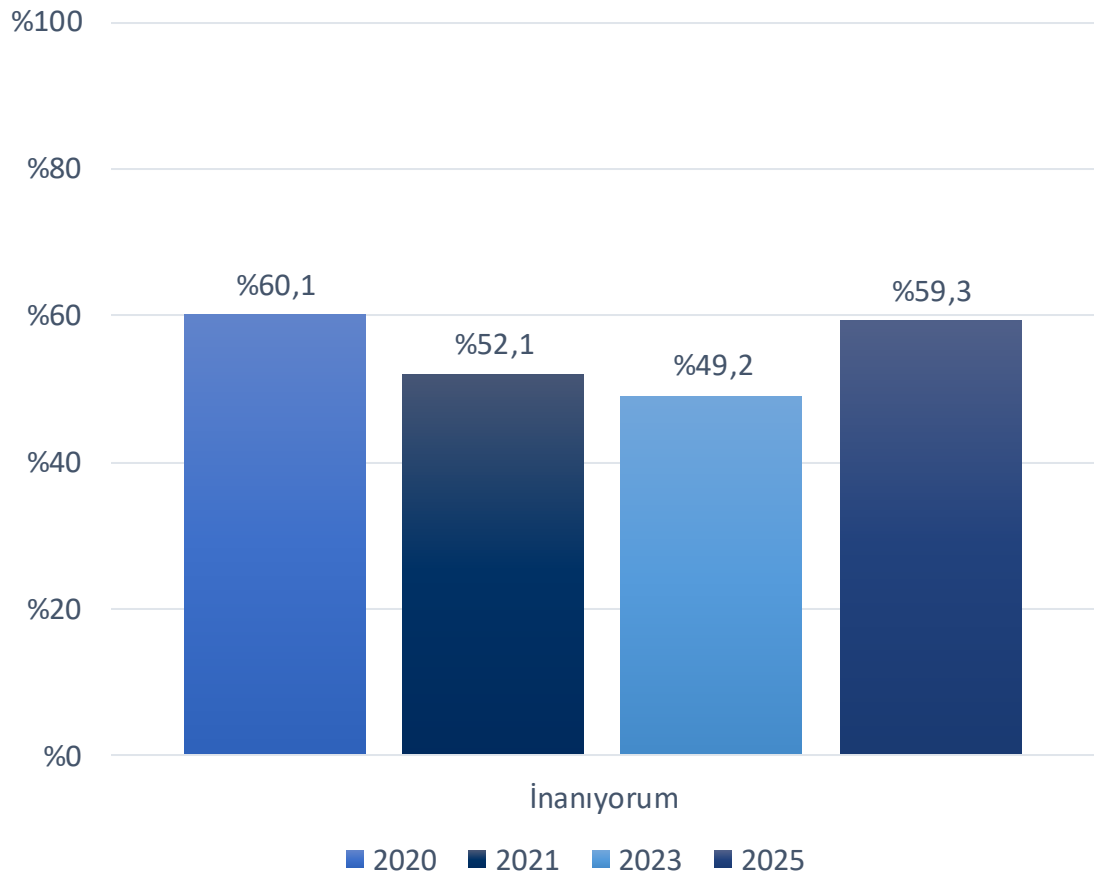


Baz: 523 kişi

İLERİDE BAŞKA BİR ÜLKEYE YERLEŞME PLANINI GERÇEKLEŞTİRECEĞİNE DUYULAN İNANÇ

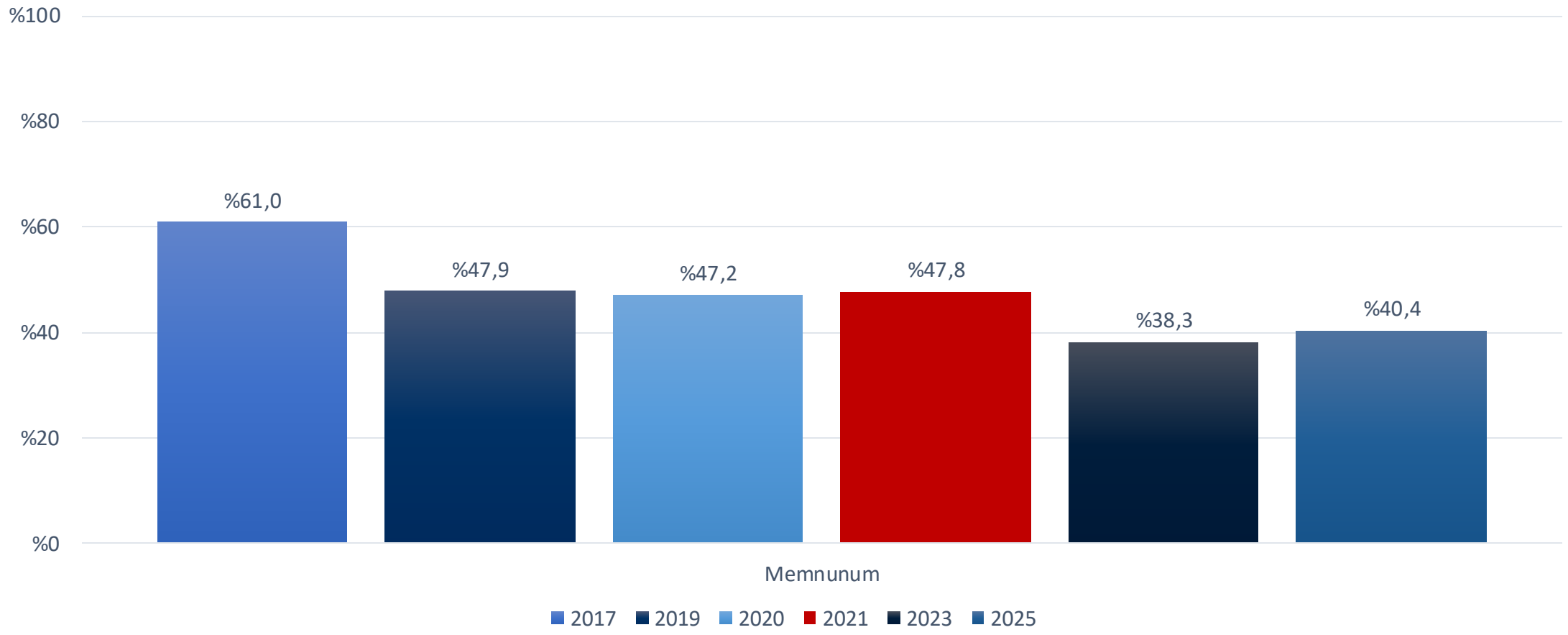
Baz: 415 kişi



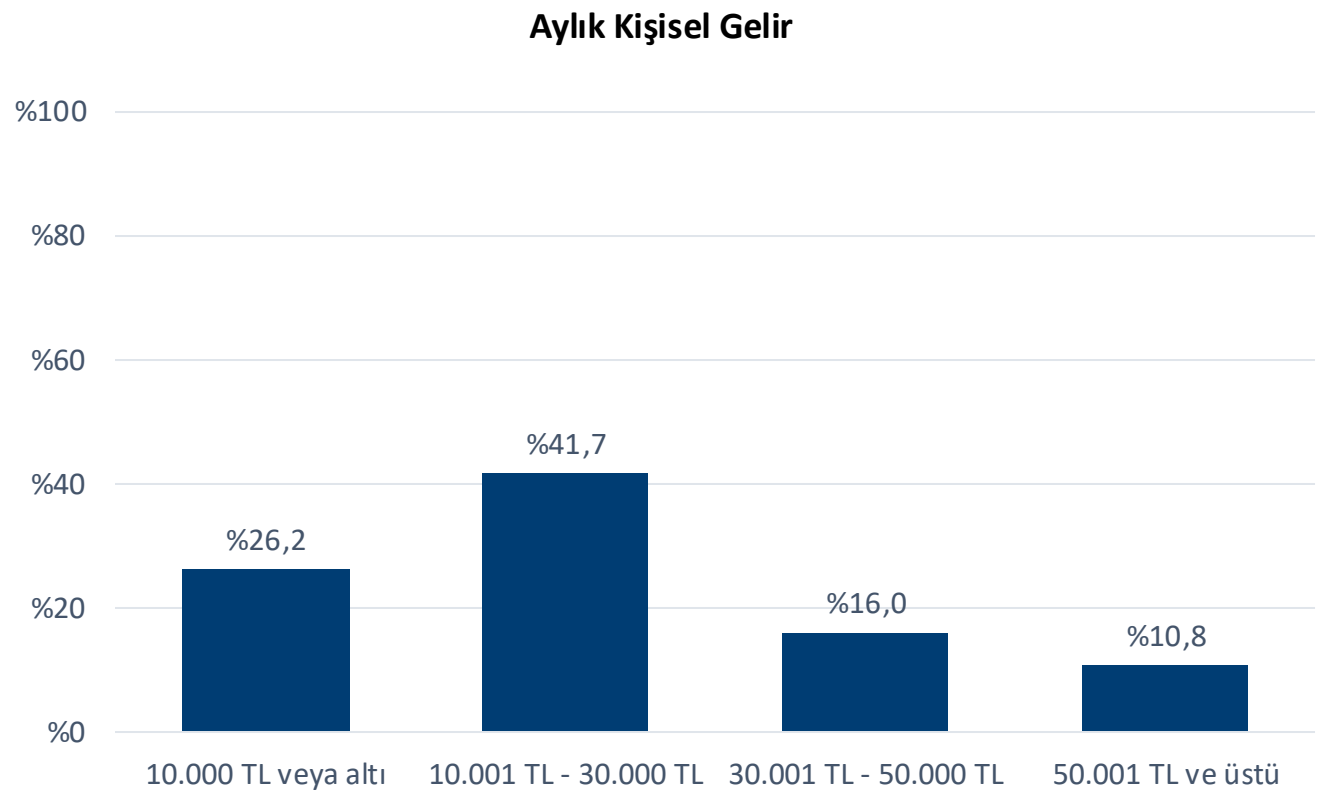


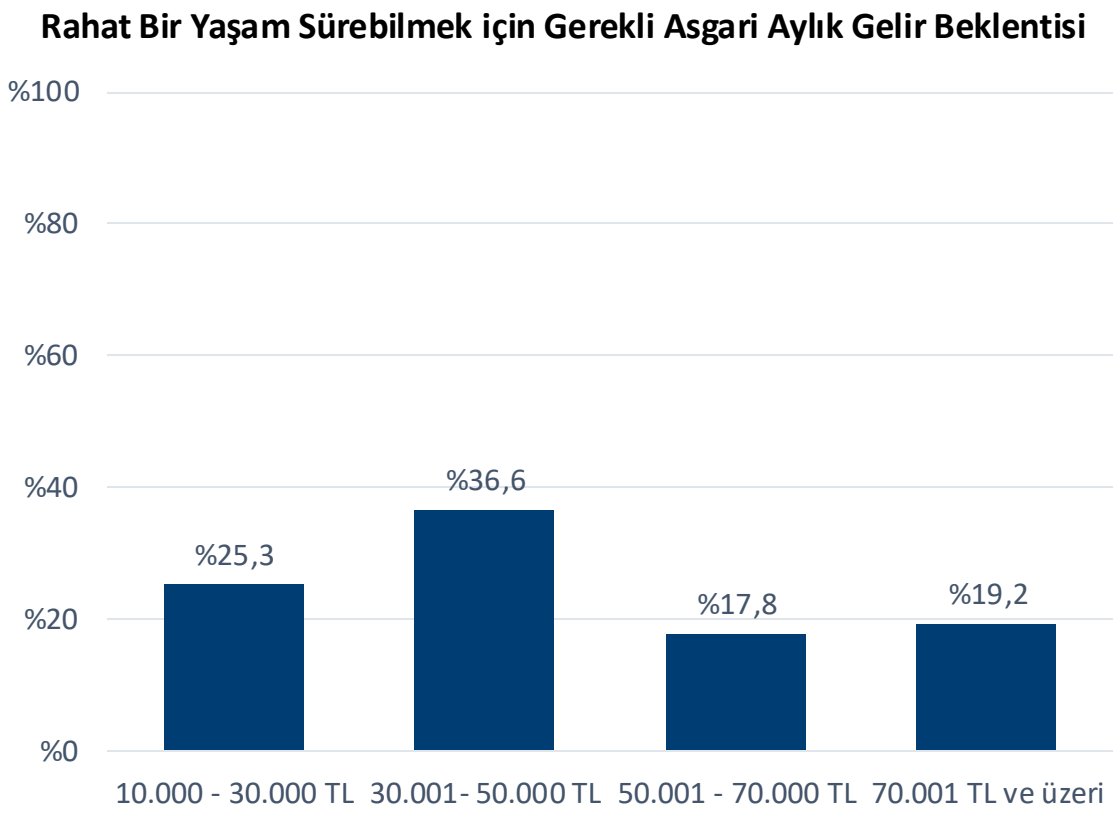
MADDİ DURUM ALANI

GENÇLERİN MADDİ DURUMLARINDAN MEMNUNİYETİ



KİŞİSEL GELİR VE İHTİYAÇ DUYULAN GELİR





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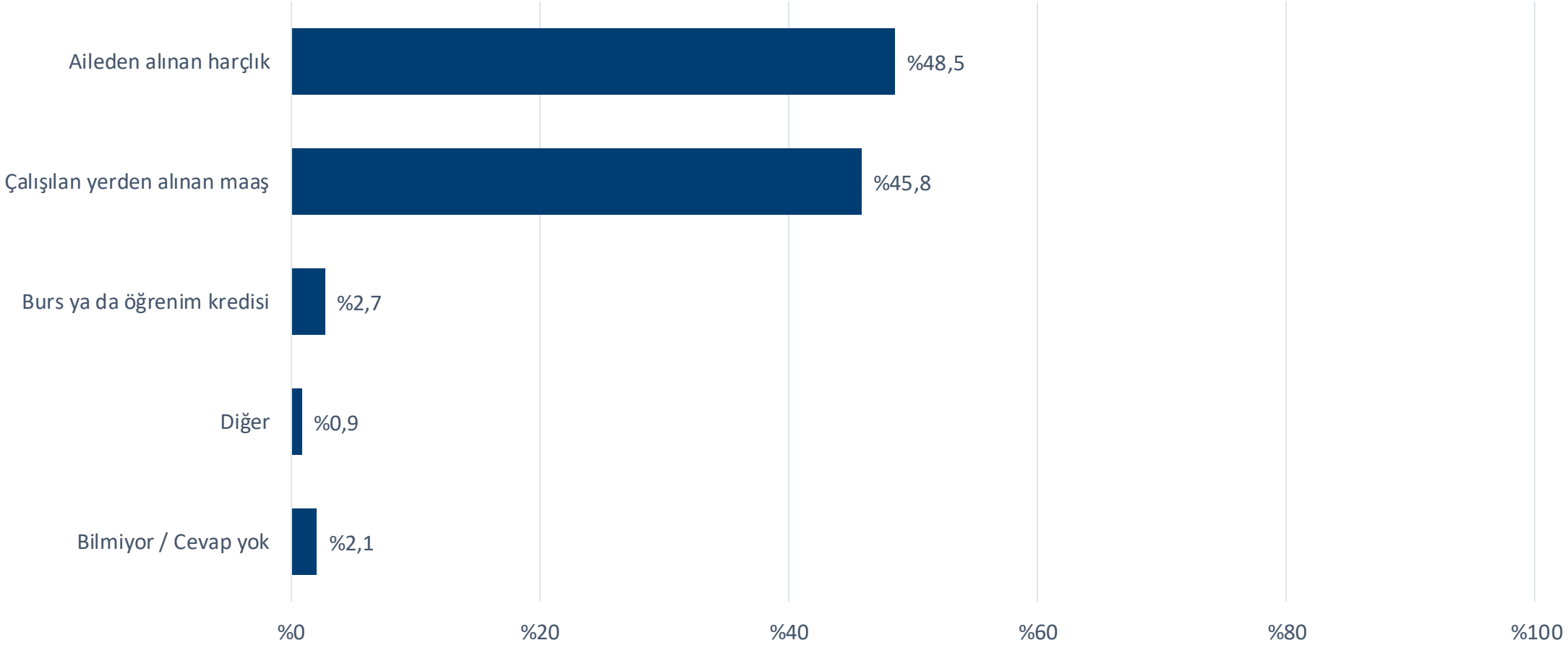
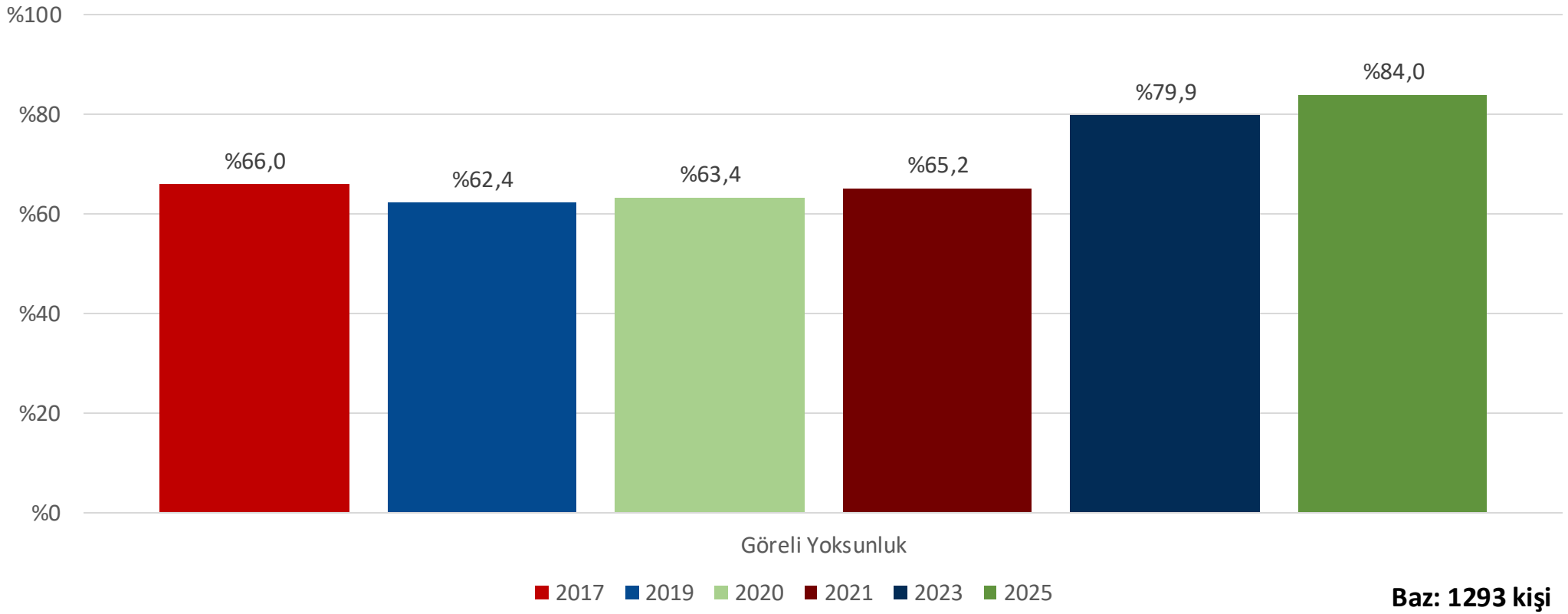
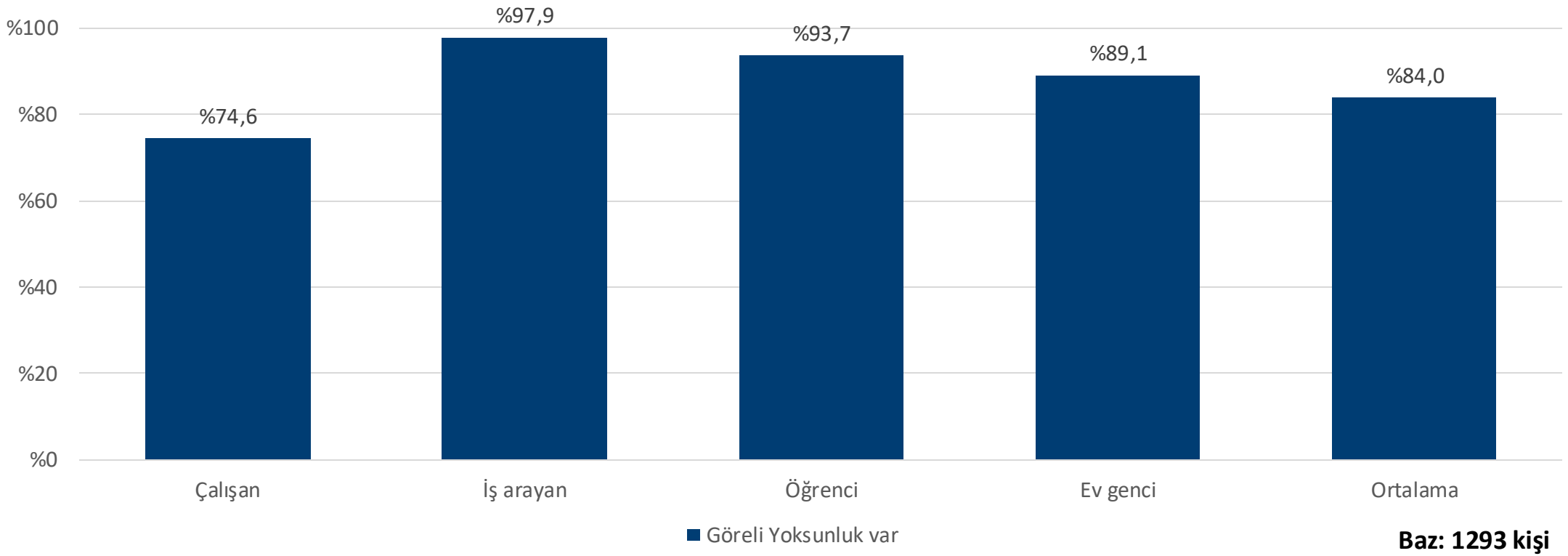


GENÇLERİN GÖRELİ YOKSUNLUĞU



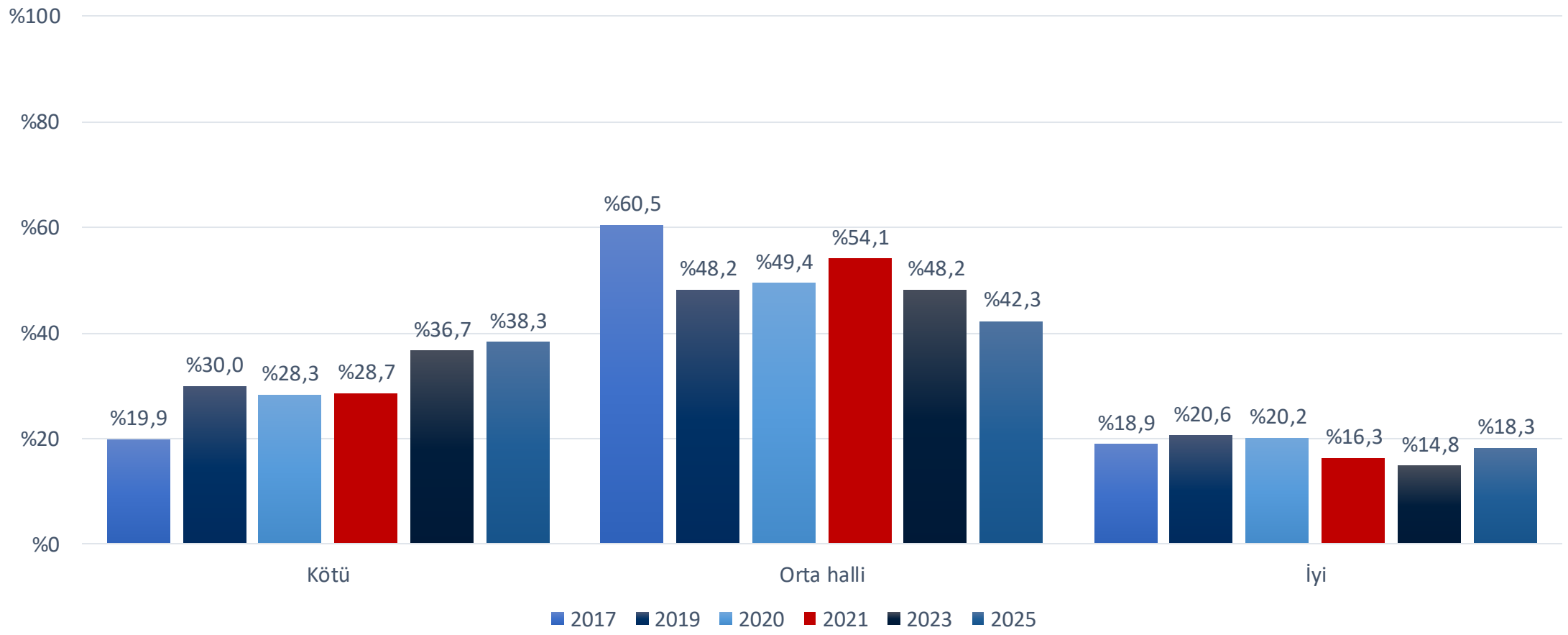
Baz: 1293 kişi

ÇALIŞMA DURUMUNA GÖRE GENÇLERDEKİ GÖRELİ YOKSUNLUK

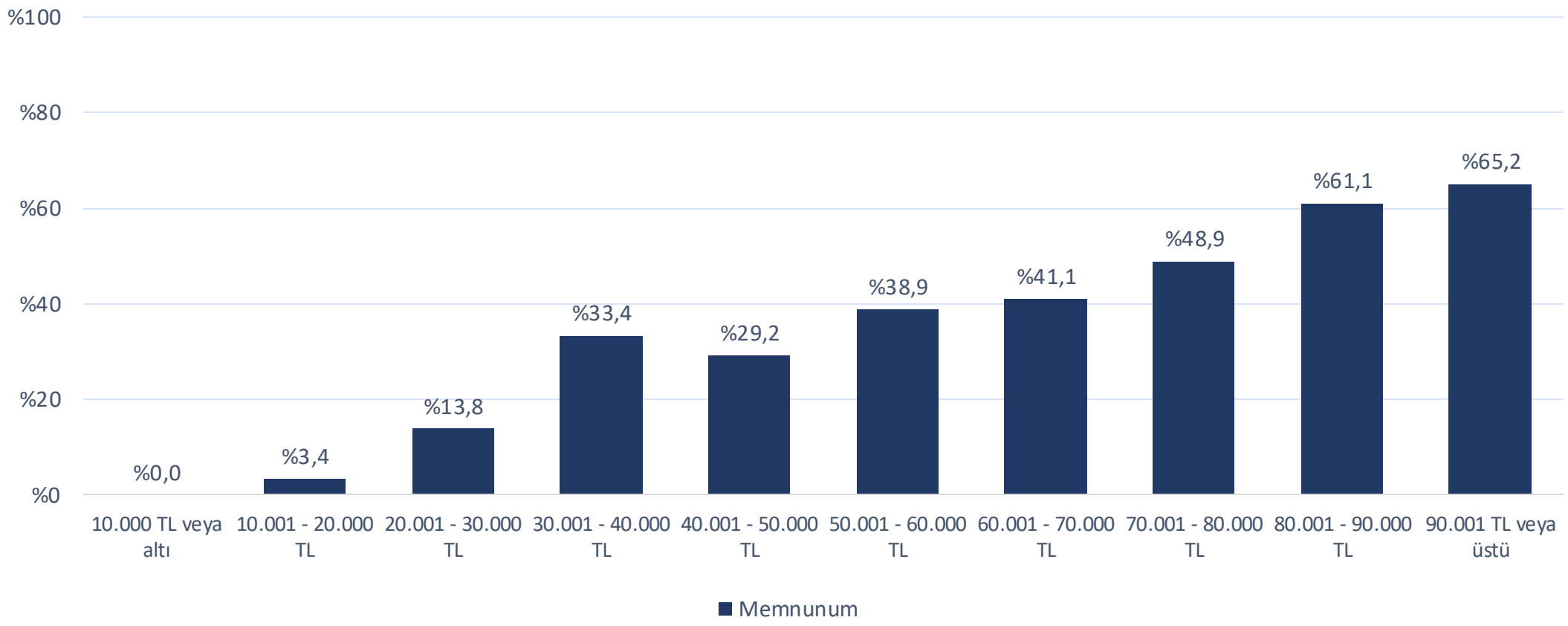


Baz: 1293 kişi

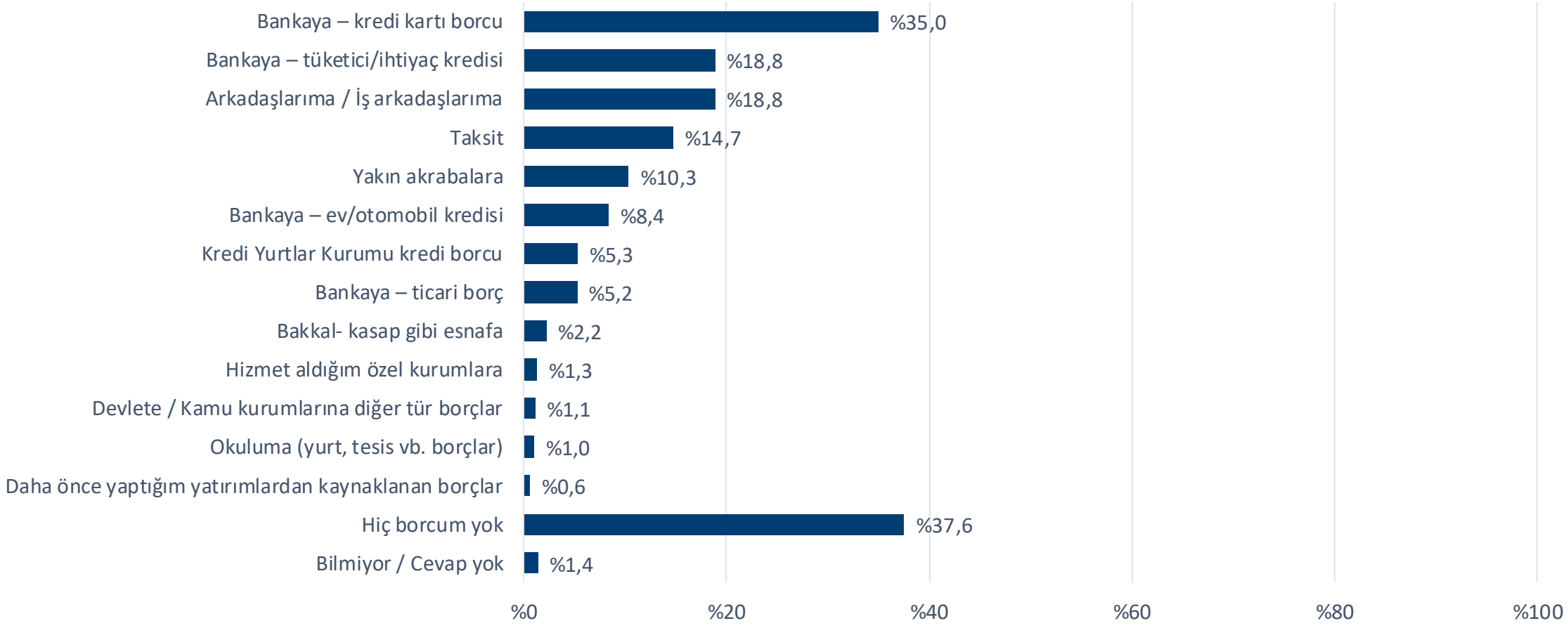
GENÇLERİN DİĞER İNSANLARLA KARŞILAŞTIRDIKLARINDA KENDİ MADDİ DURUMUNA YÖNELİK ALGISI



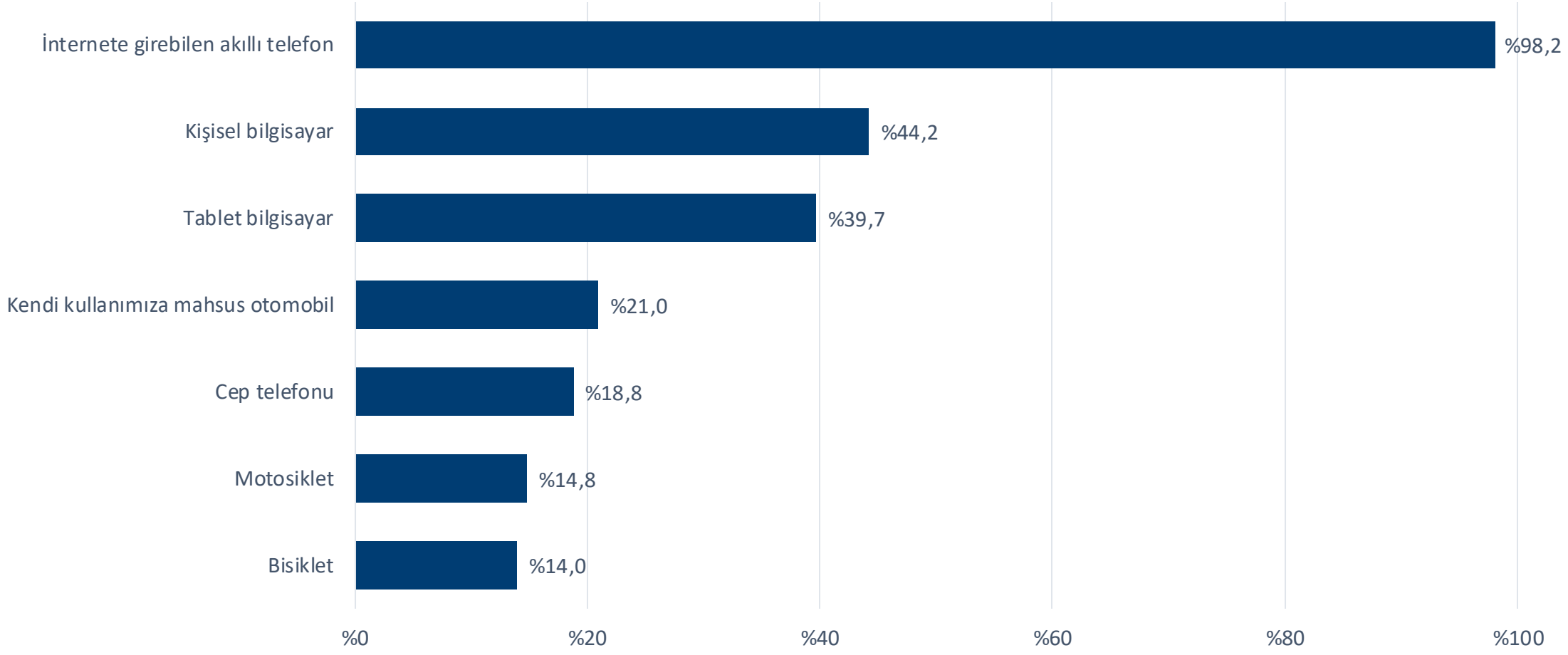
TOPLAM AYLIK HANEHALKI GELİRİNE GÖRE GENÇLERİN MADDİ DURUMLARINDAN MEMNUNİYETLERİ



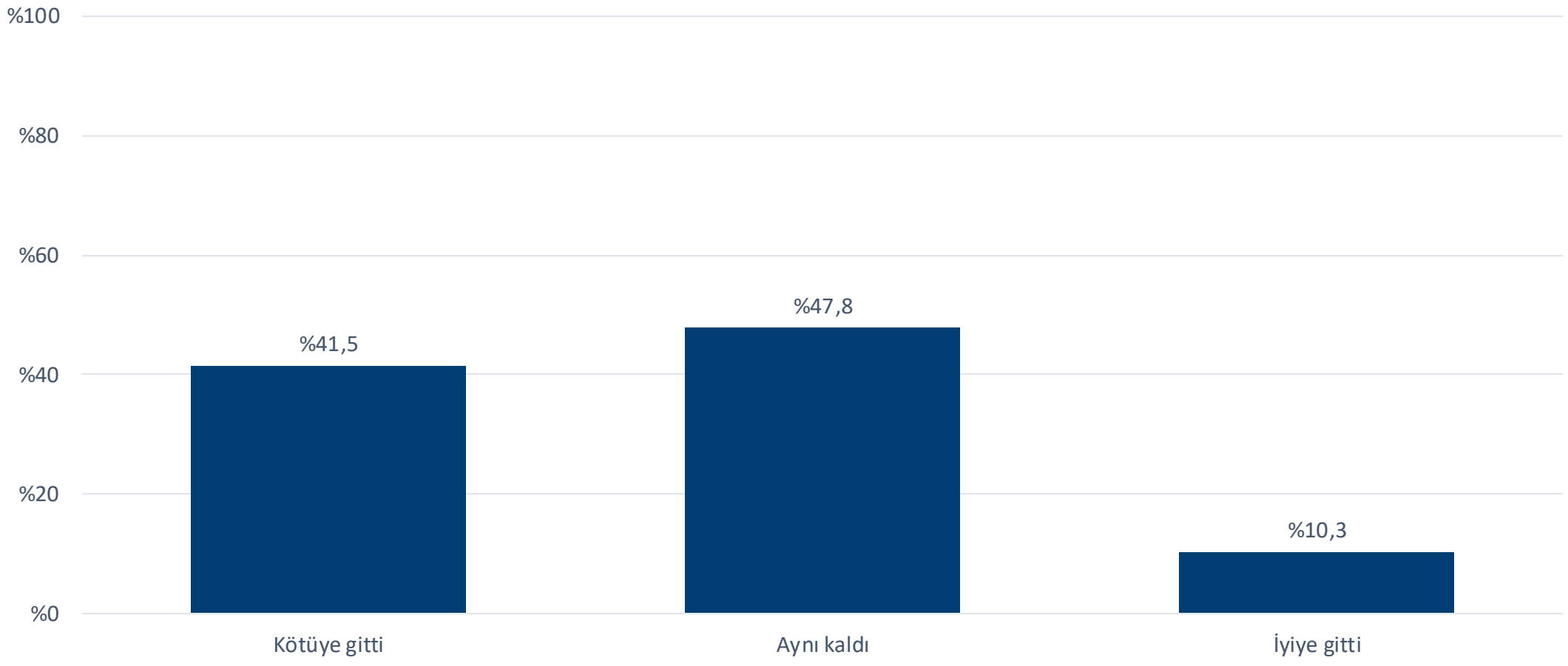
BORÇLU OLUNAN KİŞİ YA DA KURUM (3 YANIT)



SAHİP OLUNAN EŞYALAR "VAR " YANITINI VERENLERİN ORANI

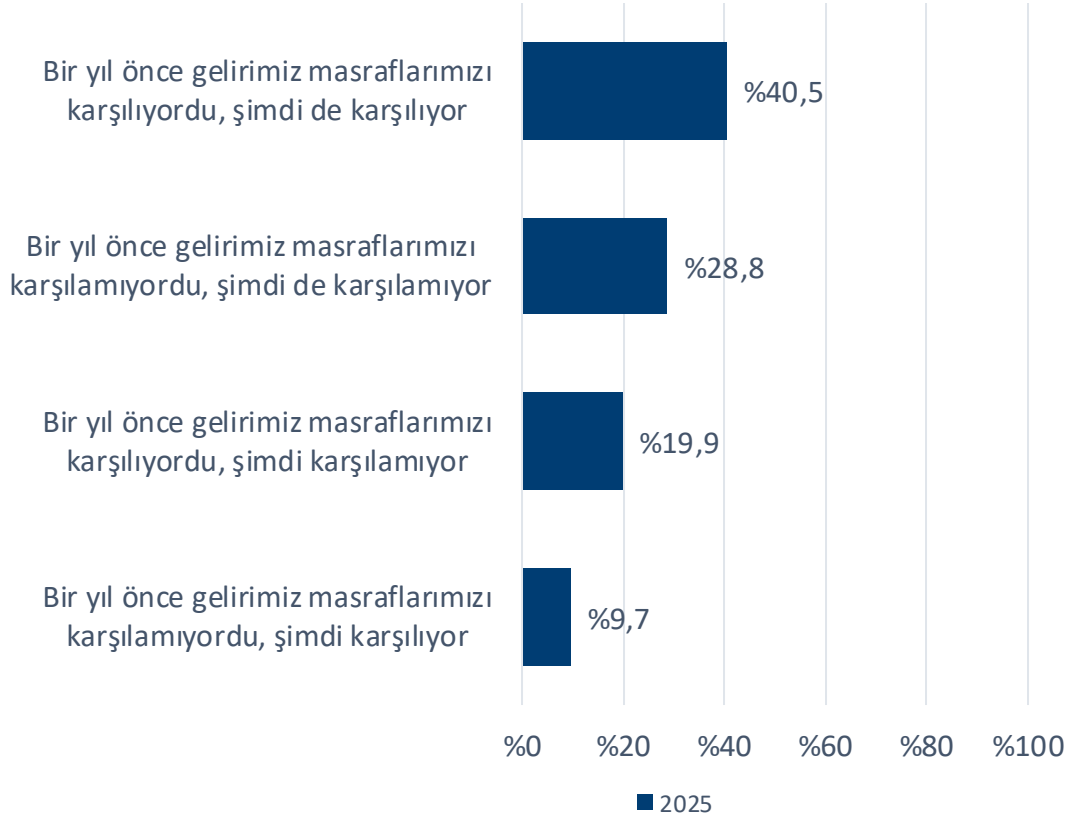


SON BİR YIL DÜŞÜNÜLDÜĞÜNDE AİLENİN MADDİ DURUMUNDAKİ DEĞİŞİM

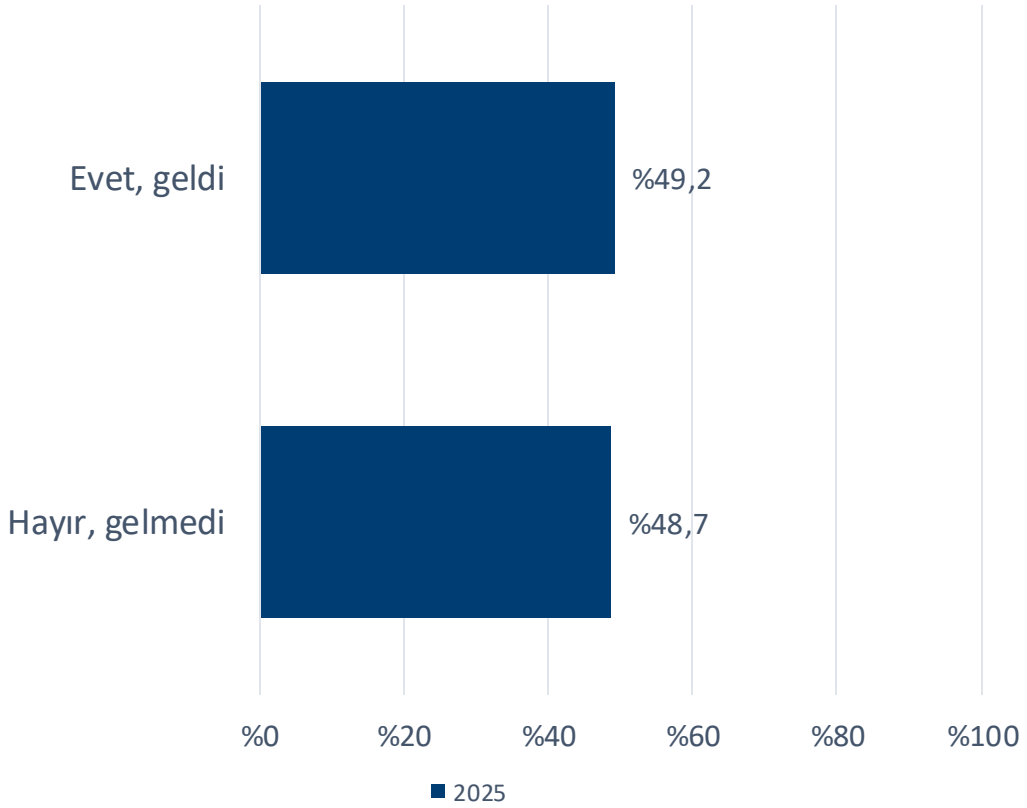


SON BİR YIL DÜŞÜNÜLDÜĞÜNDE...

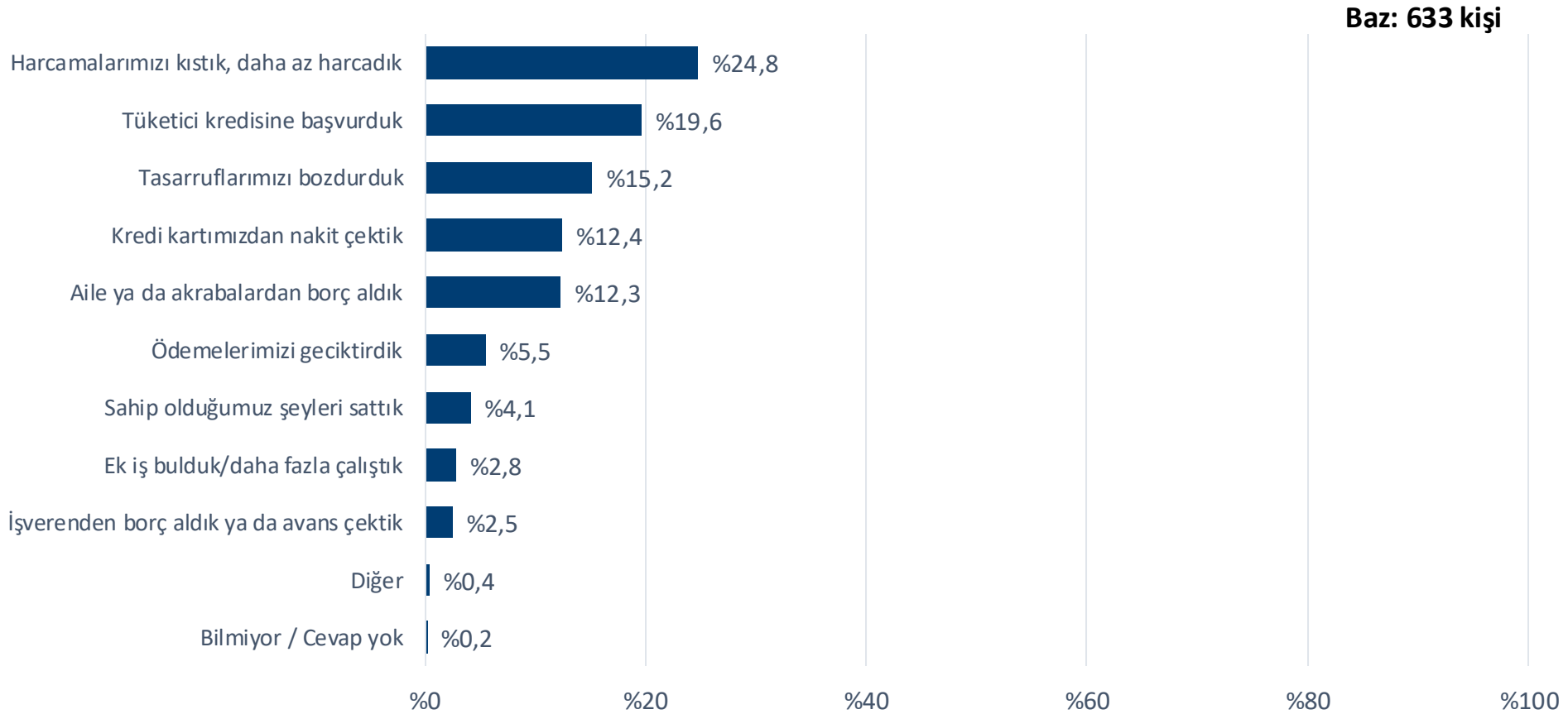
Son Bir Yıl Öncesiyle Karşılaştırıldığında Gelir ve Masraflar Hakkındaki Düşünceler



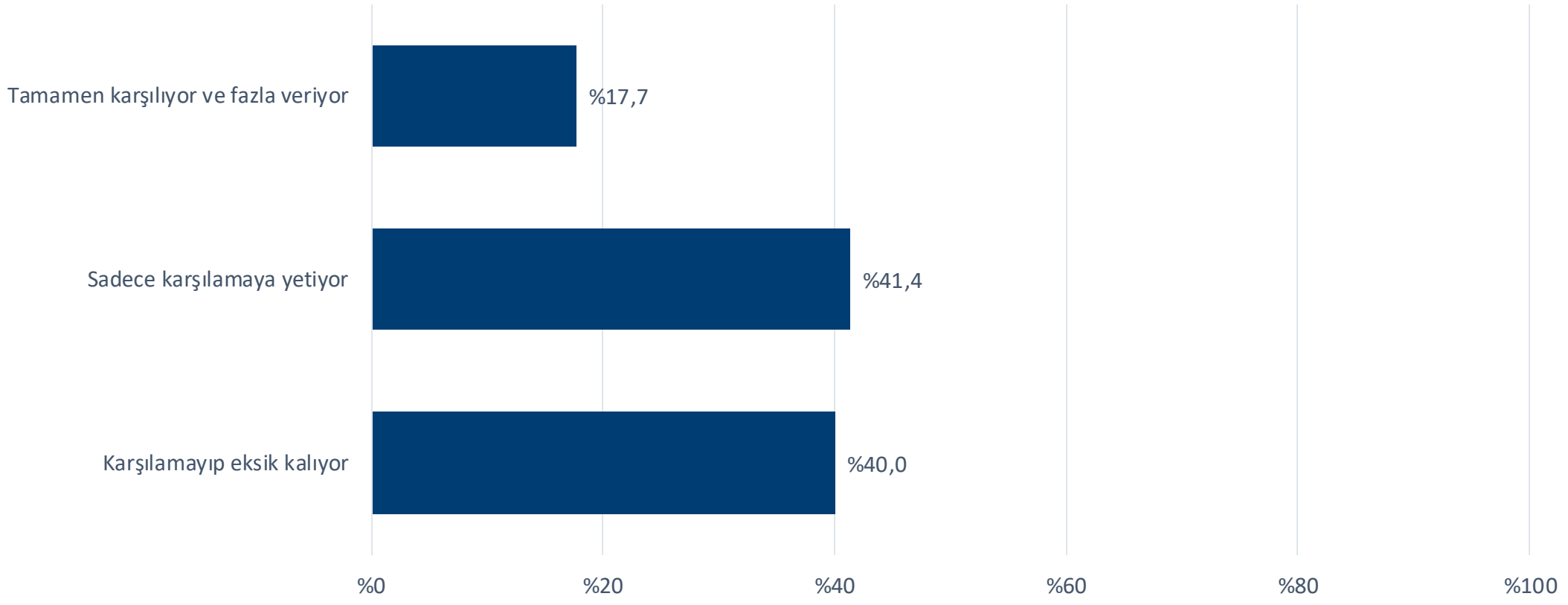
Son Bir Yıl Düşünüldüğünde Gelirin Harcamaları Karşılamaması Durumu



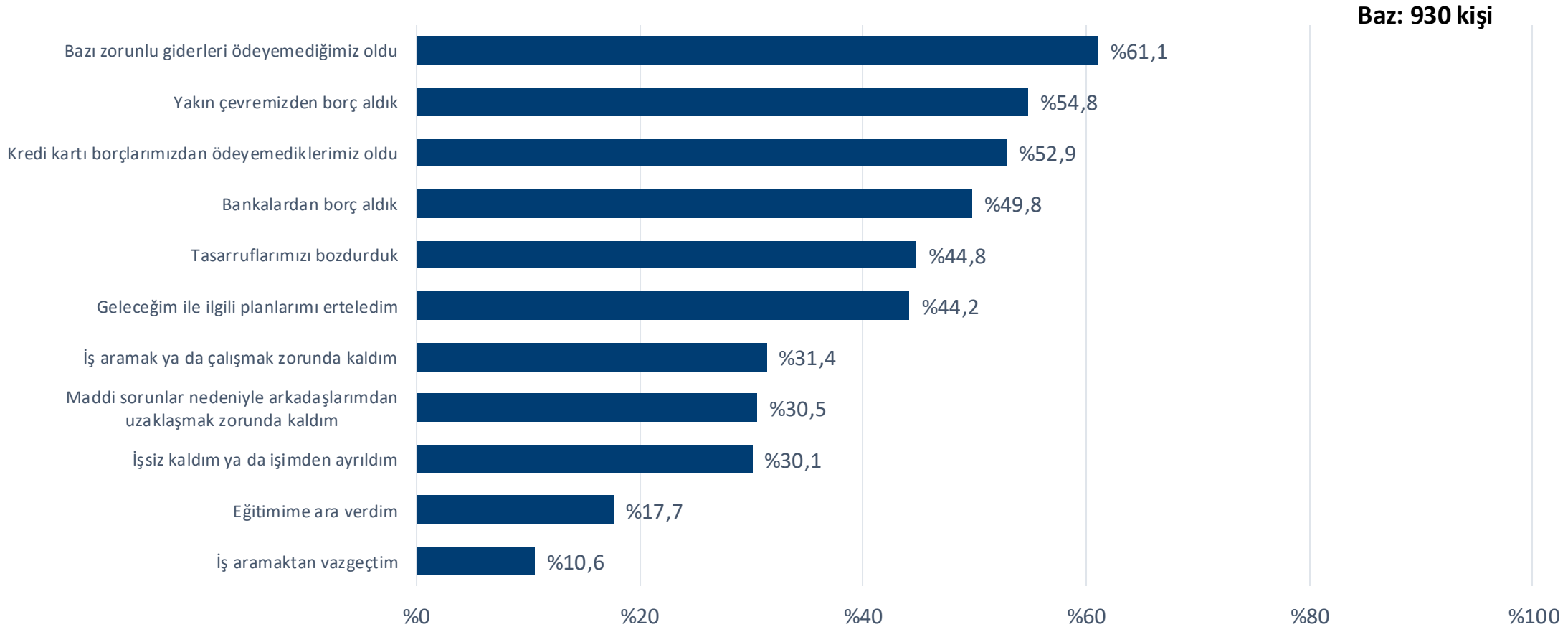
SON BİR YILDA GELİRLERİN HARCAMALARI KARŞILAMAMA DURUMUNDA NE YAPILDIĞI



AYLIK HANEHALKI GELİRİNİN GİDERLERİ KARŞILAYIP KARŞILAMADIĞI

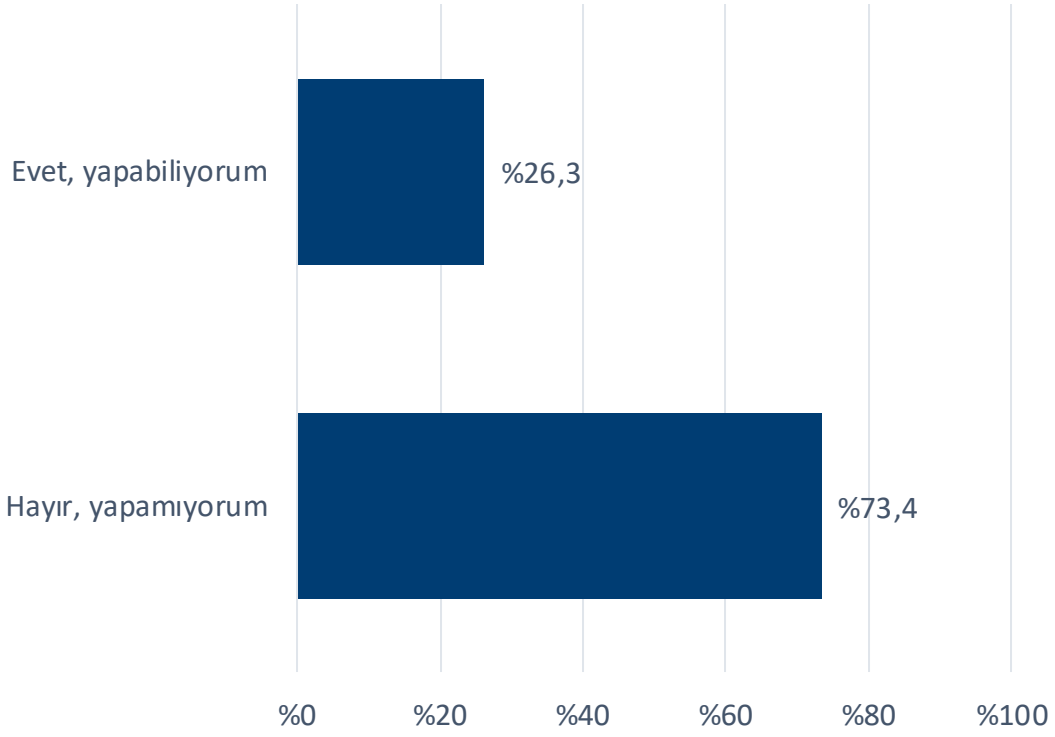


ÜLKEMİZDE YAŞANAN EKONOMİK SORUNLAR SONUCUNDA BAŞA GELENLER "EVET" YANITINI VERENLERİN ORANI

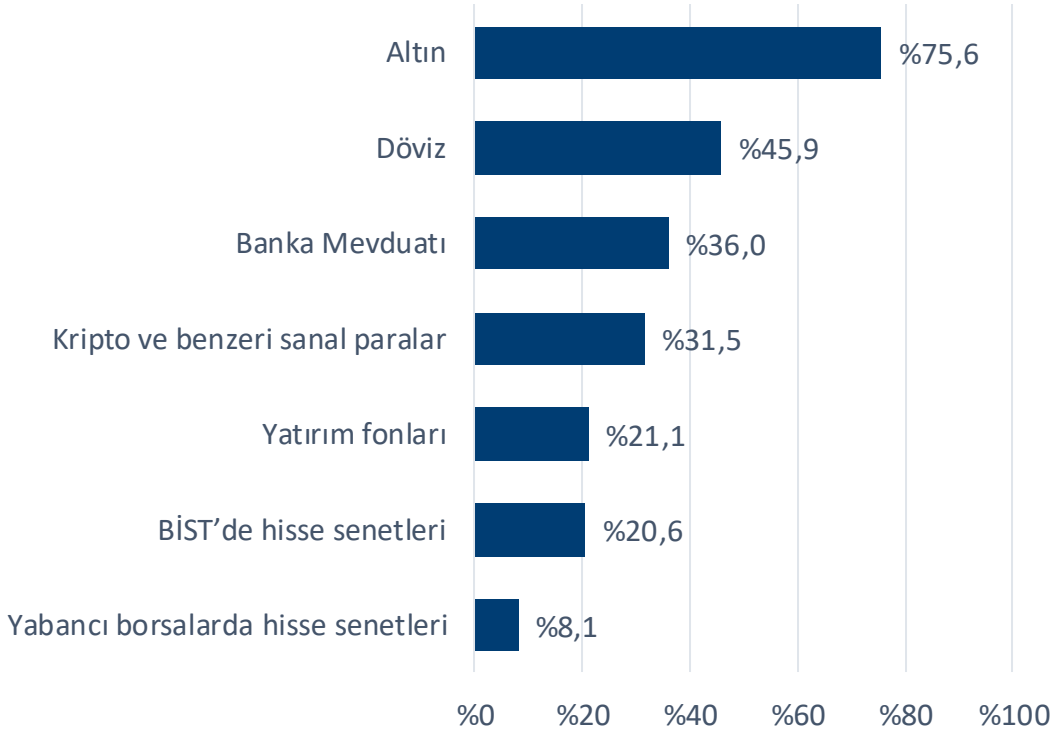


ORTALAMA BİR AYDA TASARRUF YAPABİLME VE YAPILAN TASARRUFLARIN NEREDE DEĞERLENDİRİLDİĞİ

Ortalama Bir Ayda Tasarruf Yapabilme



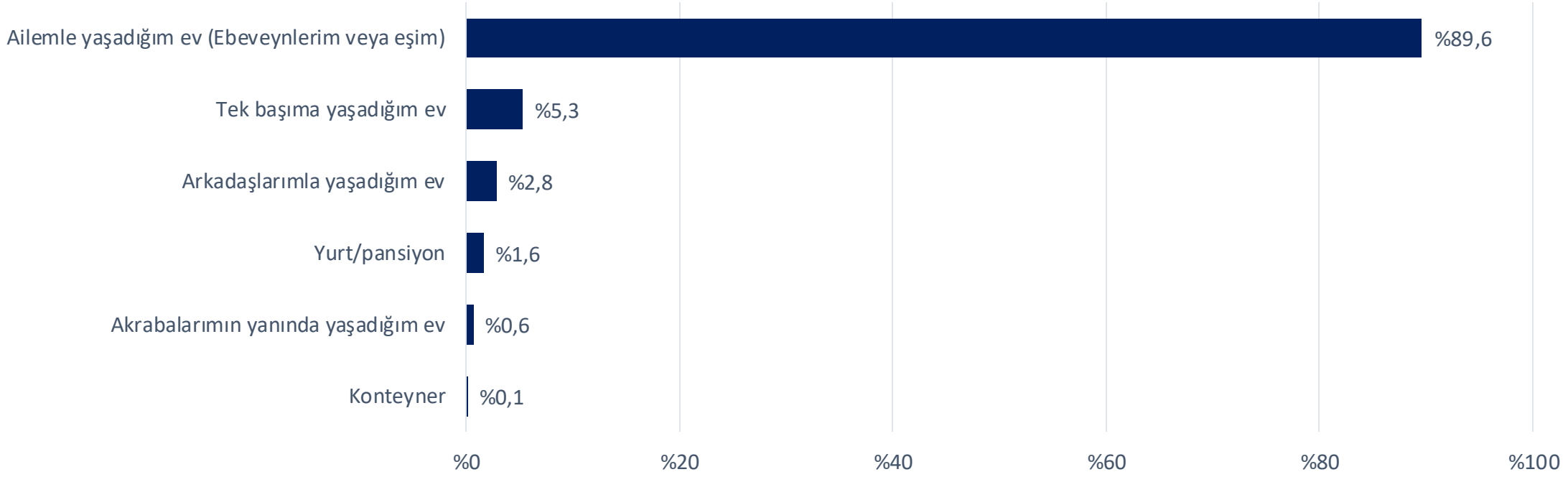
Tasarrufların Nerede Değerlendirildiği



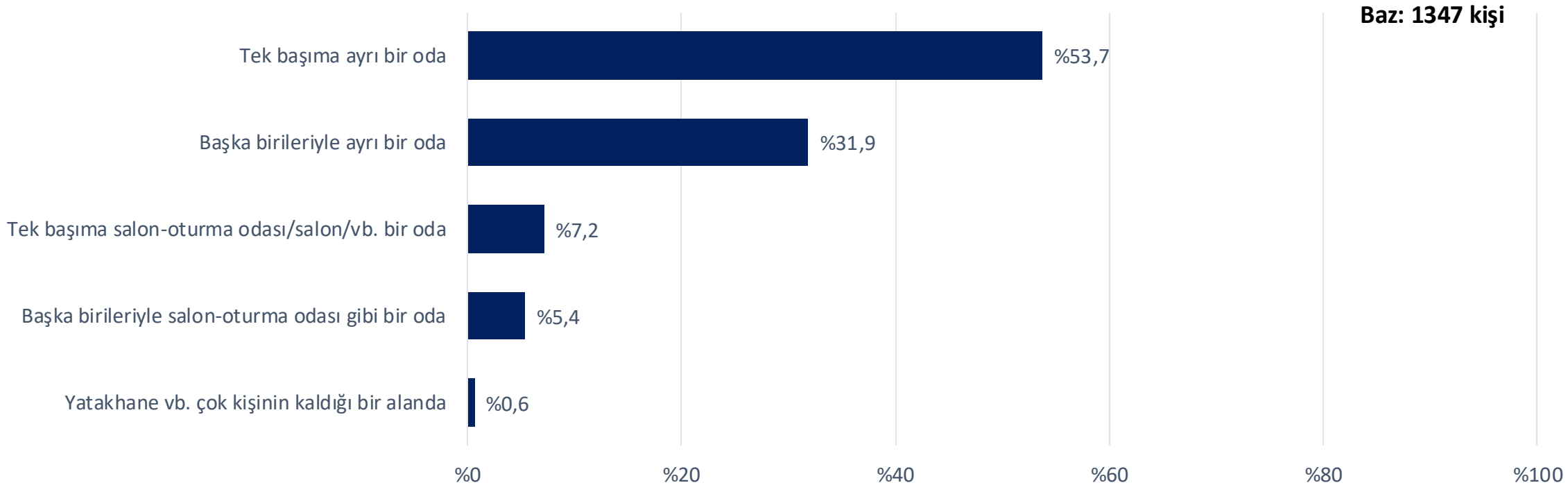
Baz: 380 kişi

HANE YAPISI

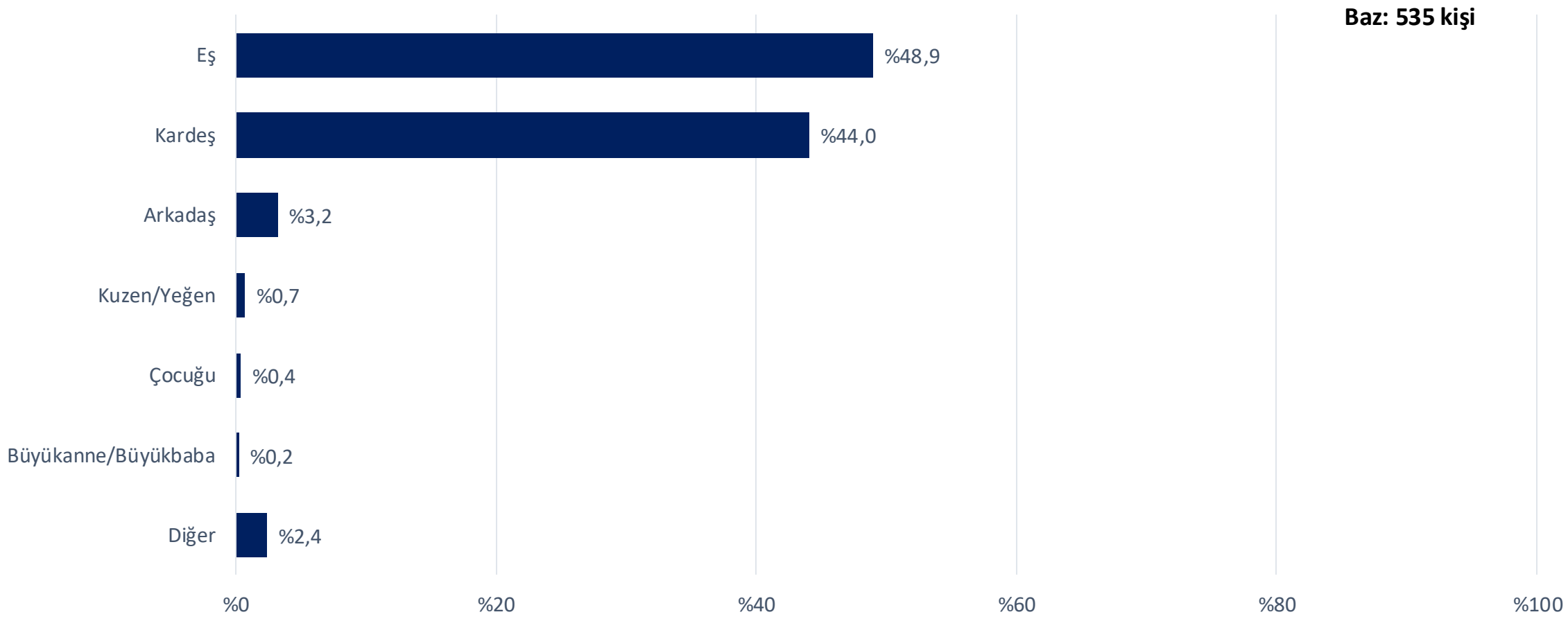
YAŞANILAN YERİN NİTELİĞİ



YATTIĞINIZ ODA İÇİN HANGİSİ UYGUNDUR?

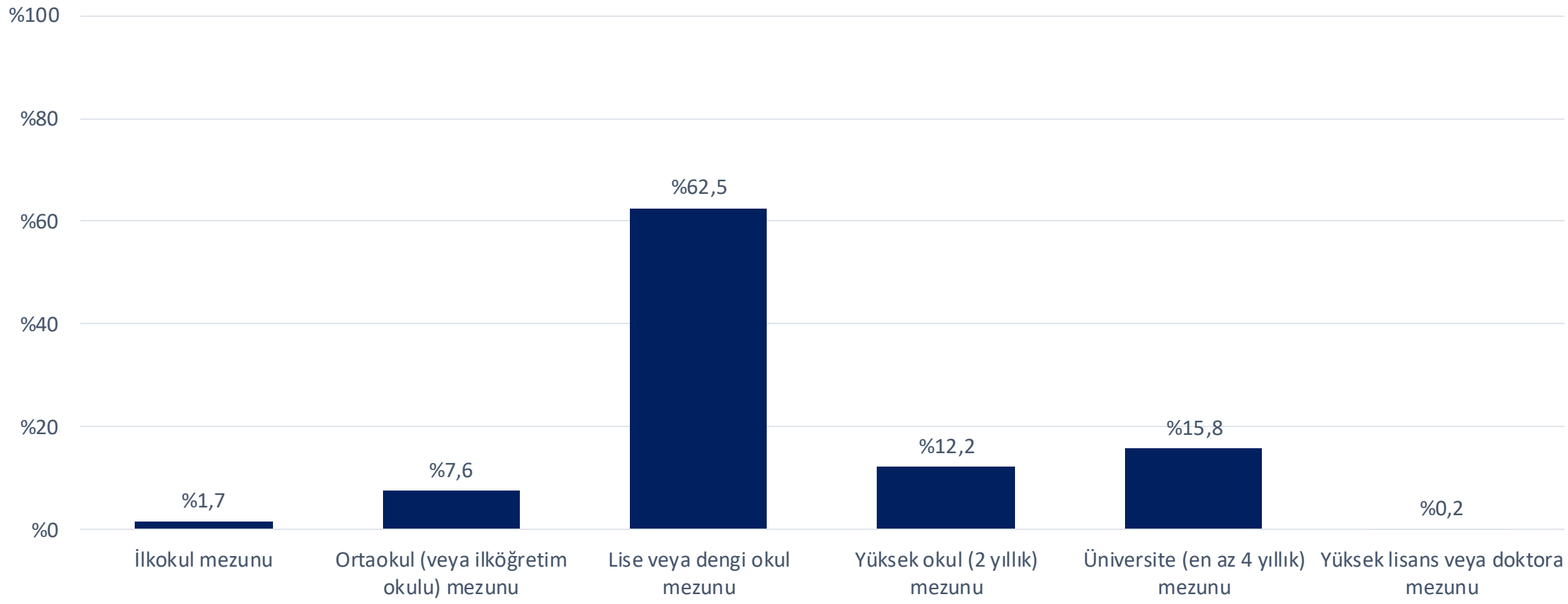


YATILAN ODANIN KİMİNLE PAYLAŞILDIĞI



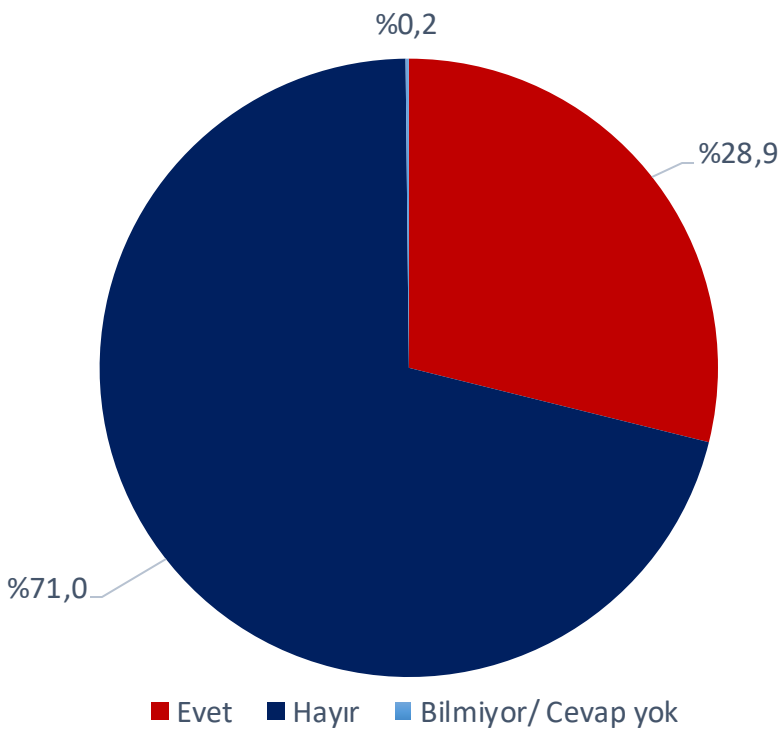
EĞİTİM ALANI

EN SON MEZUN OLUNAN OKUL DÜZEYİ

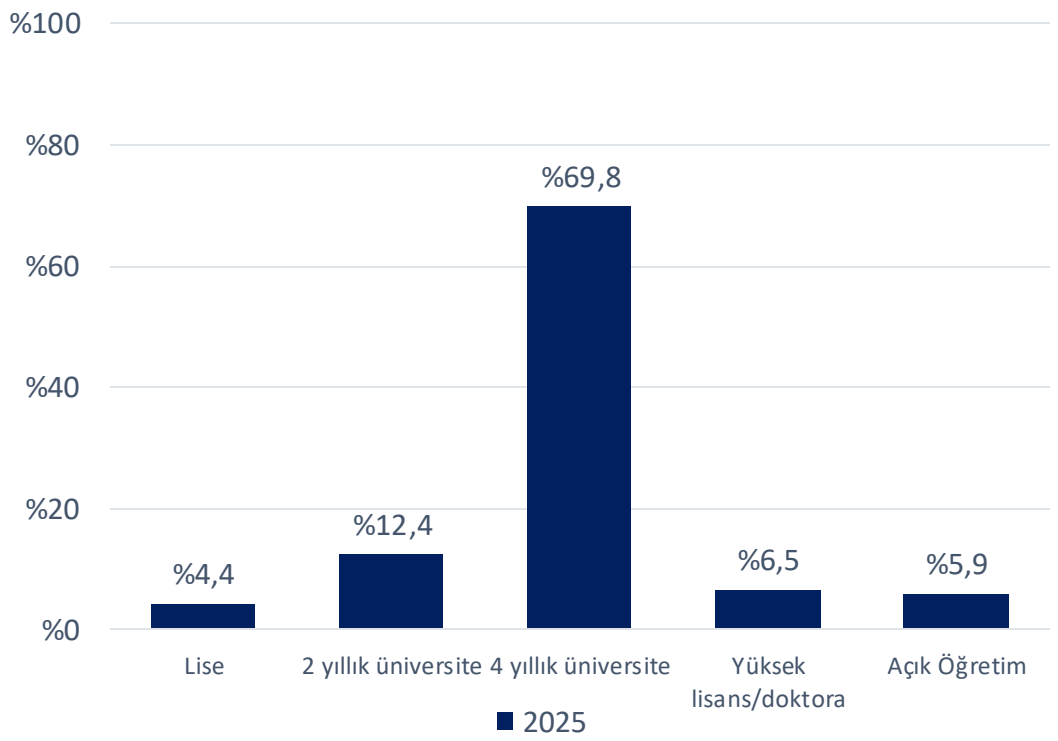


BİR OKULA KAYITLI OLMA VE KAYITLI OLUNAN KURUM

Bir Okula Kayıtlı Olma Durumu

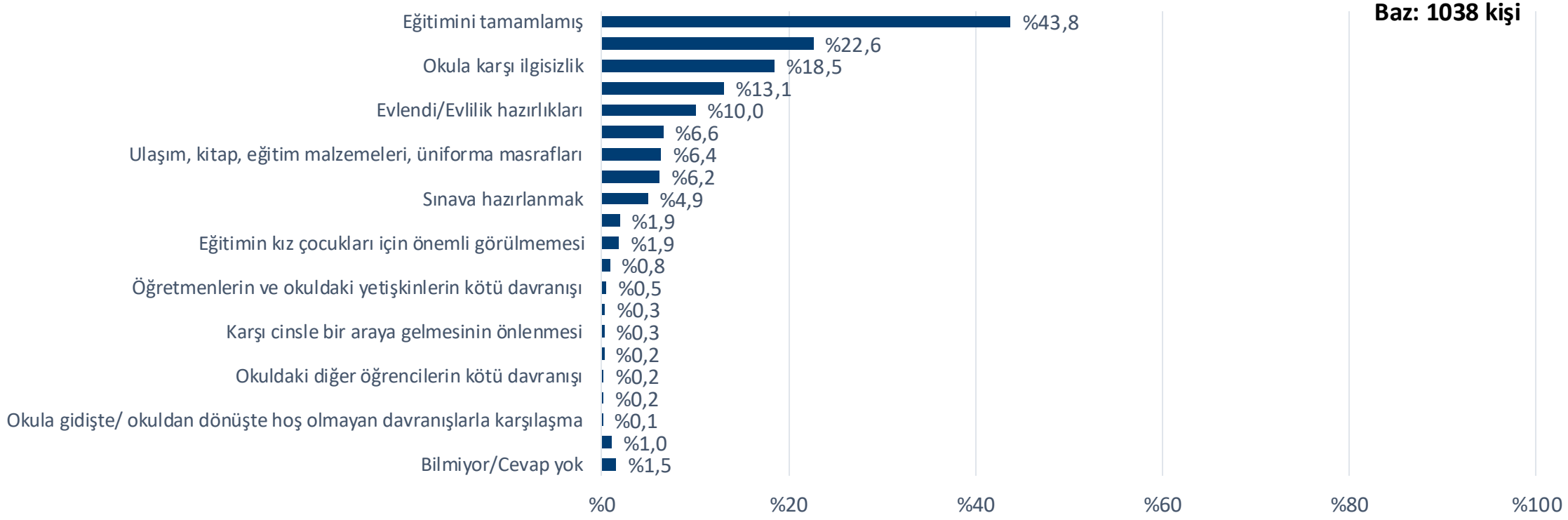


Kayıtlı Olduğu Belirtilen Kurum



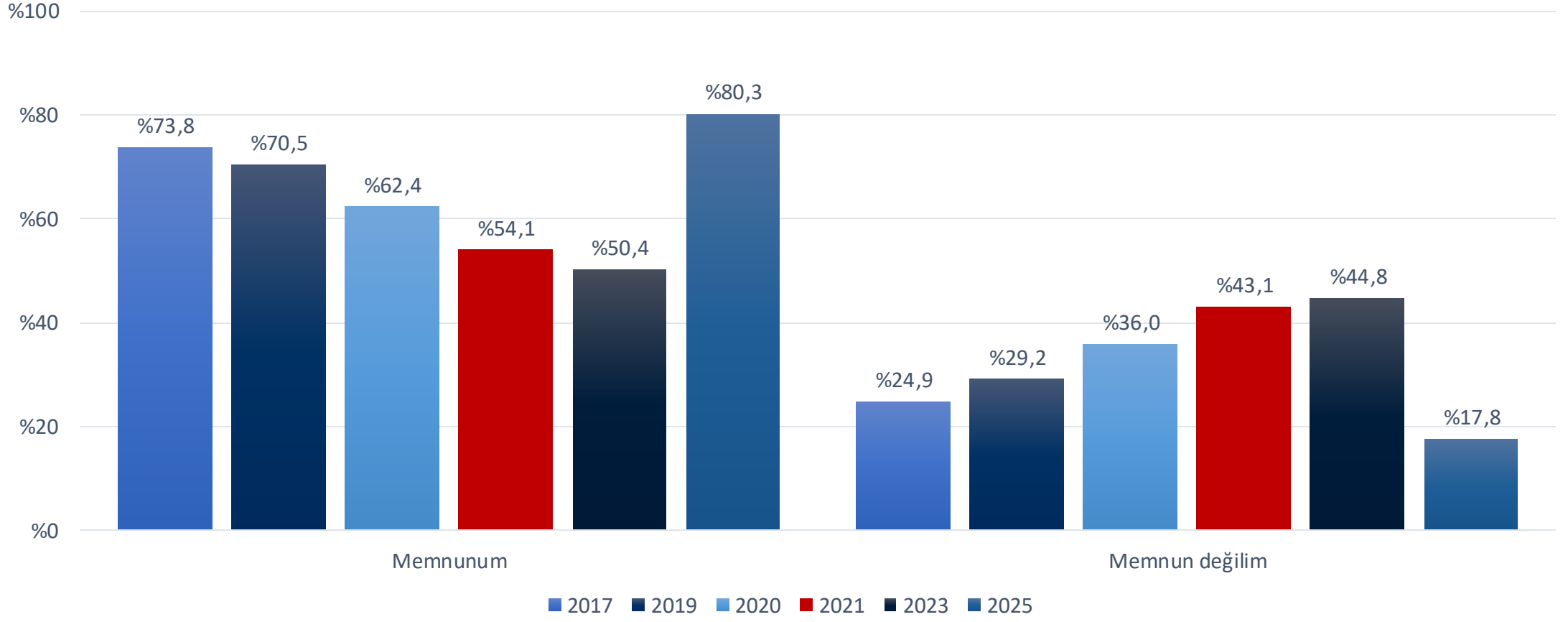
Baz: 361 kişi

OKULA GİTMİYOR OLMANIN TEMEL SEBEBİ (2 YANIT)

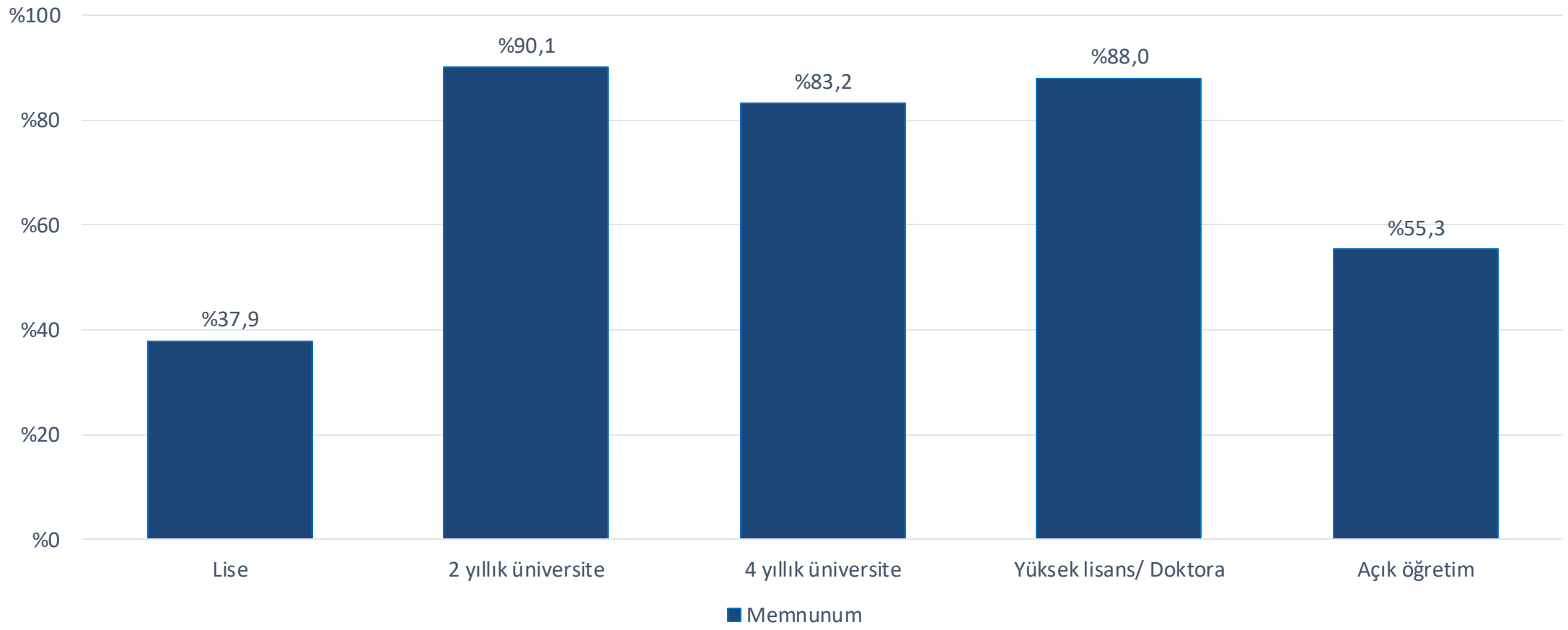


GENÇLERİN EĞİTİMDEN MEMNUNİYETİ
EĞİTİMİNE DEVAM EDENLER

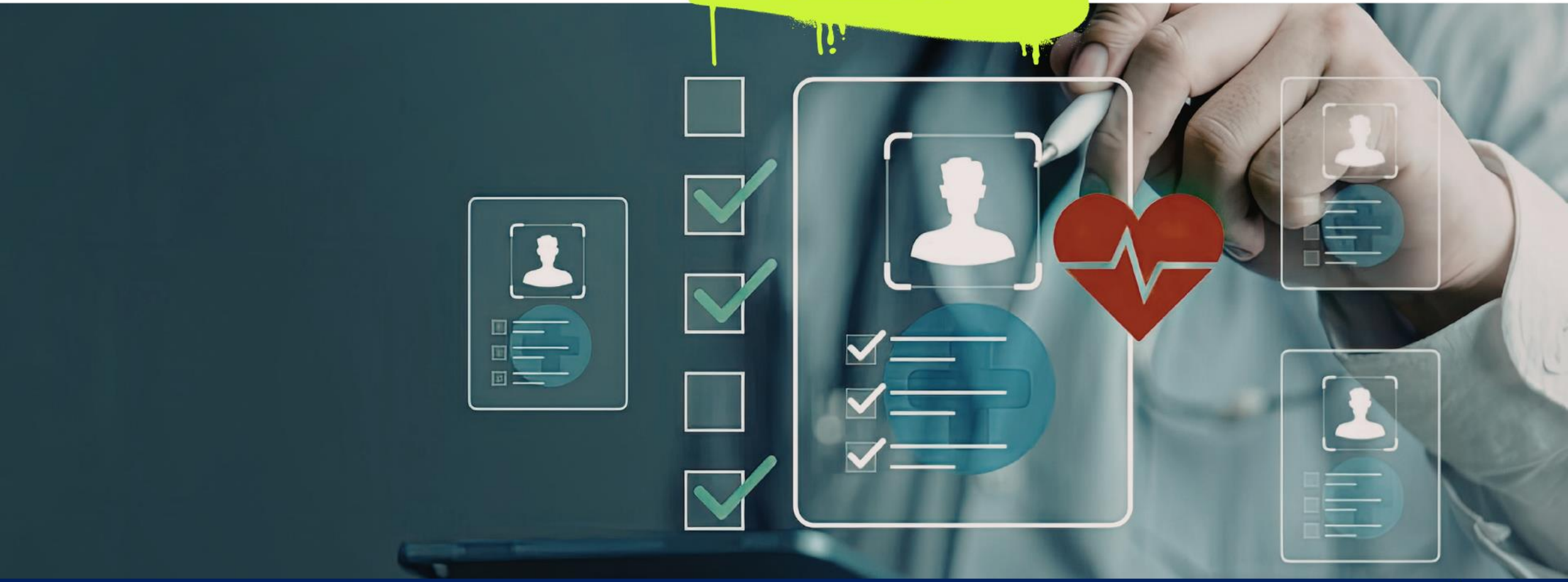
Baz: 361 kişi



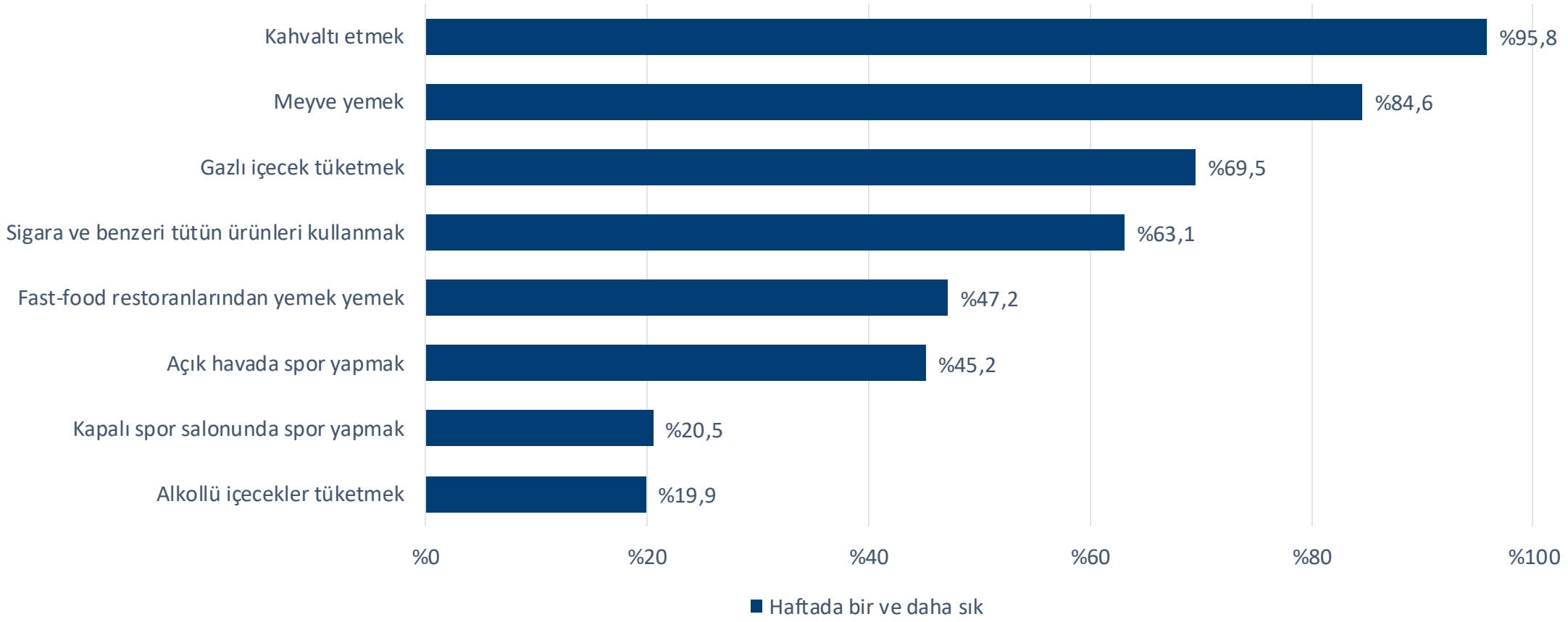
OKUDUKLARI OKULLAR VE OKULLARINDAN MEMNUNİYETLERİ "MEMNUNUM" YANITLARININ TOPLAMI



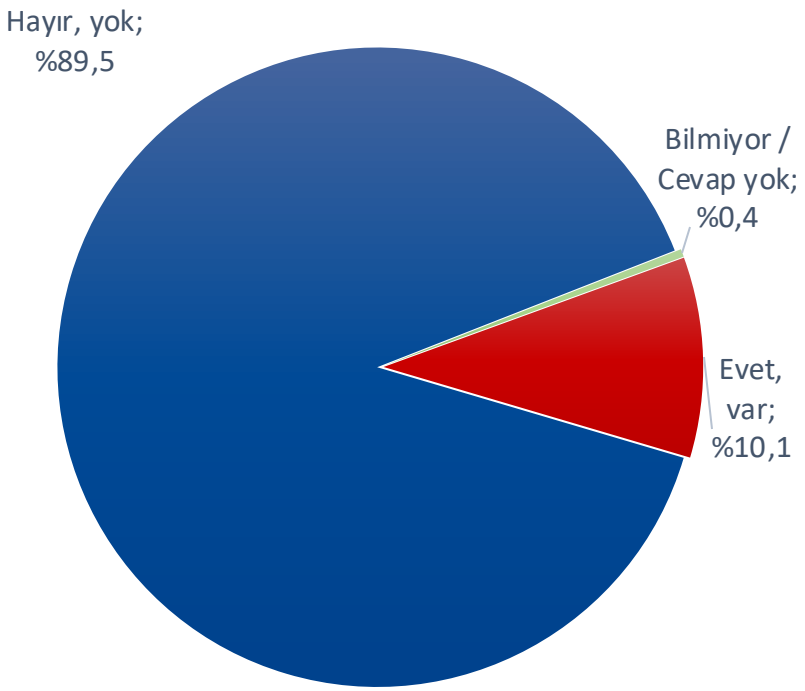
SAĞLIK ALANI



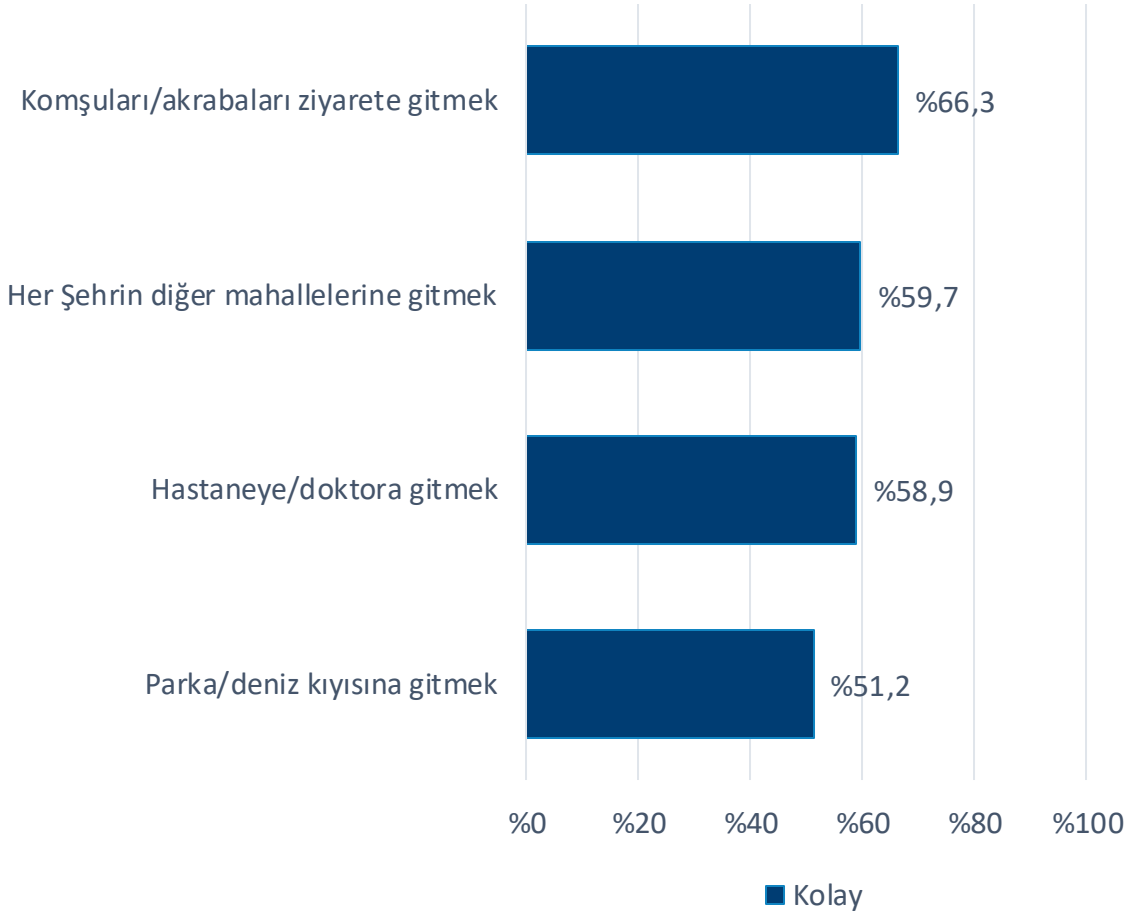
GENÇLERİN YAŞAM TARZLARI
"HAFTADA BİR VE DAHA SIK" YANITLARININ TOPLAMI



ENGELLİ OLMA DURUMU VE ÇEŞİTLİ AKTİVİTELERİN KOLAYLIĞI

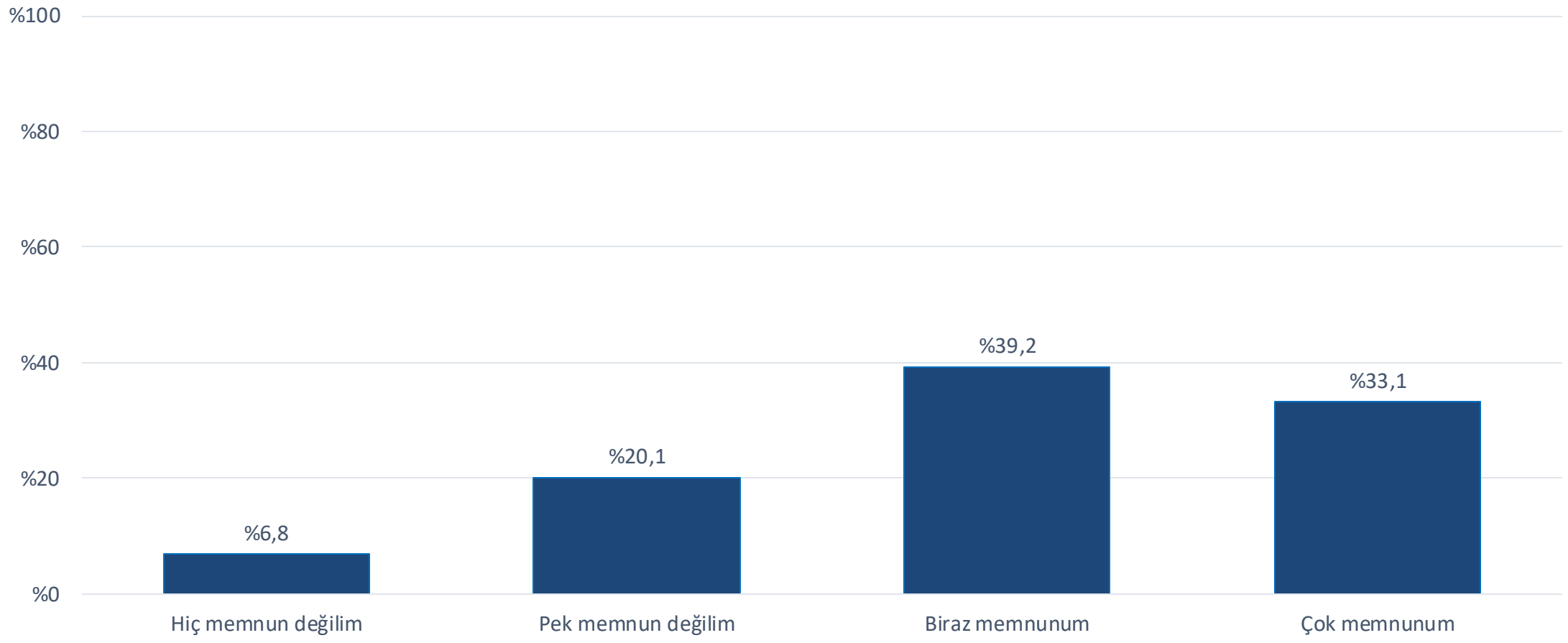


Baz: 126 kişi

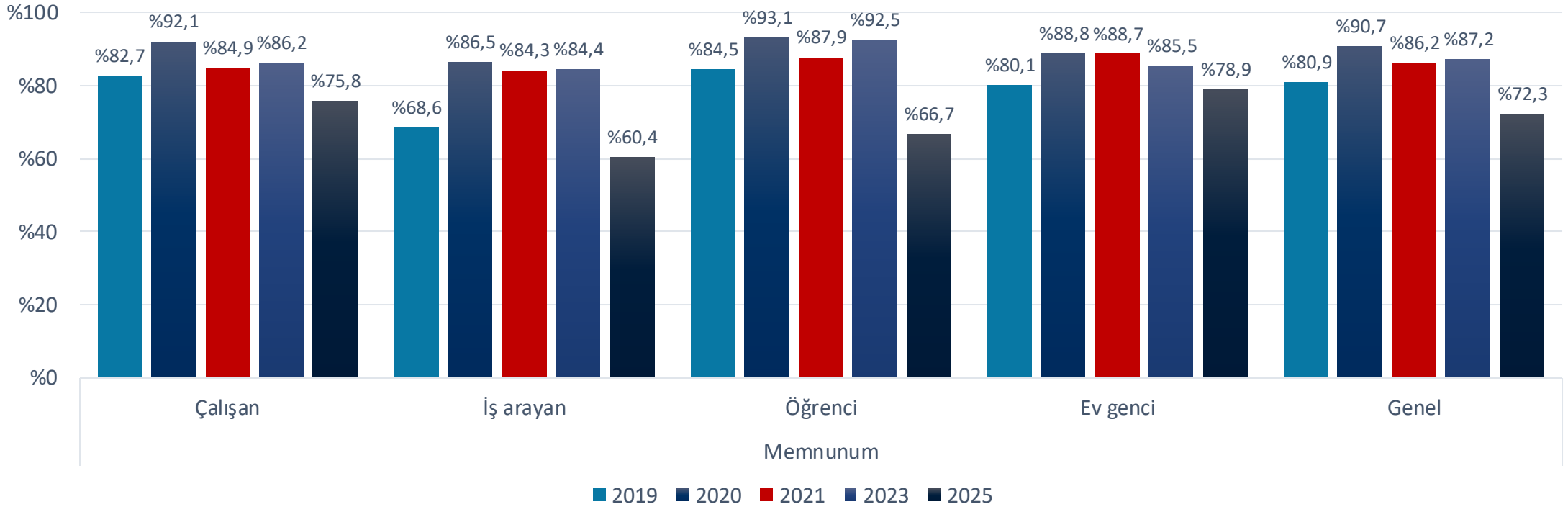


GEÇTİĞİMİZ 4 HAFTADA BELİRTİLEN DURUMLARIN YAŞANMA SIKLIĞI "SIK/ÇOK SIK" YANITLARININ TOPLAMI

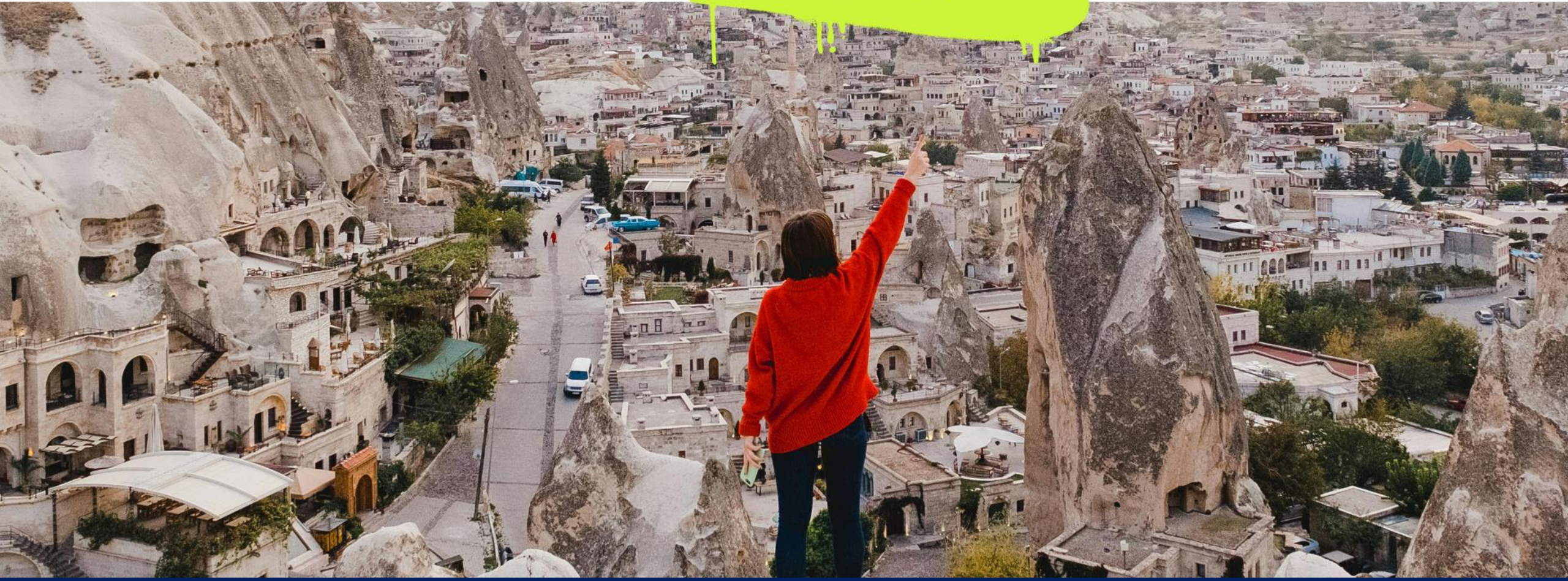
SAĞLIK DURUMUNDAN MEMNUNİYET



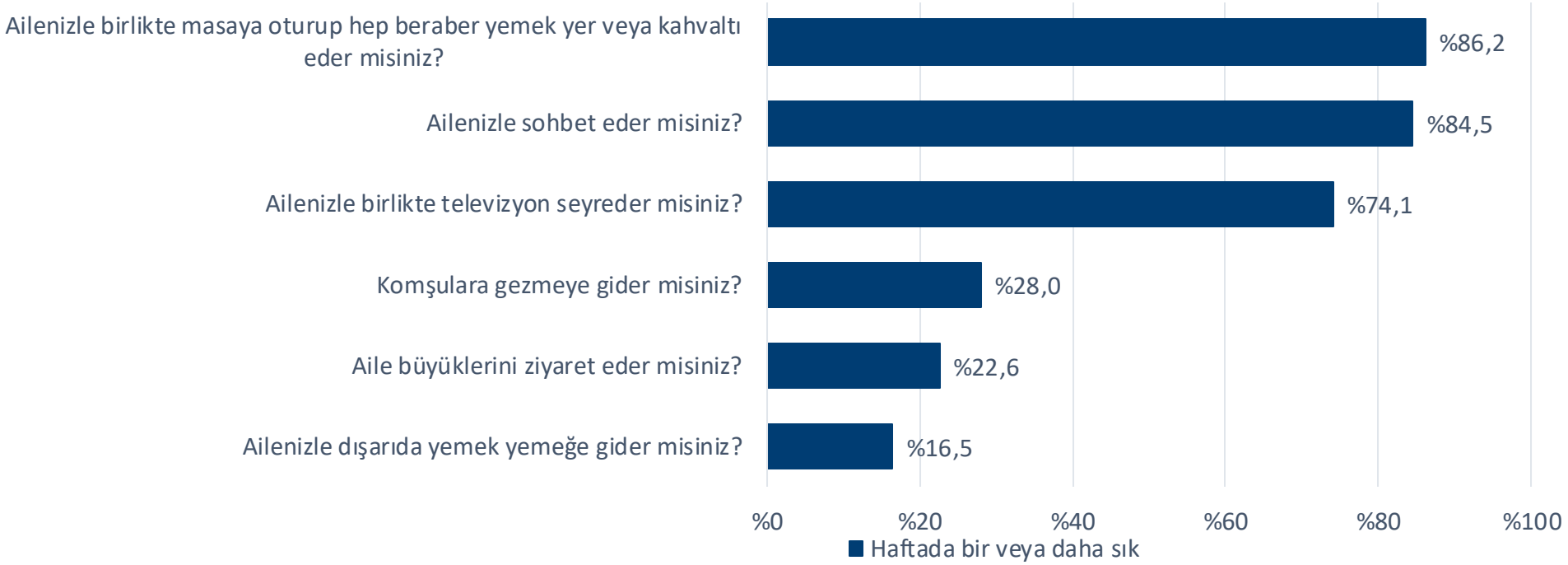
SAĞLIK DURUMUNDAN MEMNUNİYET VE ÇALIŞMA DURUMU "BİRAZ "MEMNUNUM" VE "ÇOK MEMNUNUM" YANITLARININ TOPLAMI



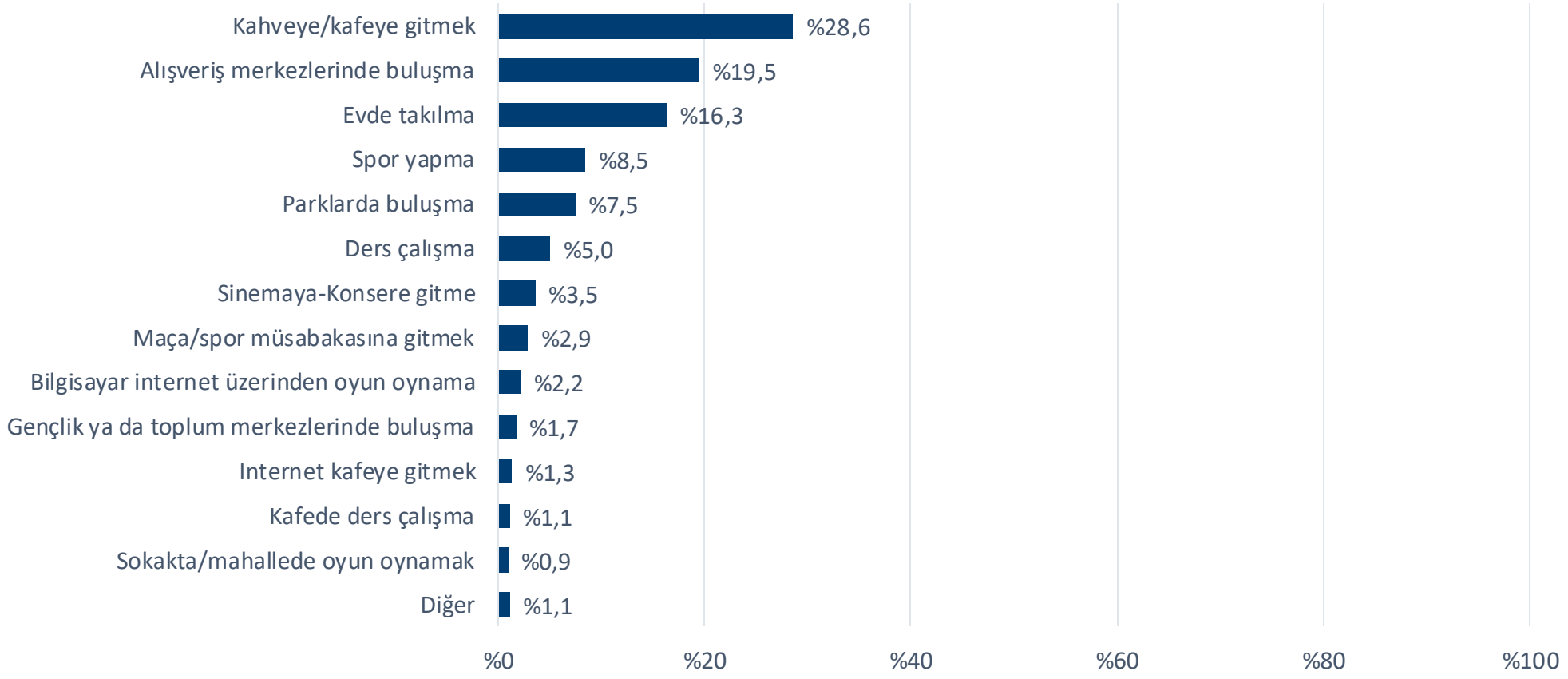
İLİŞKİLER ALANI



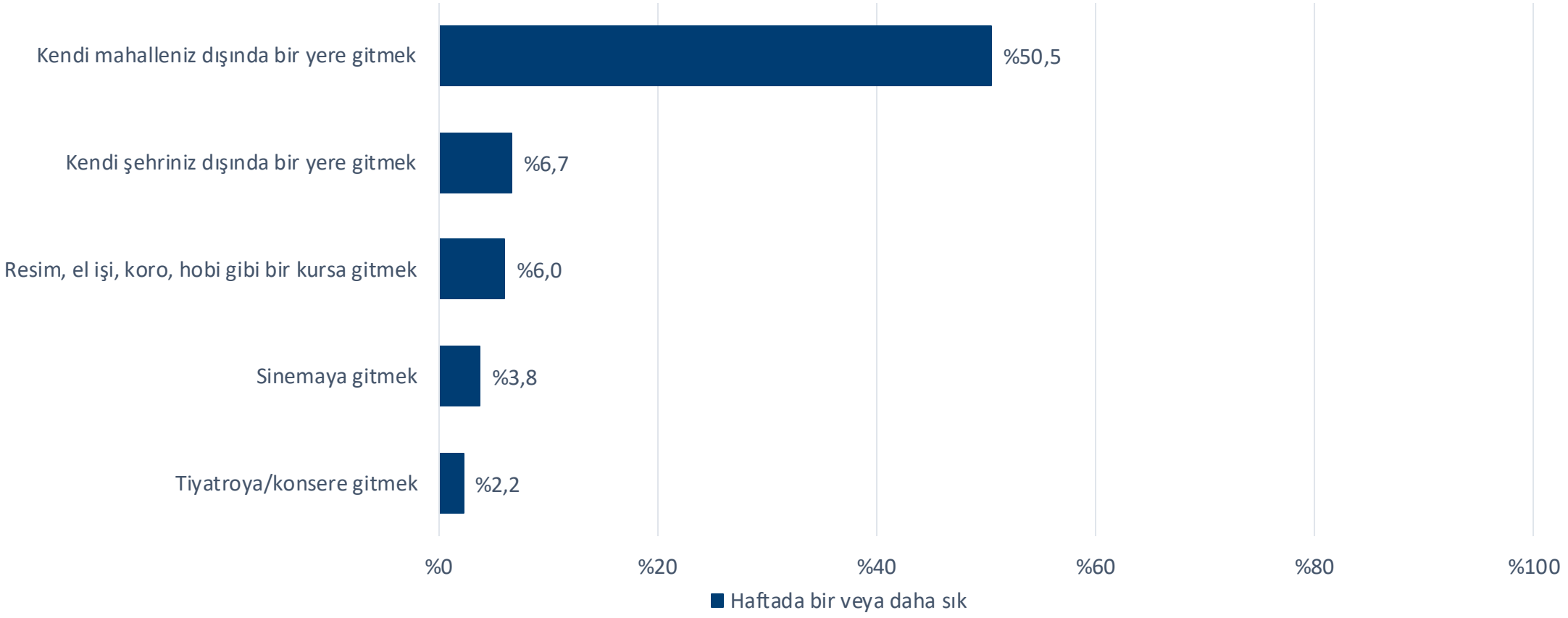
AİLE İLE BİRLİKTE YAPILAN AKTİVİTELERİN SIKLIĞI "HAFTADA BİR VE DAHA SIK" YANITLARININ TOPLAMI



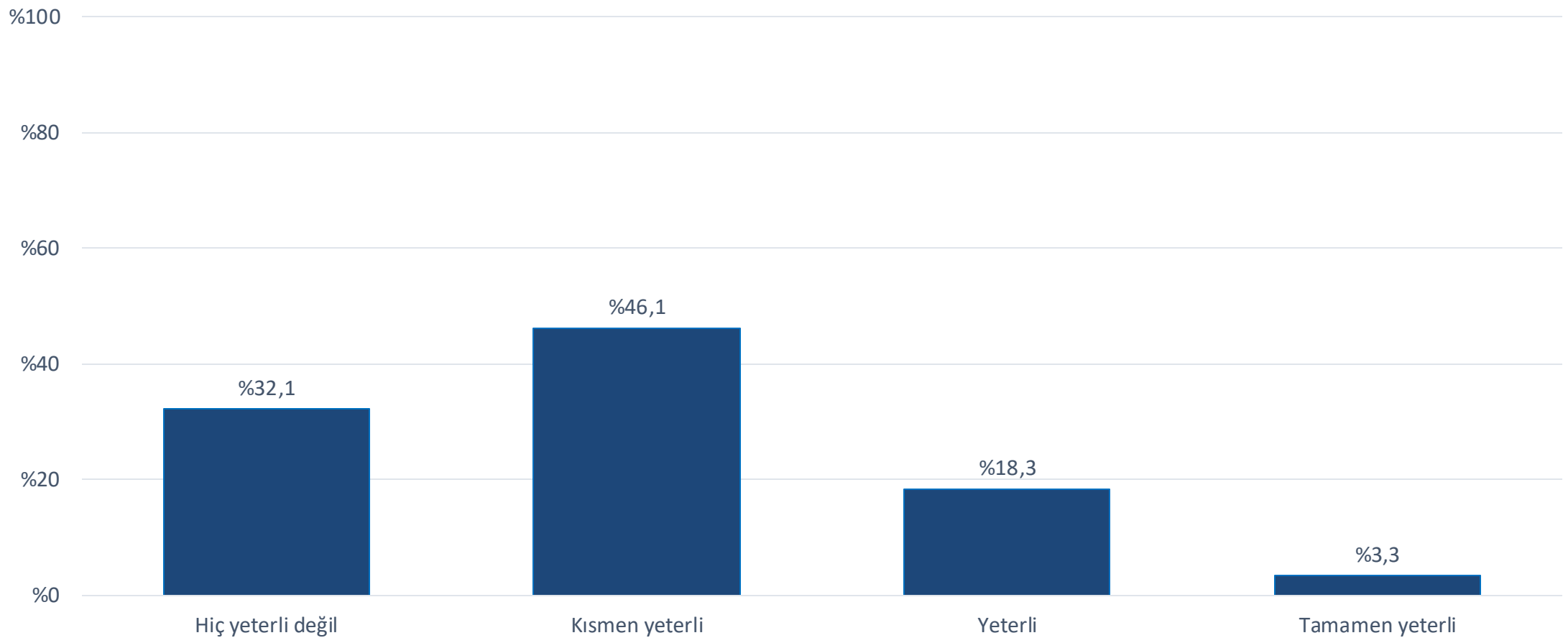
ARKADAŞLAR İLE BİR ARAYA GELİNCE YAPILAN AKTİVİTELER (İLK YANIT)



ARKADAŞLAR İLE YAPILAN AKTİVİTELERİN SIKLIĞI "HAFTADA BİR VEYA DAHA SIK" YANITLARININ TOPLAMI



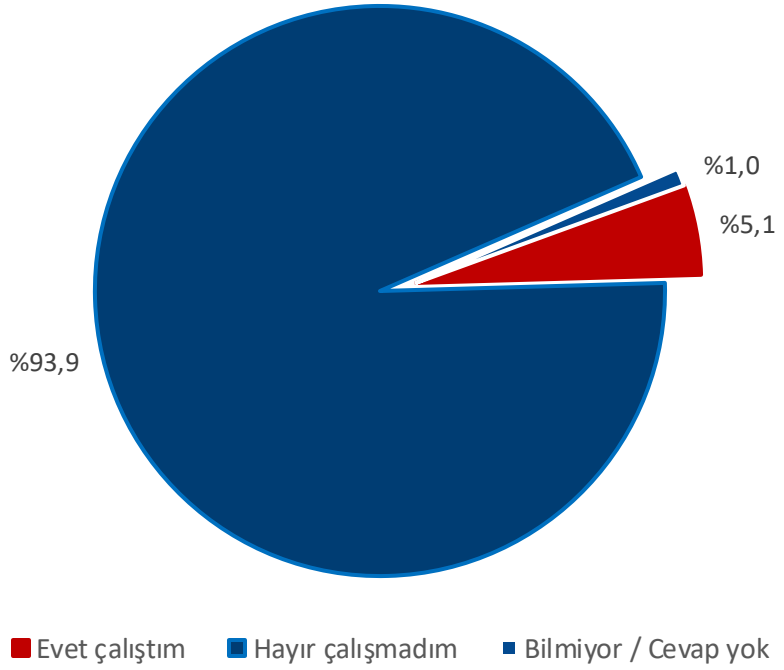
ARKADAŞLAR İLE YAPILAN AKTİVİTELERİ YETERLİ BULMA



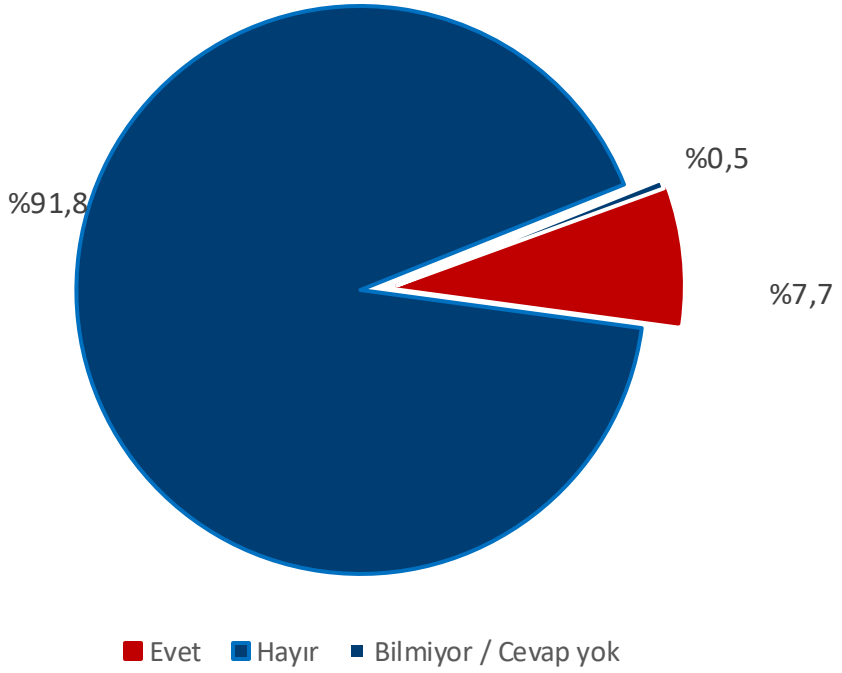
KATILIM

GÖNÜLLÜLÜK VE KATILIM

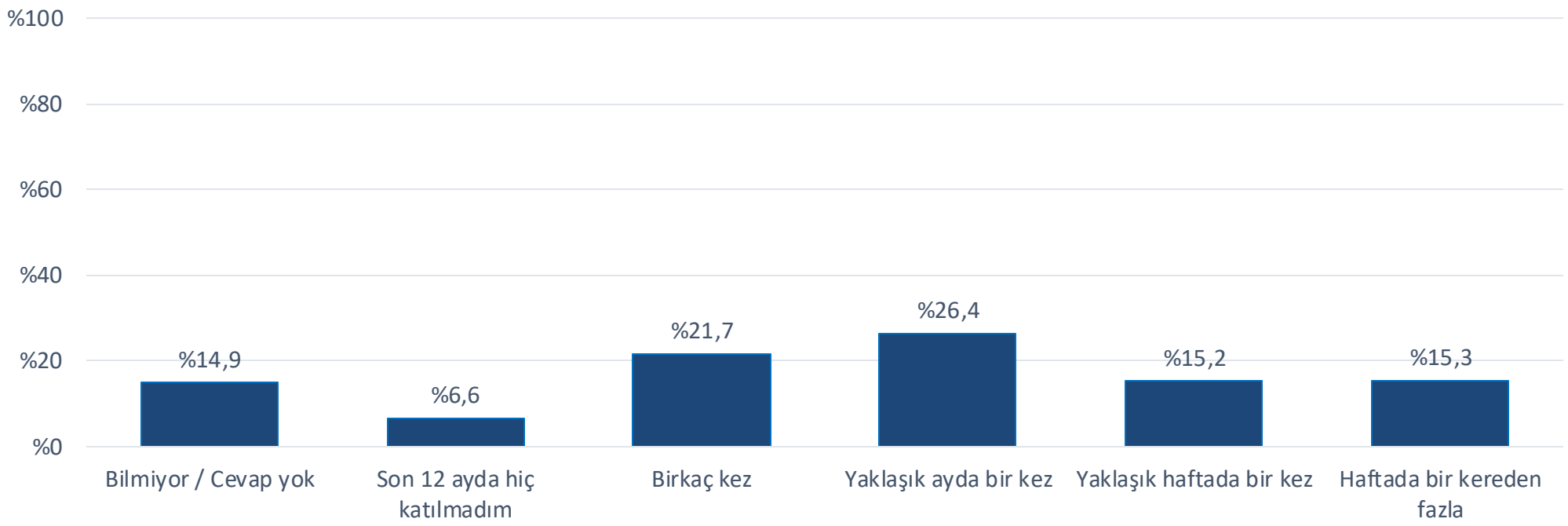
Gönüllülük Faaliyetlerinde Çalışma Oranı



Sivil Toplum Kuruluşuna Üye olanların Oranı

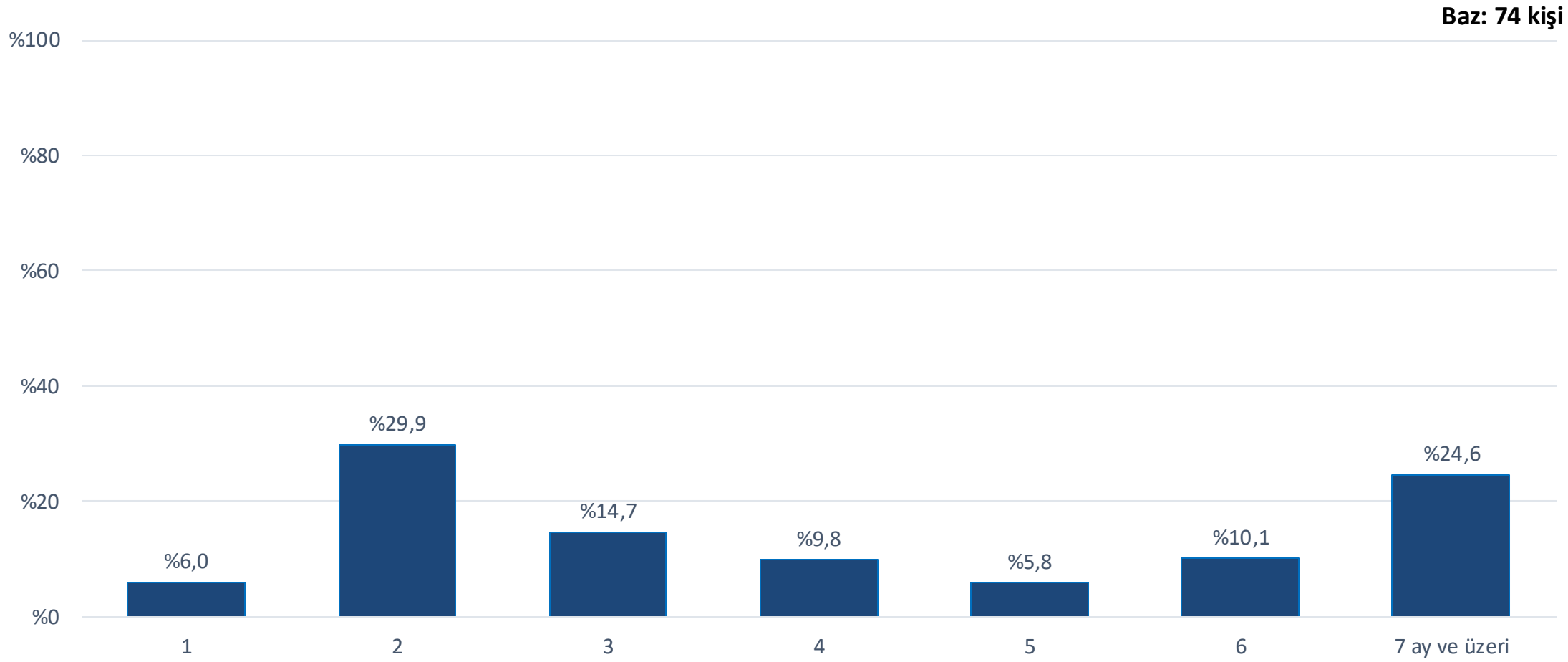


SON BİR YILDA ÜYE OLUNAN KURUMUN ETKİNLİKLERİNE KATILMA

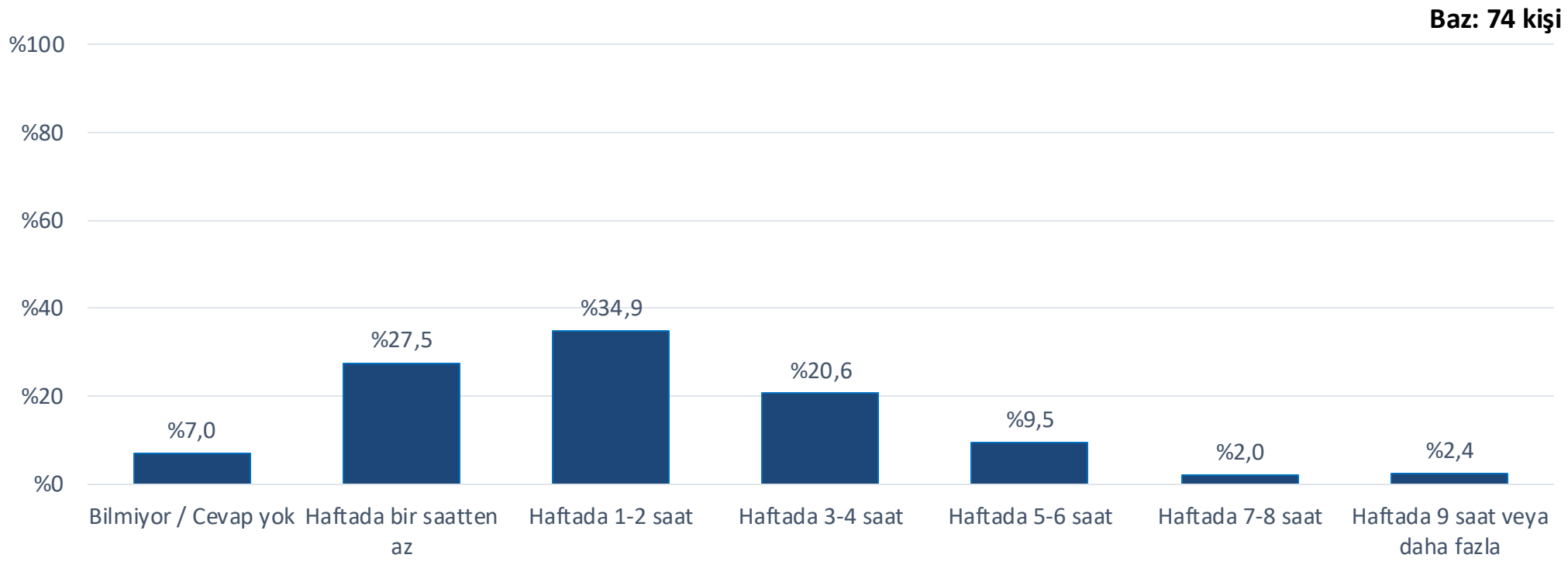


Baz: 108 kişi

GÖNÜLLÜLÜK YAPILAN KURUM İÇİN HARCANAN SÜRE (AY BAZINDA 5 YANIT)



GÖNÜLLÜLÜK YAPILAN KURUM İÇİN HARCANAN SÜRE (5 YANIT)



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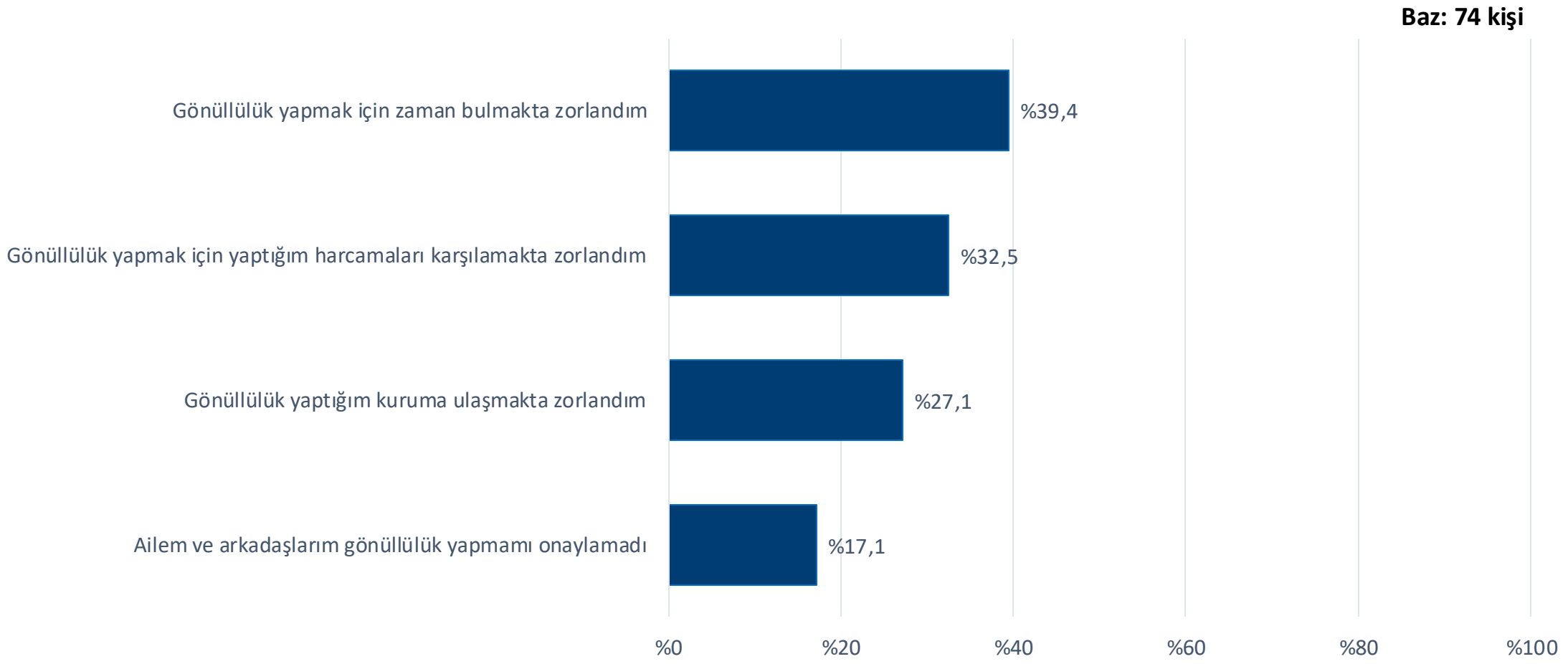
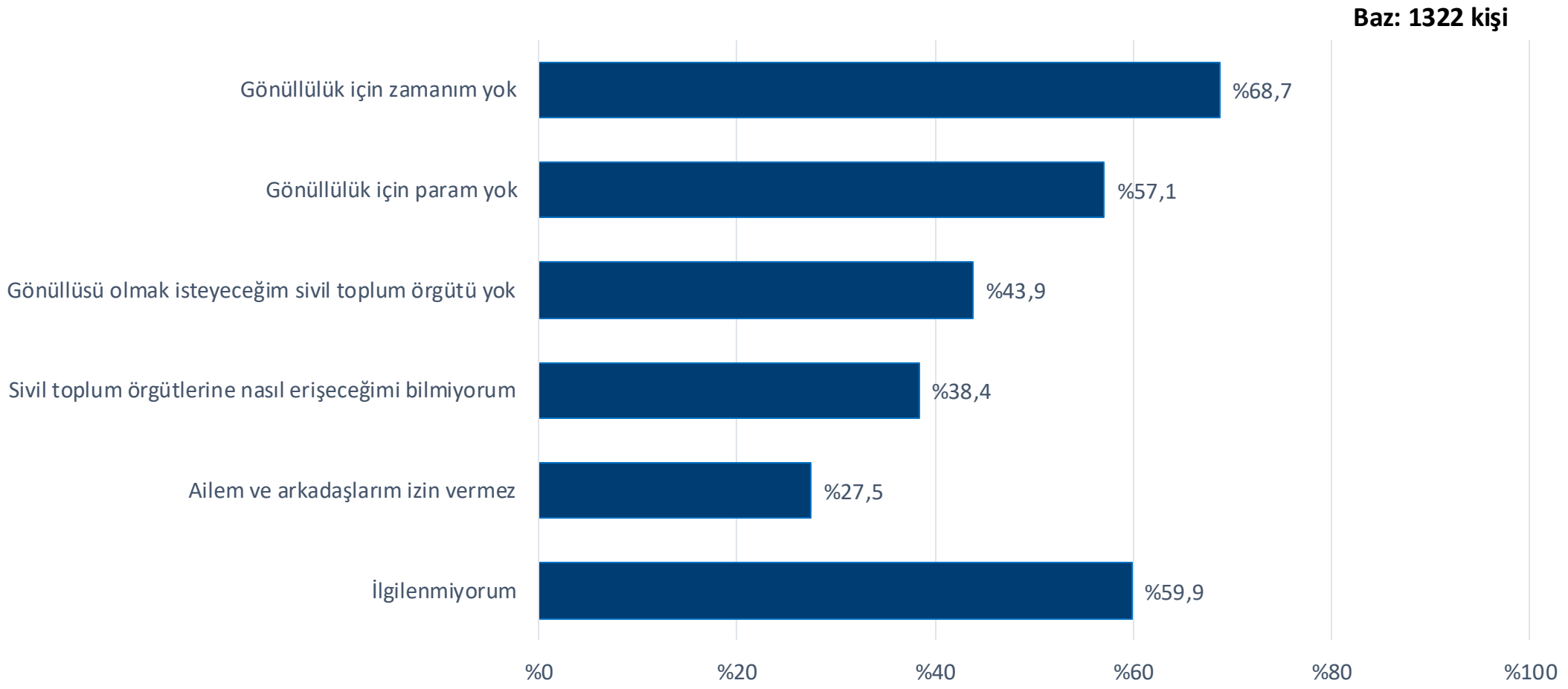
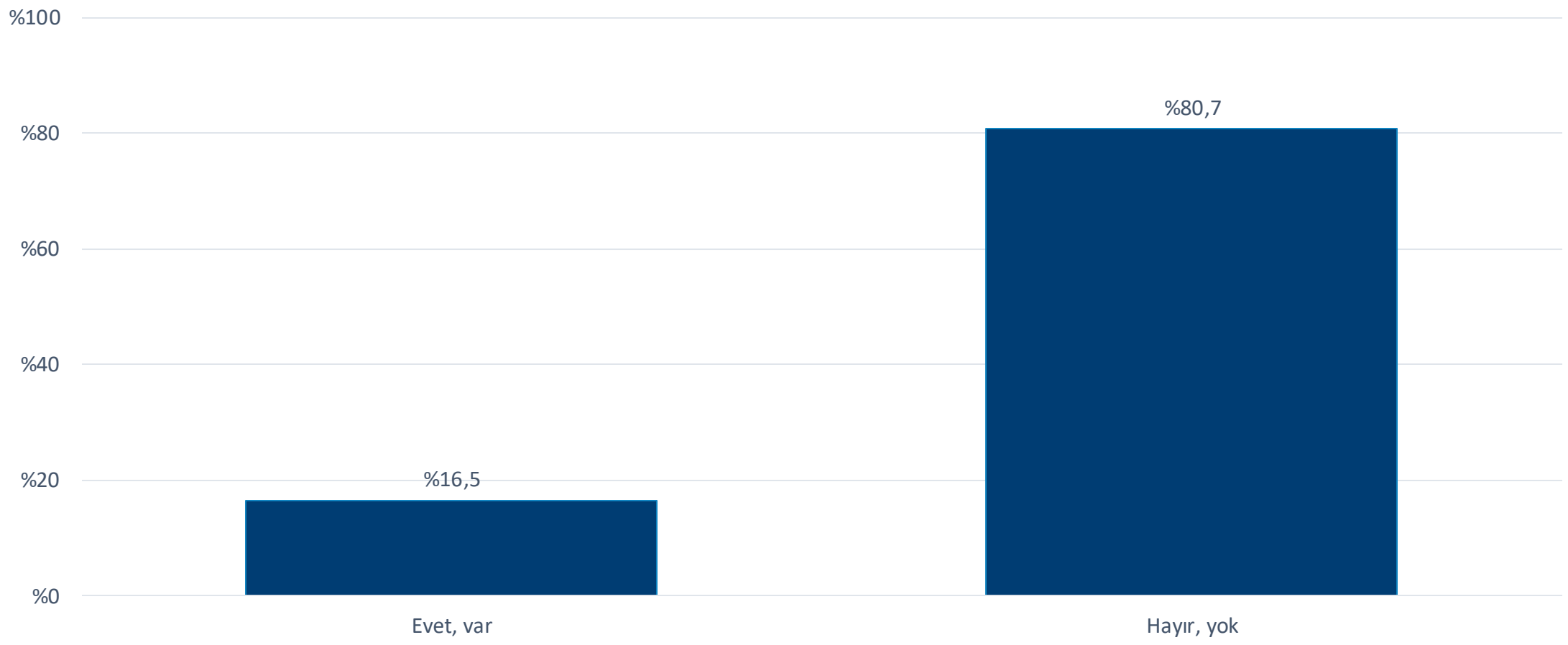


GÖNÜLLÜLÜK YAPMANIN ÖNÜNDEKİ ENGELLER BELİRTENLERİN ORANI

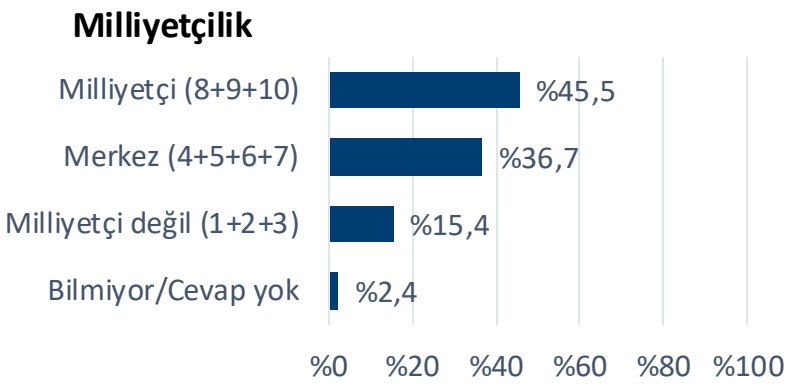


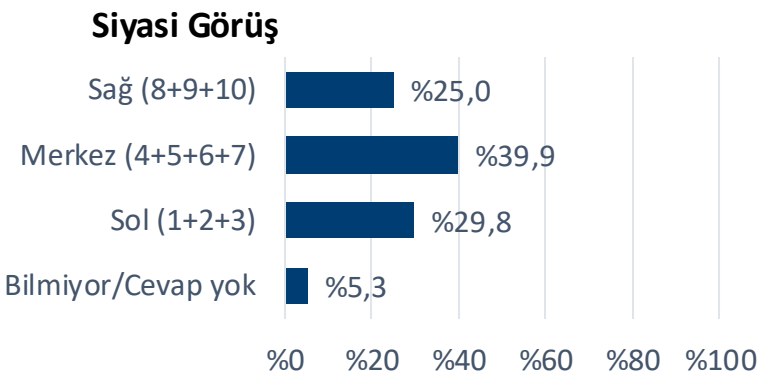
AİLEDE HERHANGİ BİR DERNEĞE VEYA SİVİL TOPLUM KURULUŞUNA ÜYE OLAN KİŞİLER

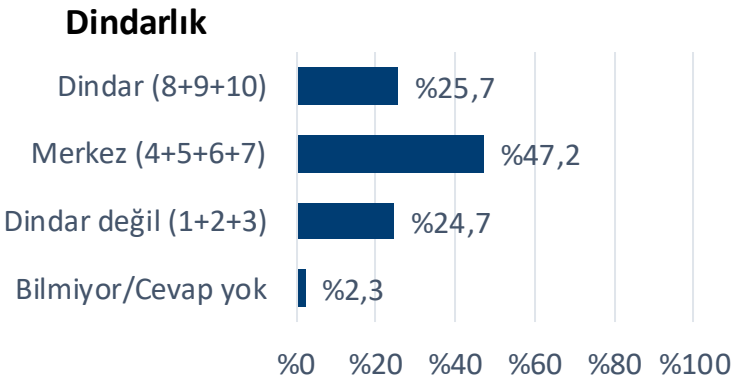


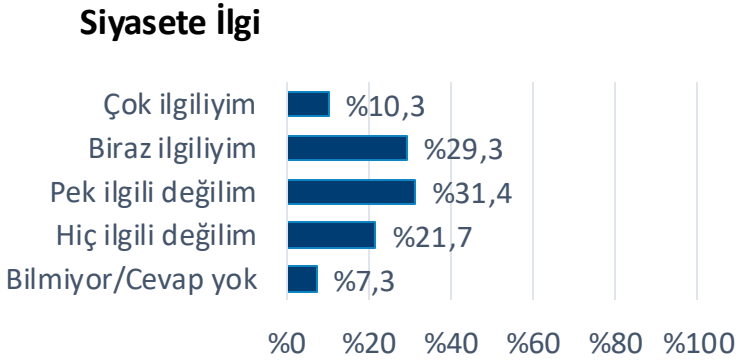
SİYASAL KATILIM VE BEKLENTİLER

2 MİLLİYETÇİLİK, SİYASİ GÖRÜŞ, DİNDARLIK VE SİYASETE İLGİ



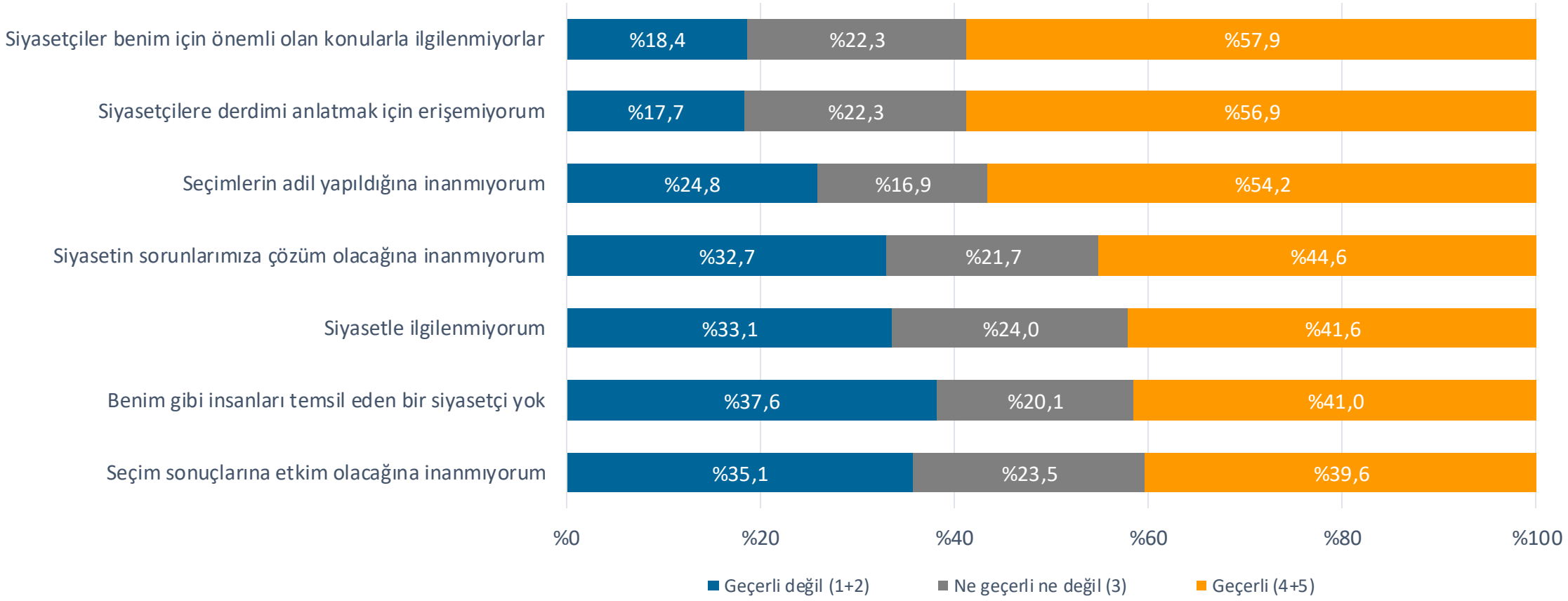




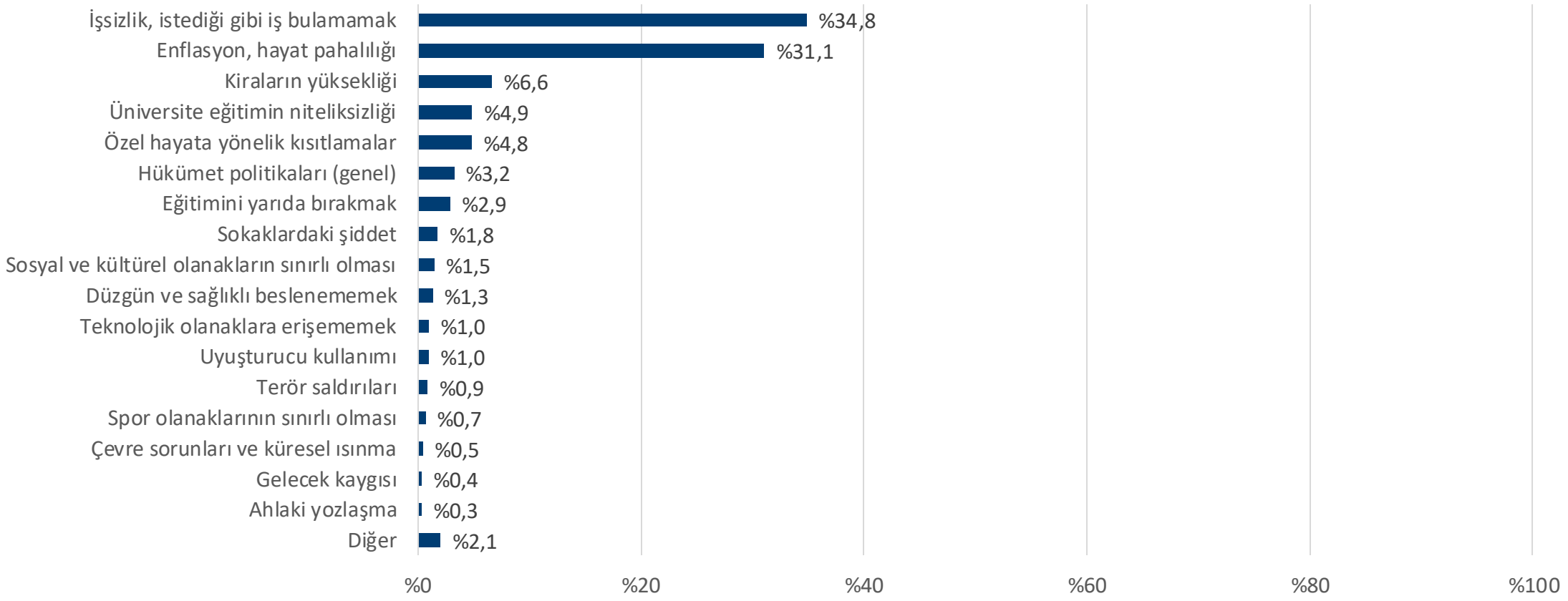


SİYASAL KATILIM BELİRTİLENLERİN ORANI

OY VERMEME NEDENLERİ
"İNSANLARIN OY VERMEMELERİNE YOL AÇAN BAZI NEDENLER SİZİN İÇİN NE DERECE GEÇERLİ?" SORUSUNA VERİLEN YANITLAR



ÜLKEMİZDE GENÇLERİN EN ÖNEMLİ SORUNU (İLK YANIT)



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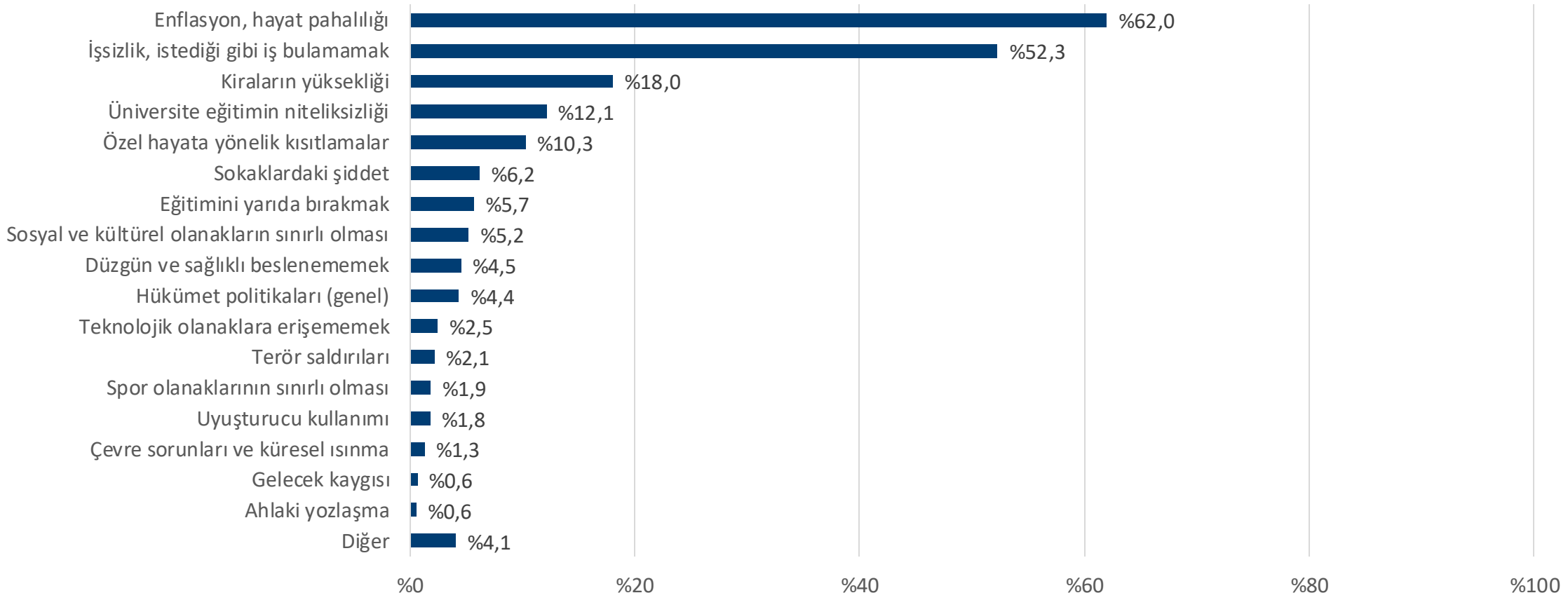
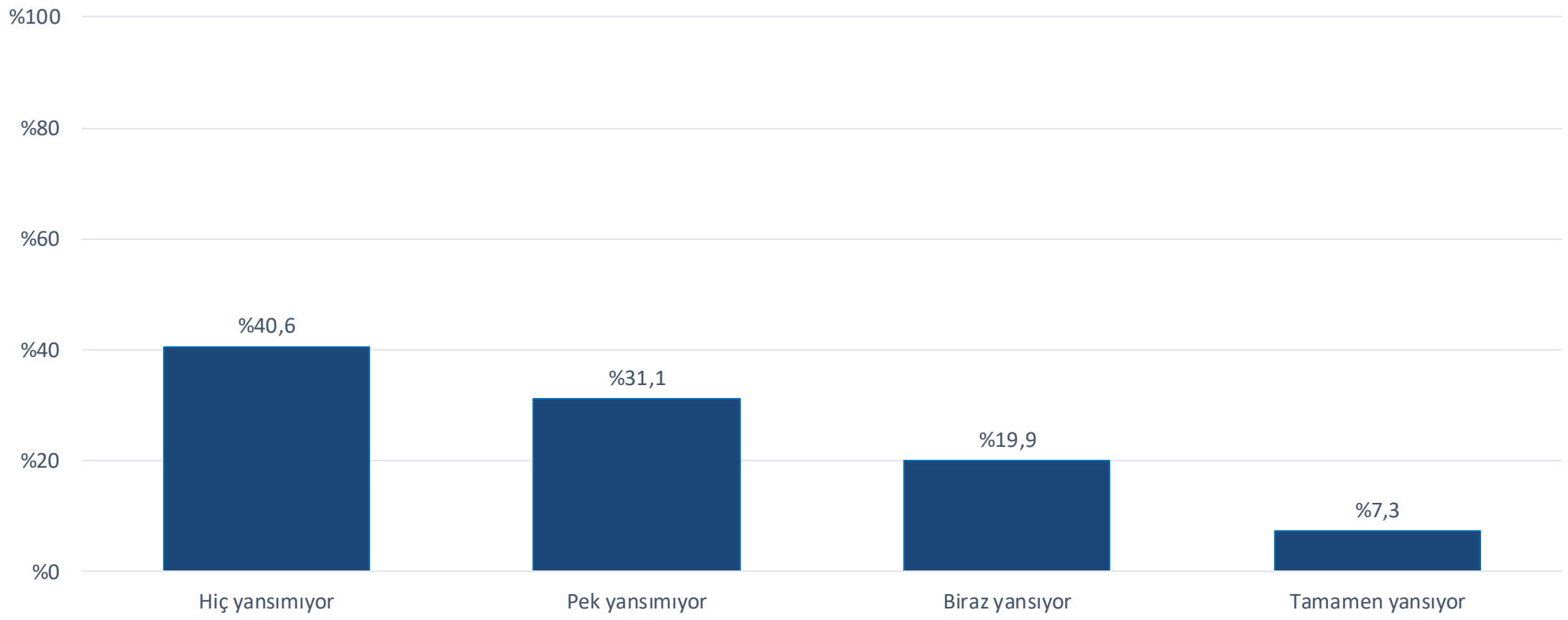


GÖRÜŞLERİNİN ÜLKENİN YÖNETİM BİÇİMİNE DOĞRU BİR ŞEKİLDE YANSIMASI



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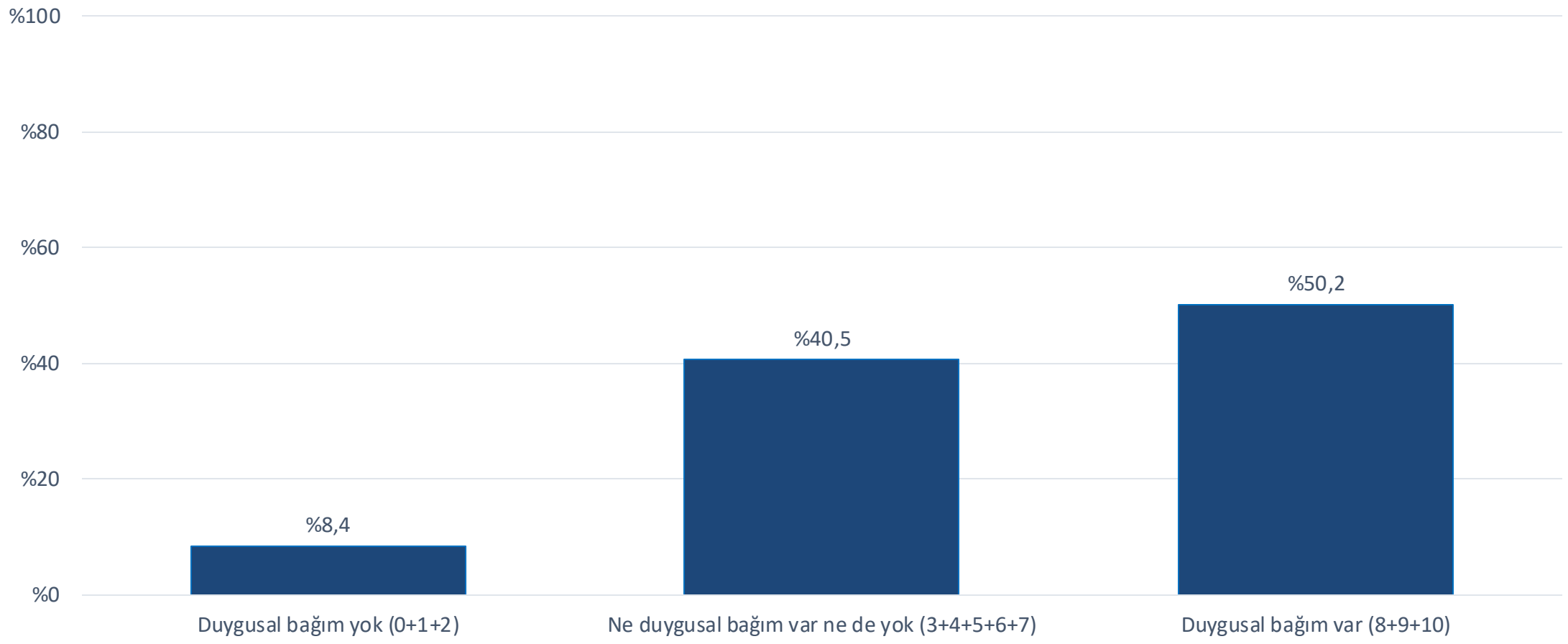
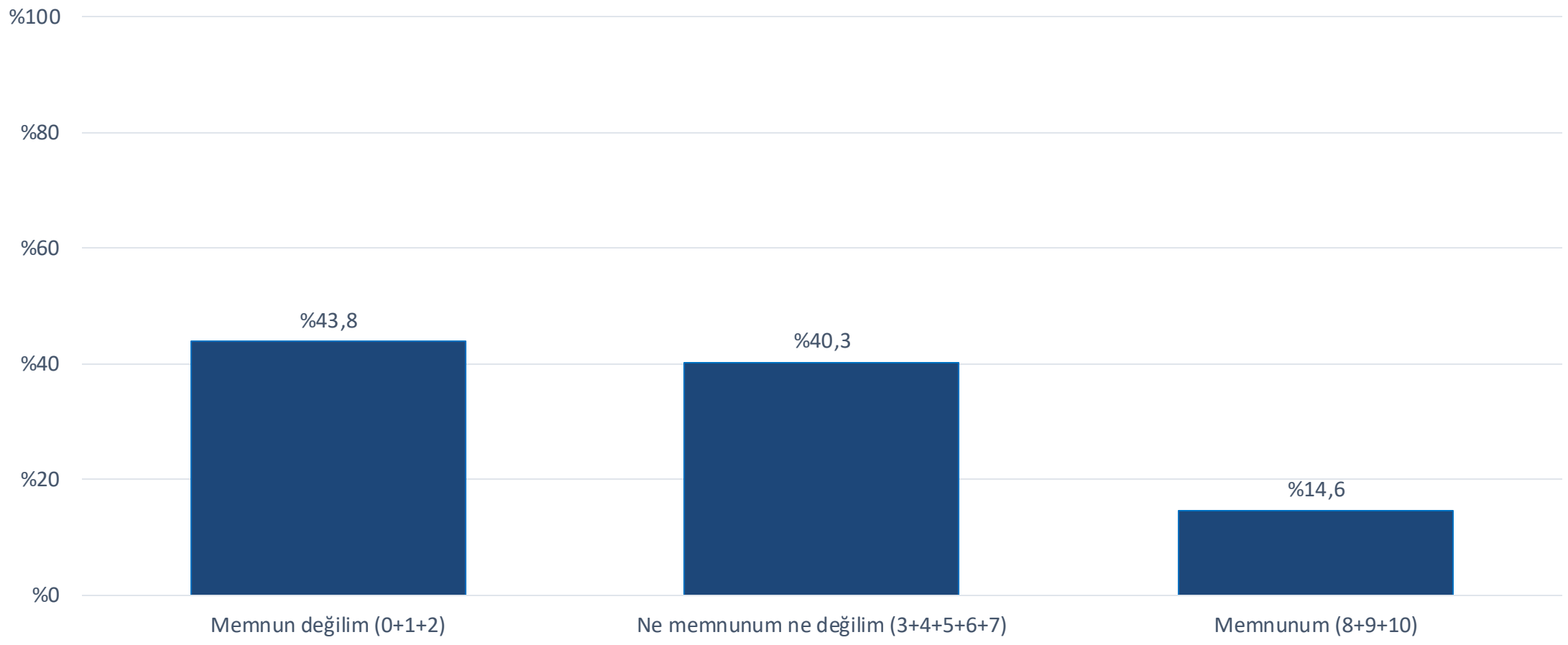
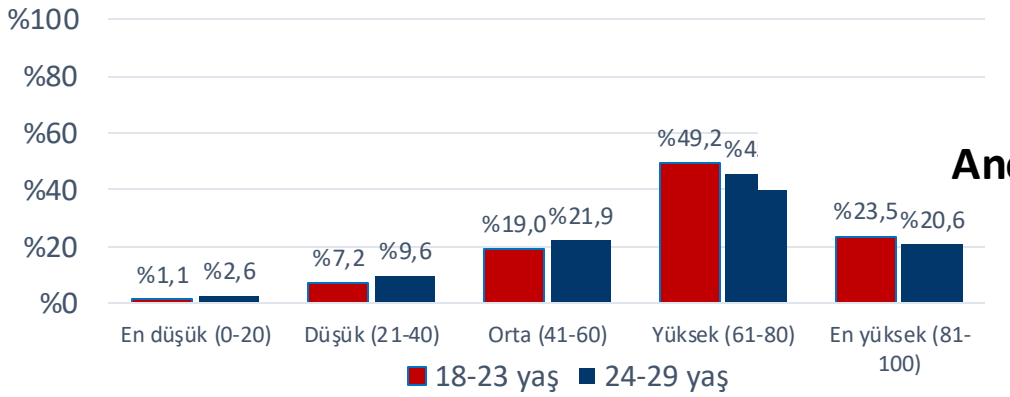


TÜRKİYE'DE DEMOKRASİNİN İŞLEYİŞİNDEN MEMNUNİYET

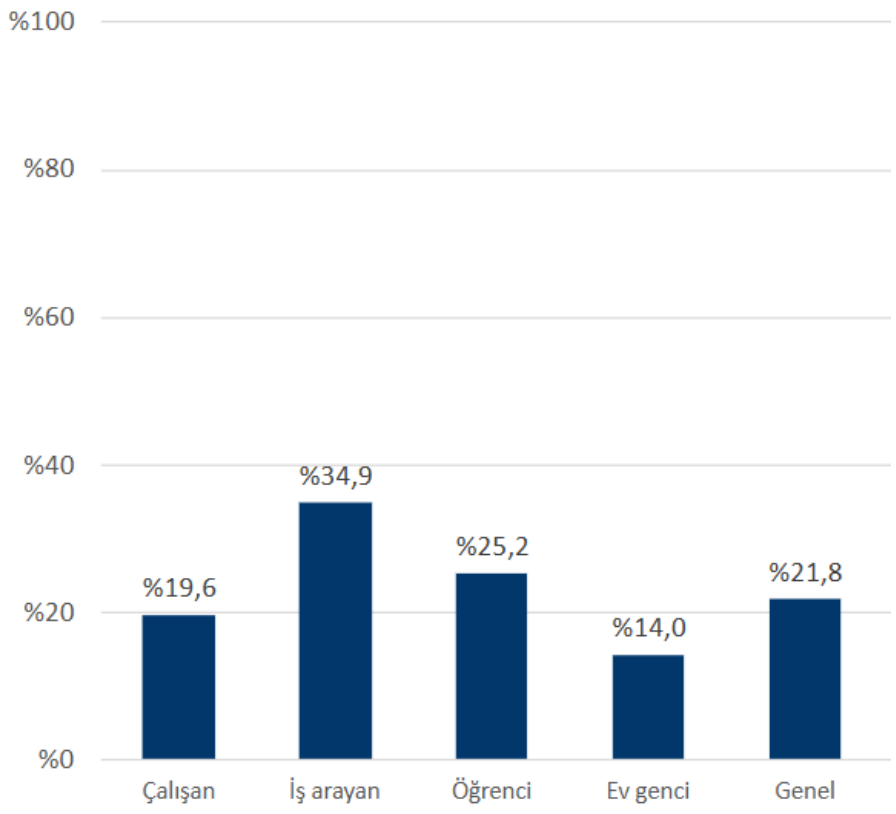


ANOMİ

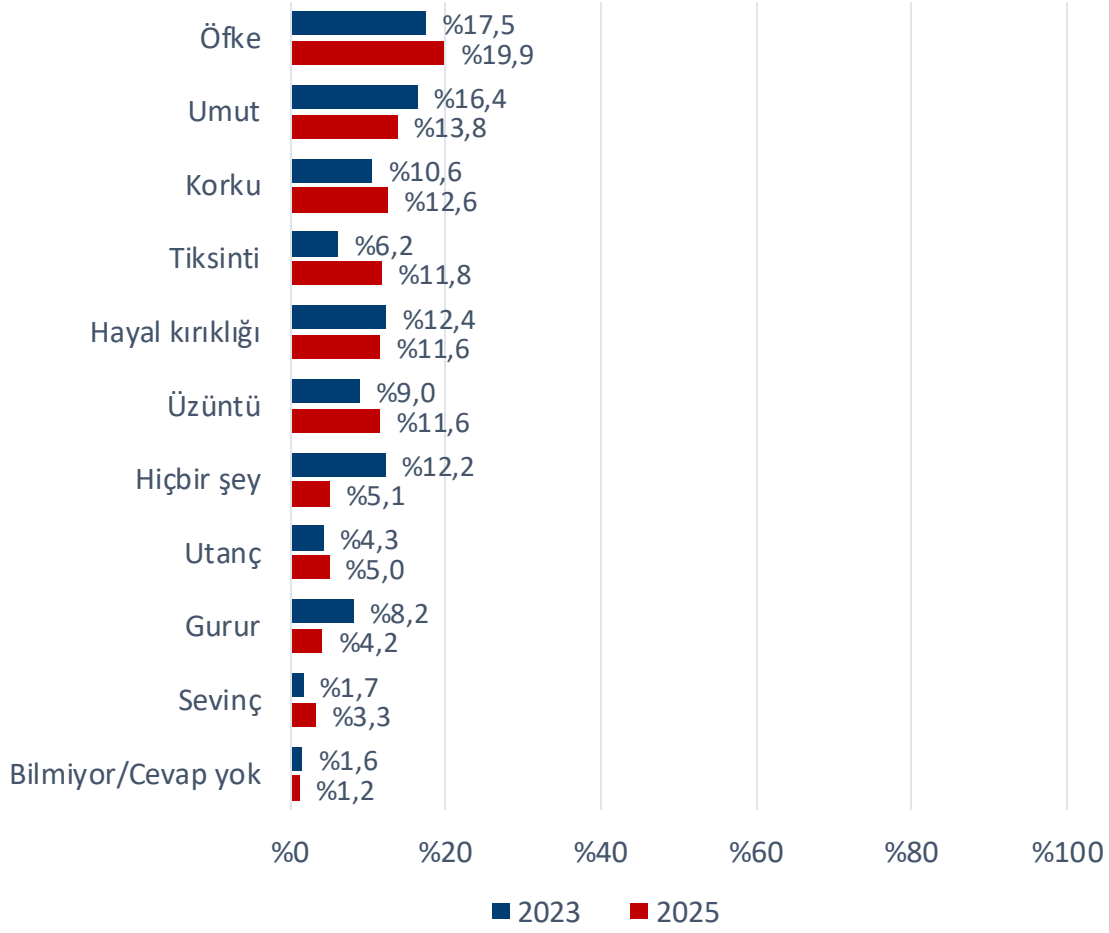


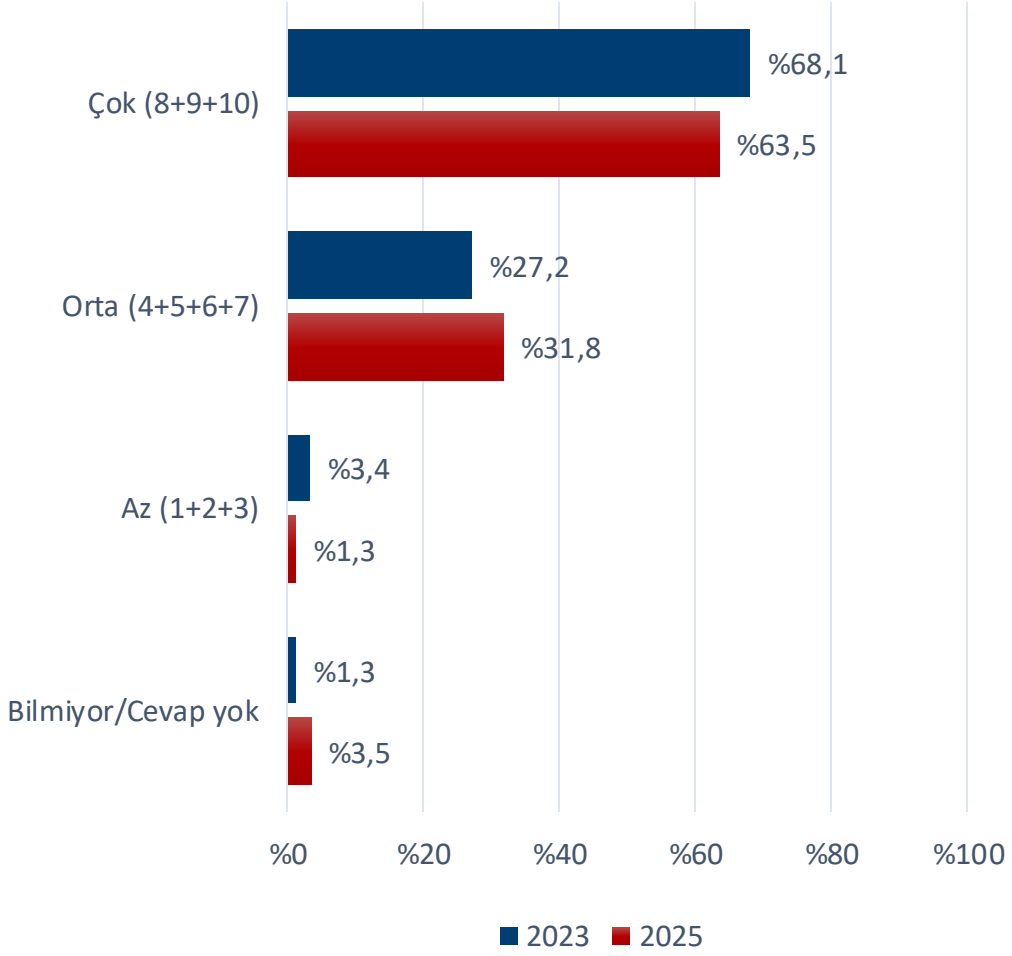
Anomi Endeksi

YÜKSEK ANOMİ, ÇALIŞMA DURUMU VE SİYASİ TERCİHLER



ÜLKENİN SİYASAL DURUMU HAKKINDA HİSSEDİLEN DUYGU VE ŞİDDETİ

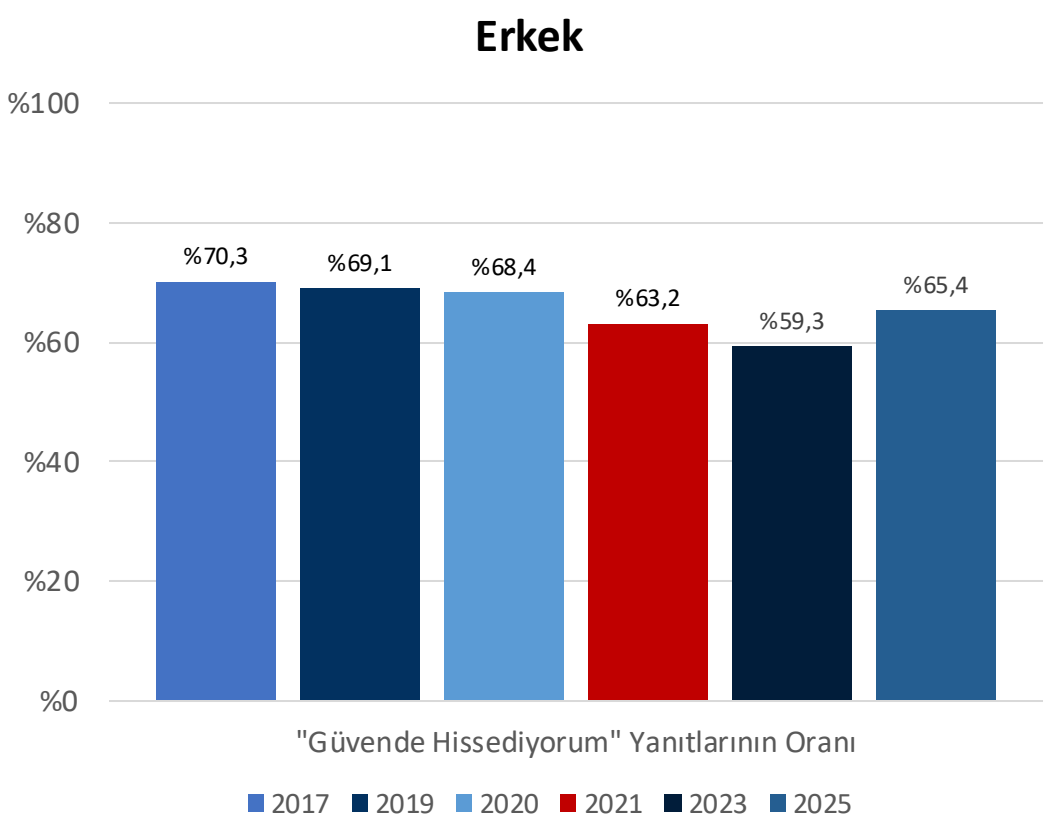


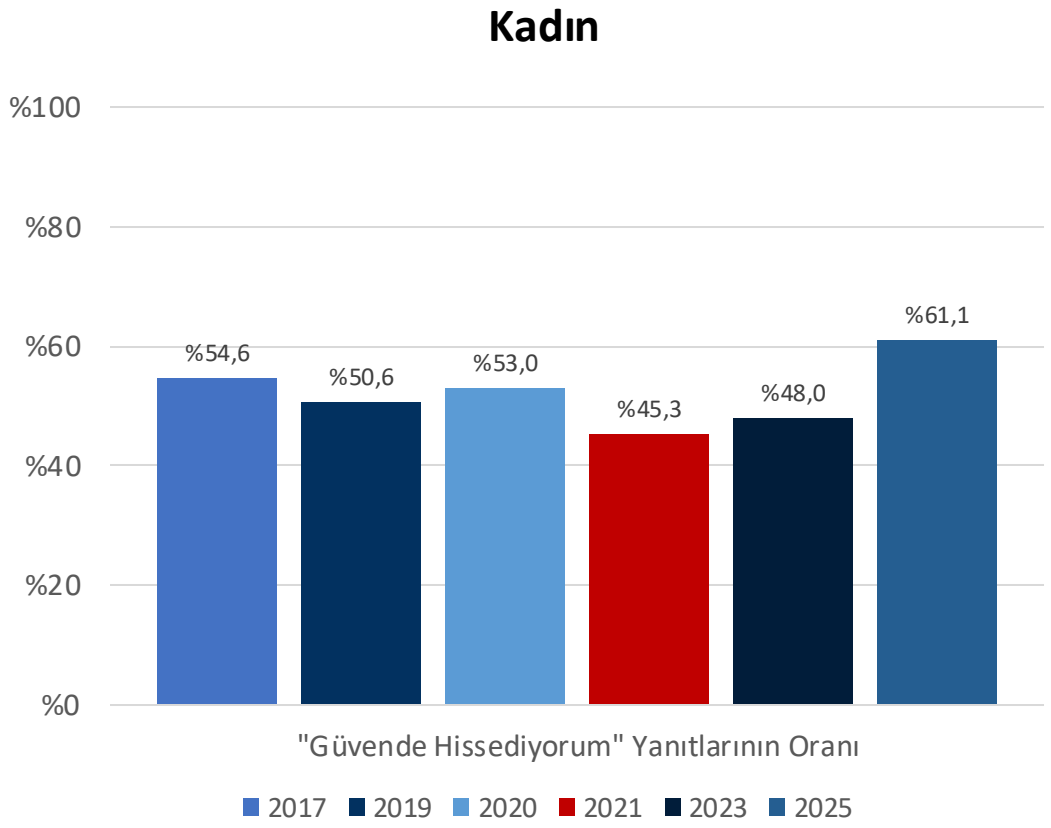


GÖRÜŞLERE KATILMA

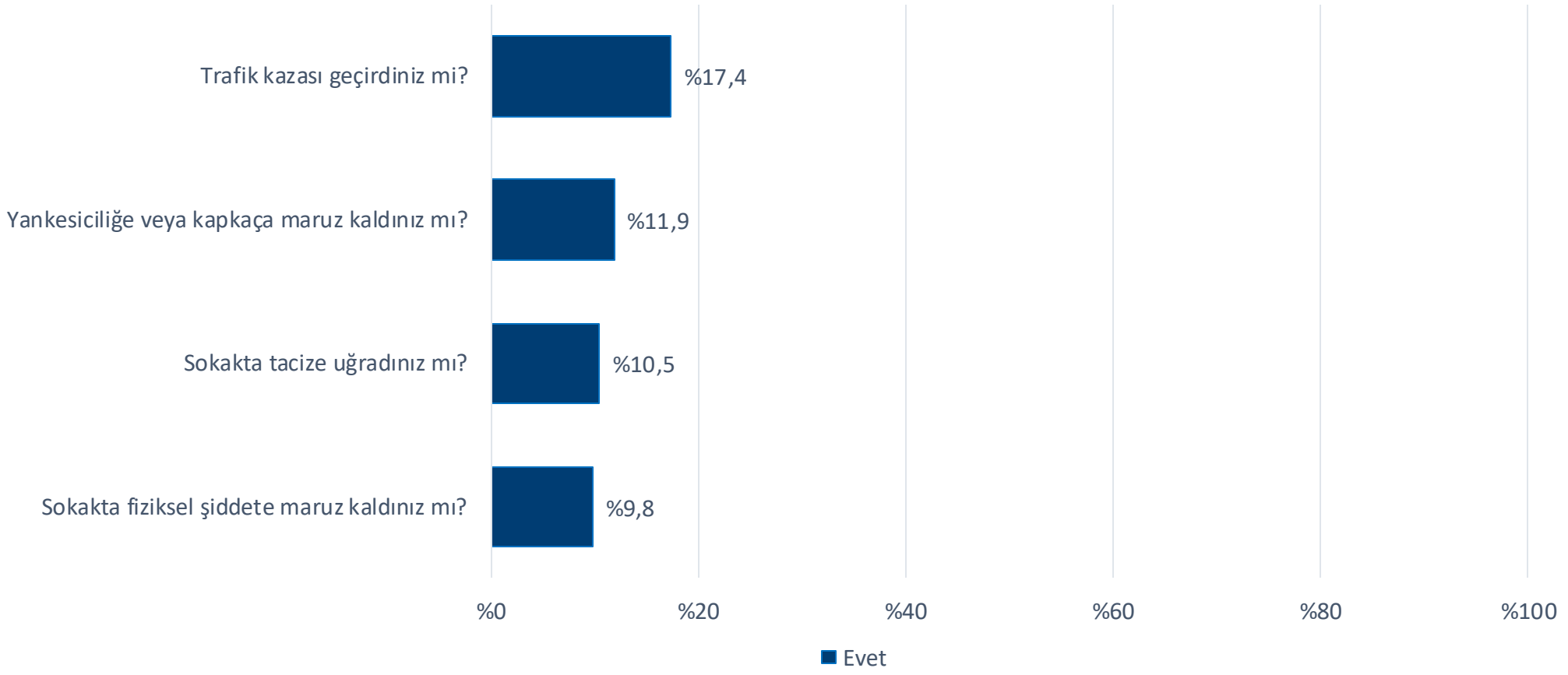
KENTTE YAŞAM VE GÜVENLİK

CİNSİYETE GÖRE GENÇLERİN YAŞADIKLARI YERDE KENDİLERİNİ GÜVENDE HİSSETMELERİ



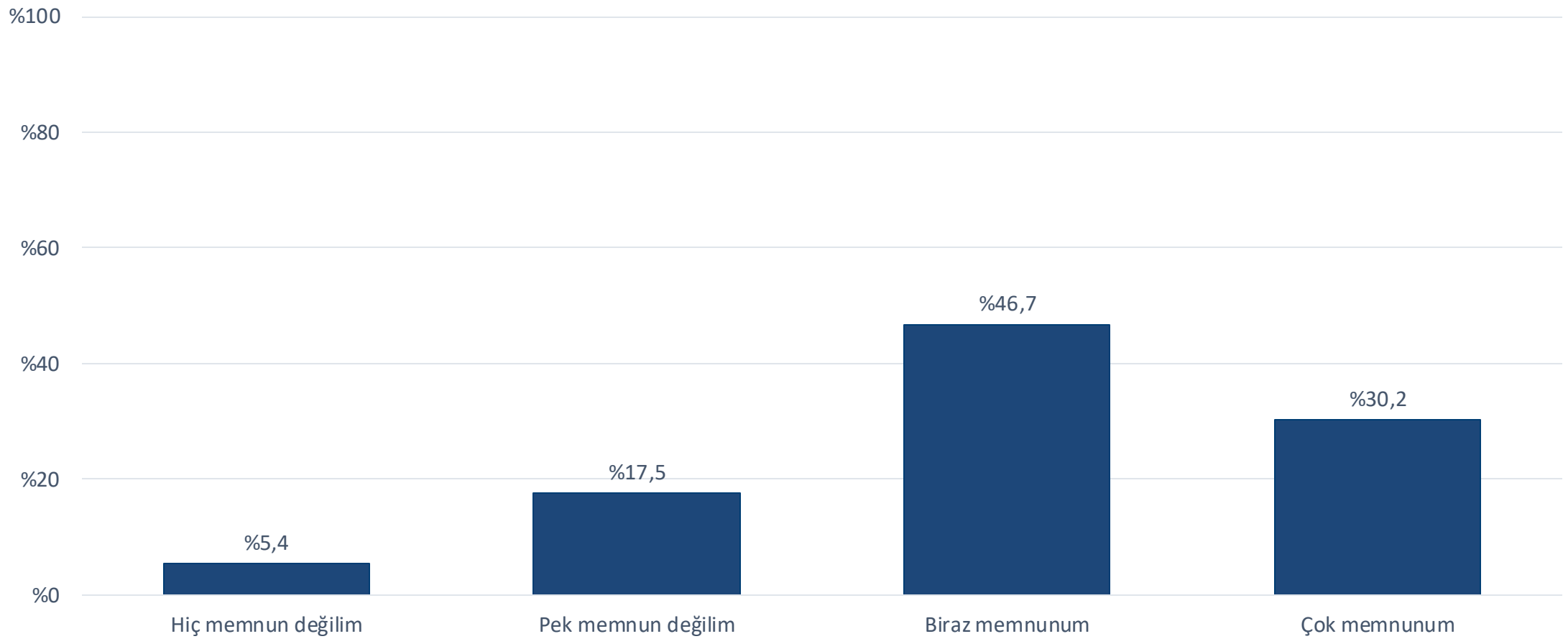


SON BİR YIL İÇİNDE KENDİSİNİN YA DA AİLE BİREYLERİNİN BAŞINA GELME DURUMU "EVET" YANITLARININ ORANI

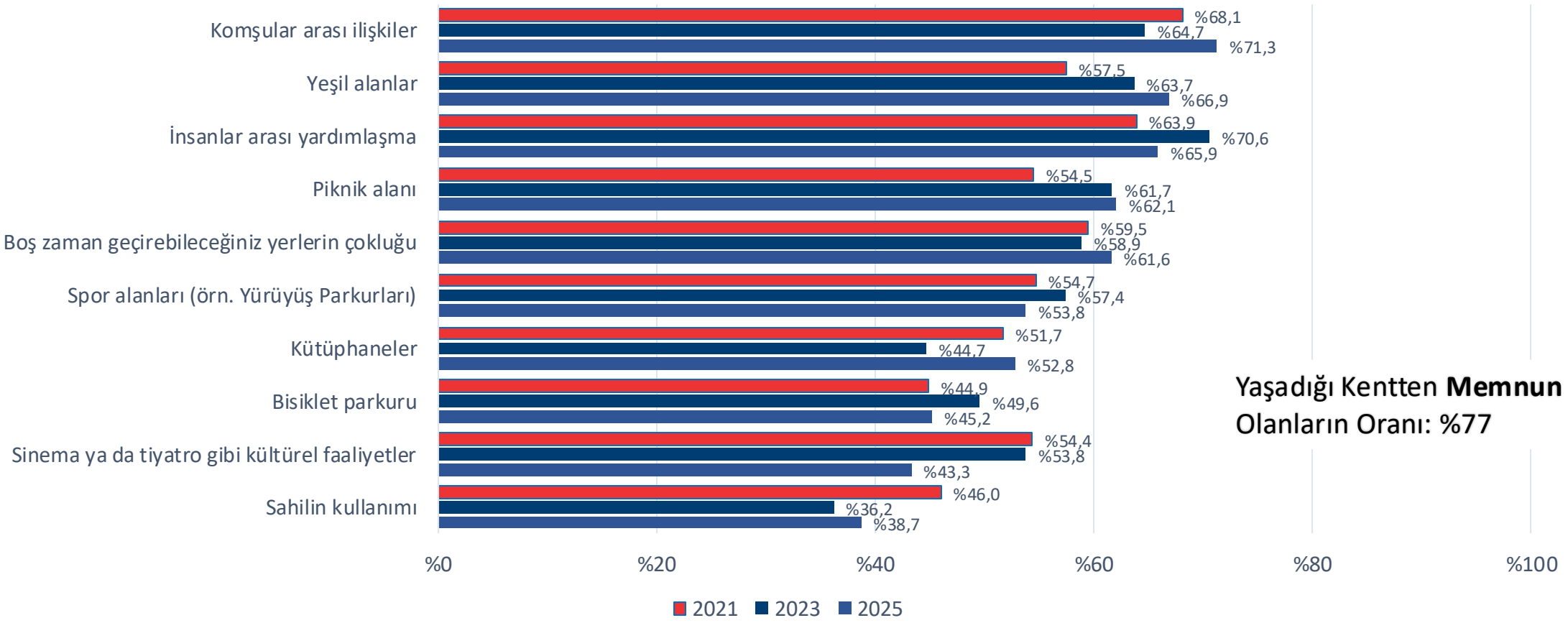


YAŞANILAN YER İLE İLGİLİ İFADELER "GEÇERLİ" YANITINI VERENLERİN ORANI

YAŞANILAN KENTTEN MEMNUNİYET

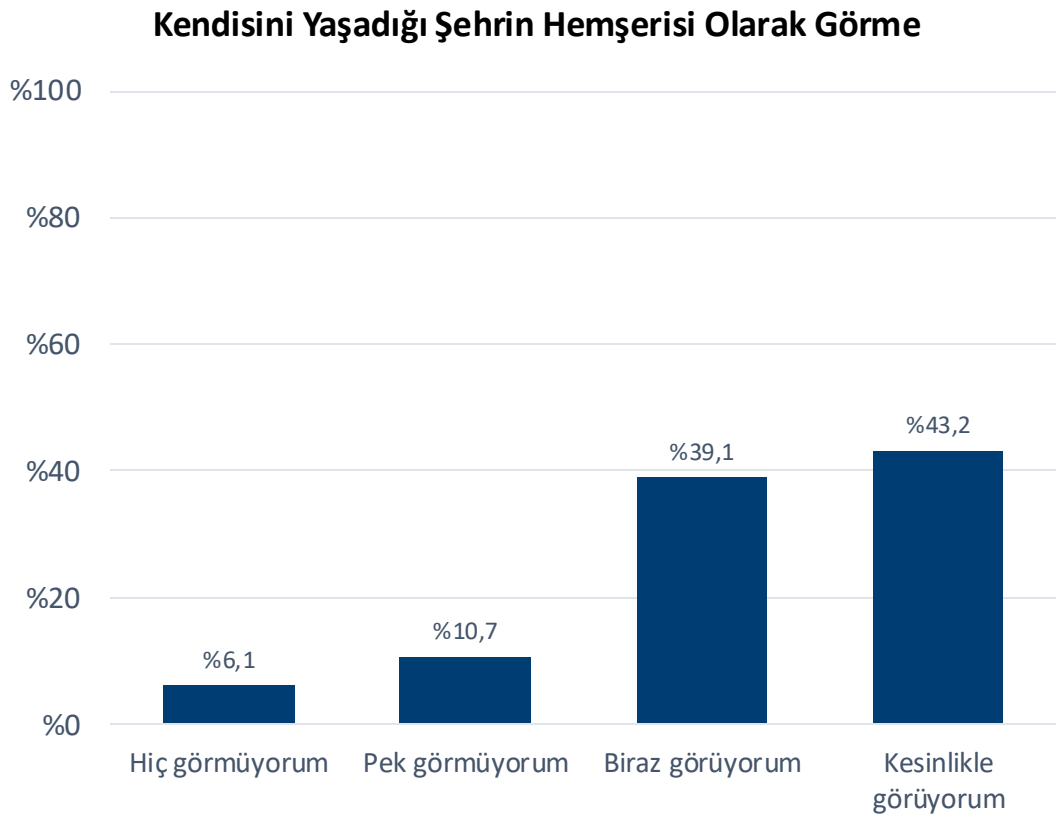


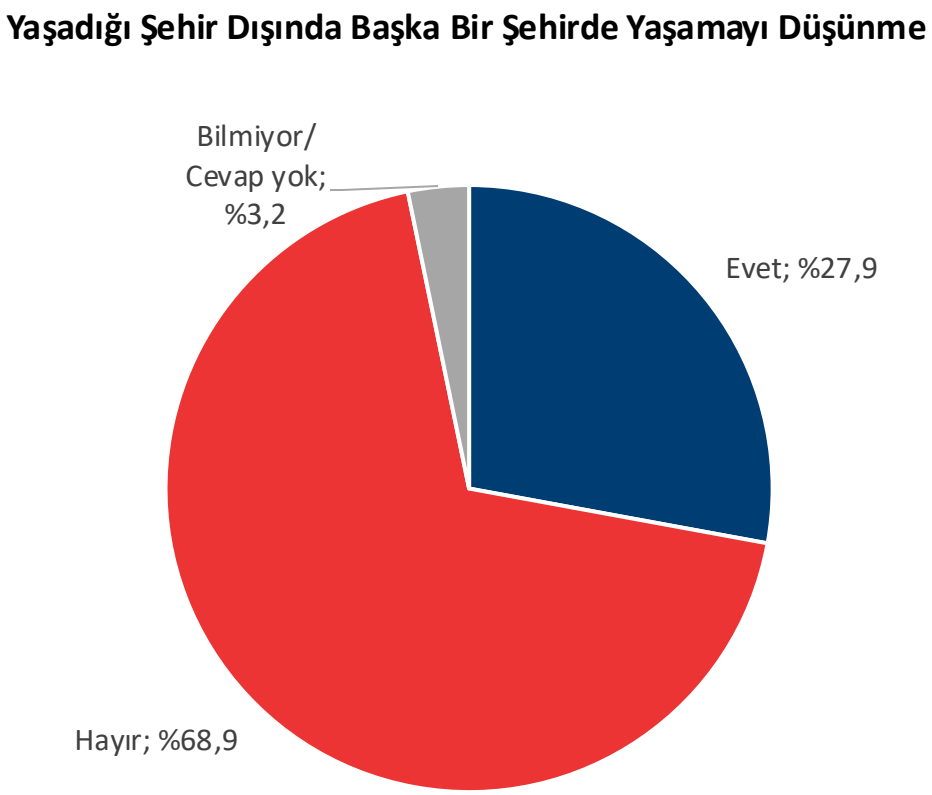
GENÇLERİN YAŞADIKLARI KENTTEN MEMNUNİYETLERİ
"BİRAZ MEMNUNUM" VE "ÇOK MEMNUNUM" YANITINI VERENLERİN TOPLAM ORANI



Yaşadığı Kentten **Memnun** Olanların Oranı: %77

HEMŞERİLİK VE BAŞKA BİR ŞEHİRDE YAŞAMAYI DÜŞÜNME

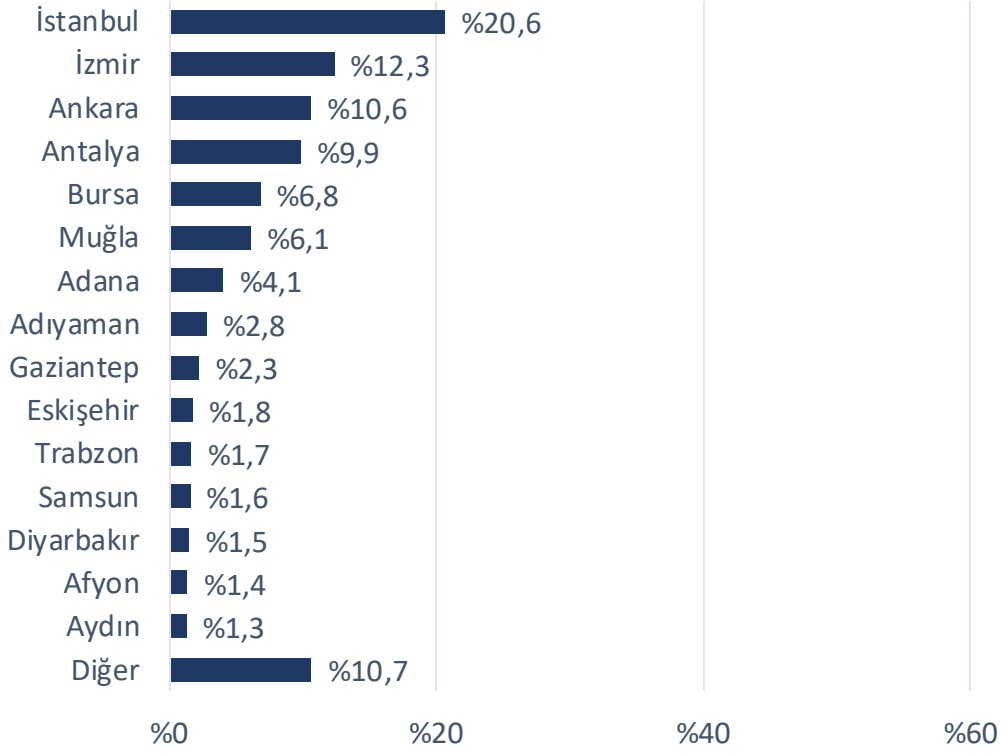




TAŞINILMASI DÜŞÜNÜLEN ŞEHİR VE TAŞINMAYI İSTEME SEBEBİ

Baz: 416 kişi

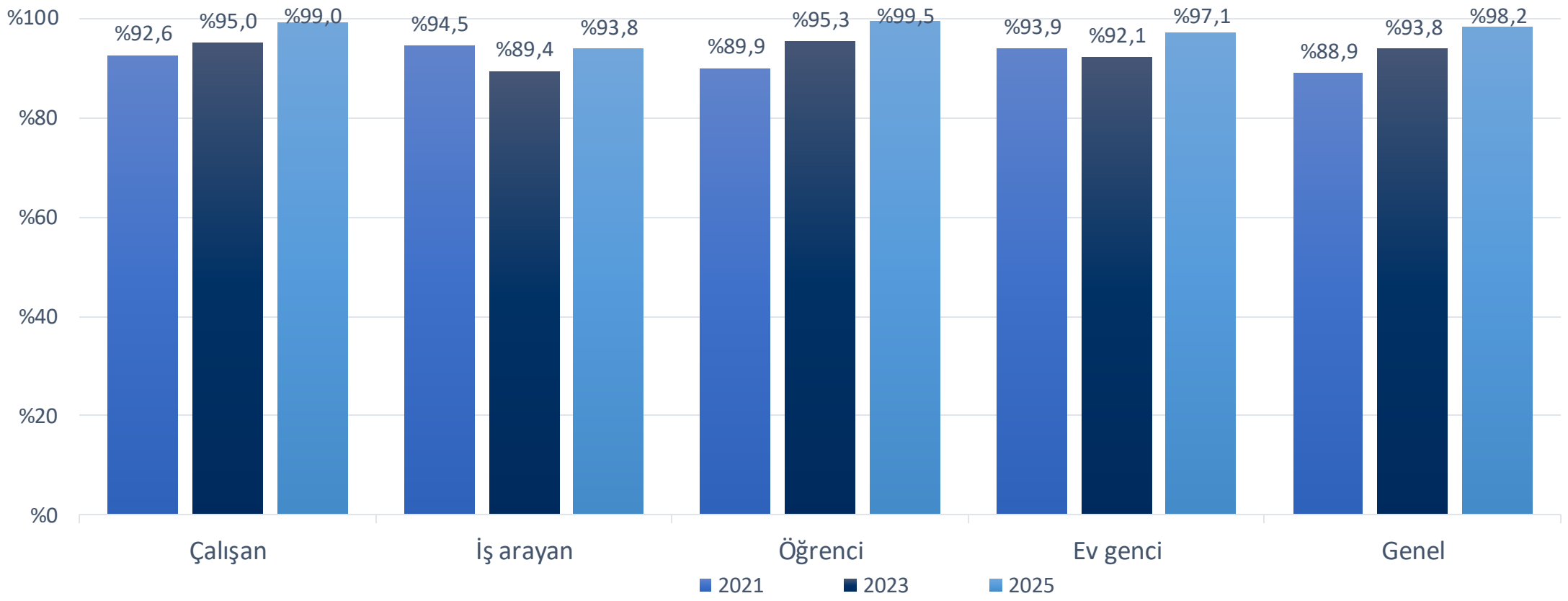
Taşınılması Düşünülen Şehir



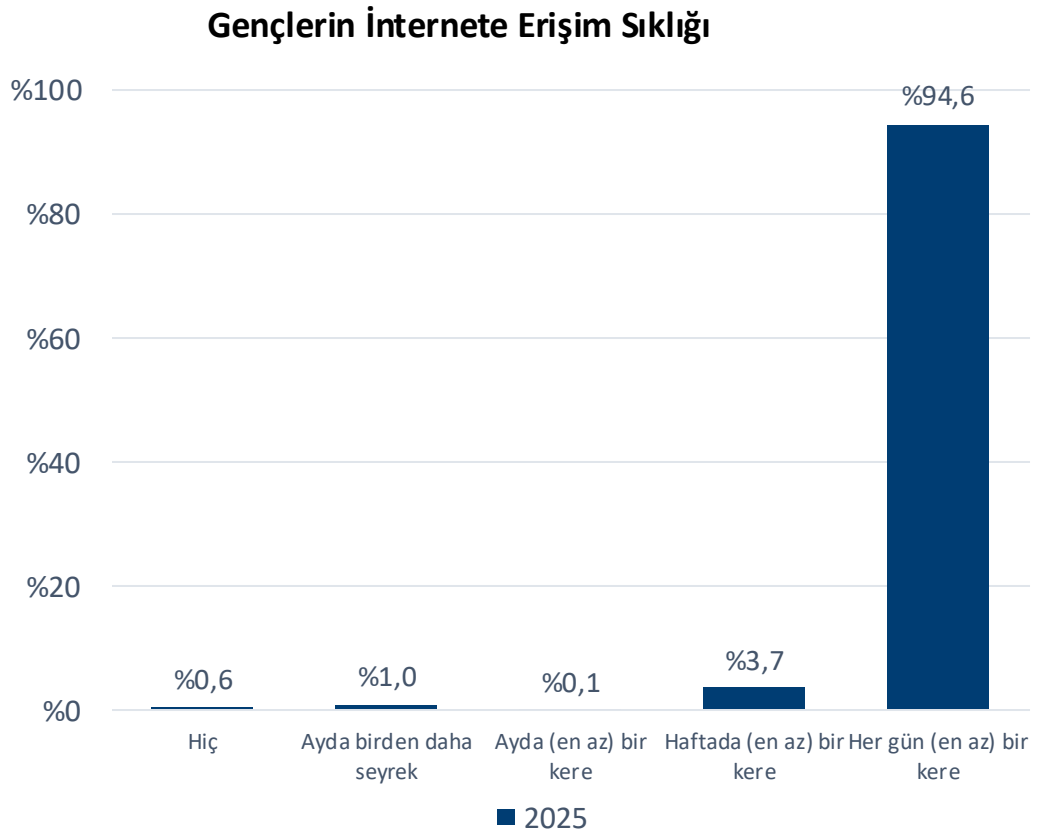
Taşınmayı İsteme Sebebi

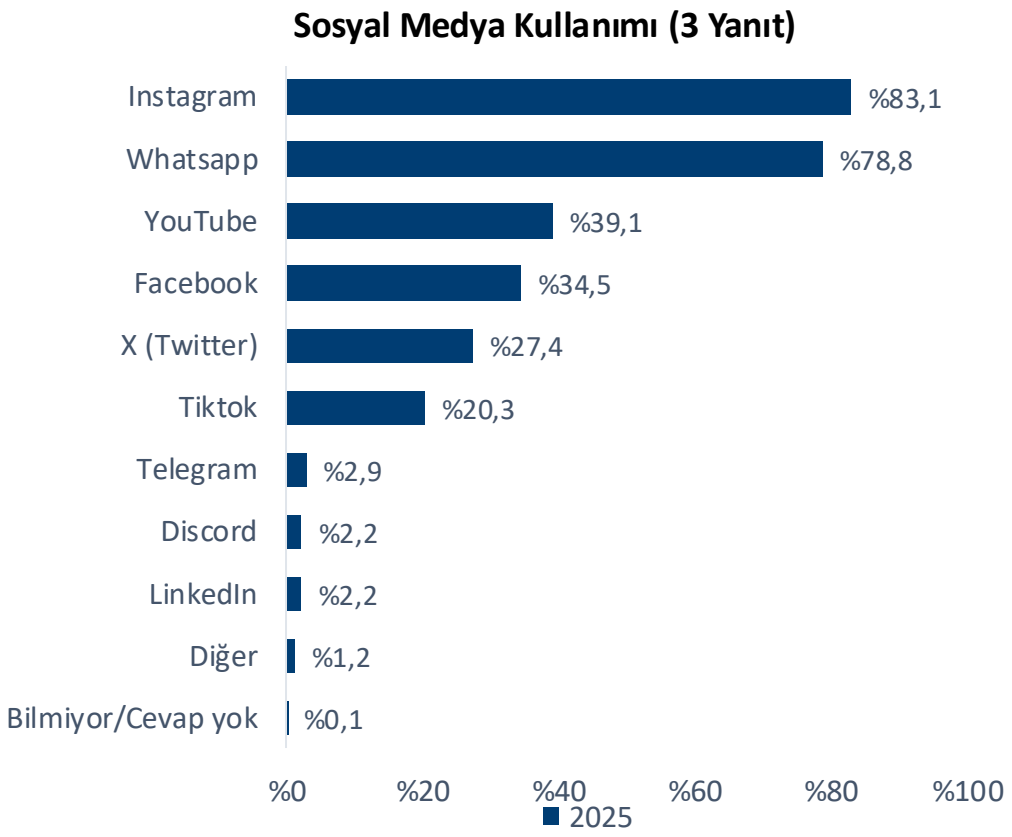
MEDYA KULLANIMI

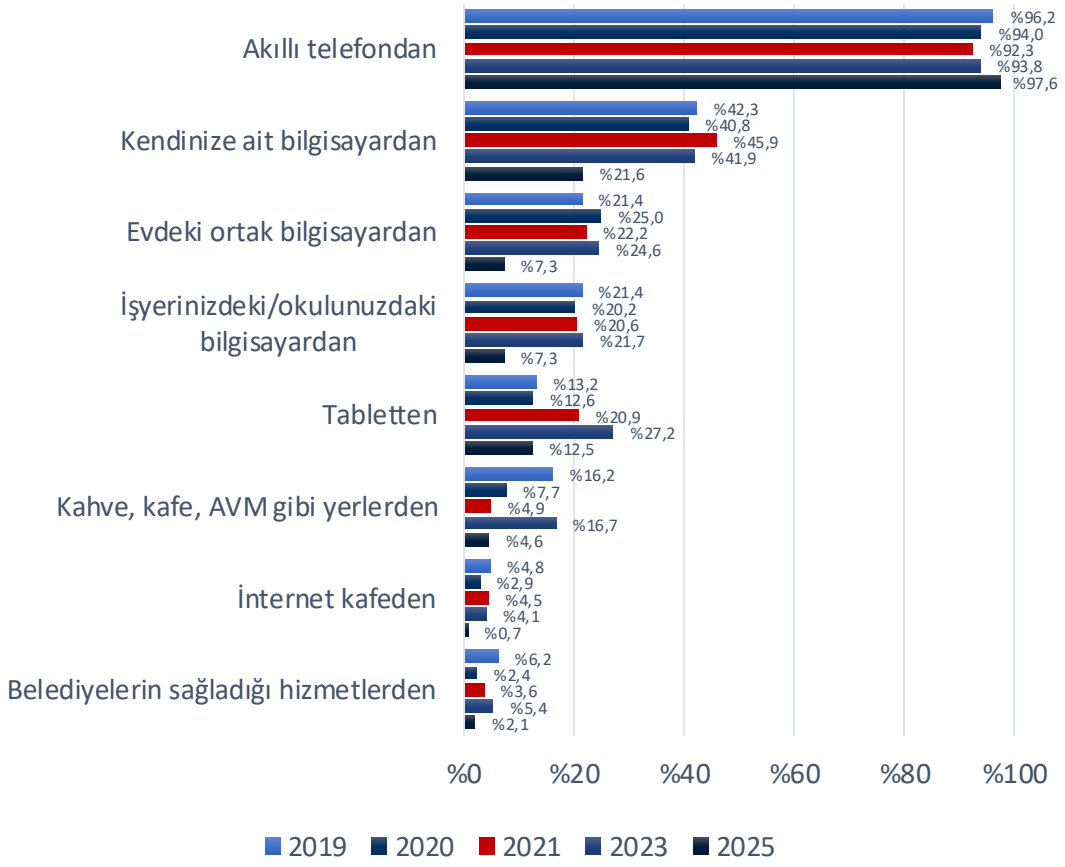
ÇALIŞMA DURUMUNA GÖRE İNTERNETE ERİŞİM SIKLIĞI "HAFTADA BİR VE DAHA SIK KULLANIYORUM" YANITLARININ ORANI

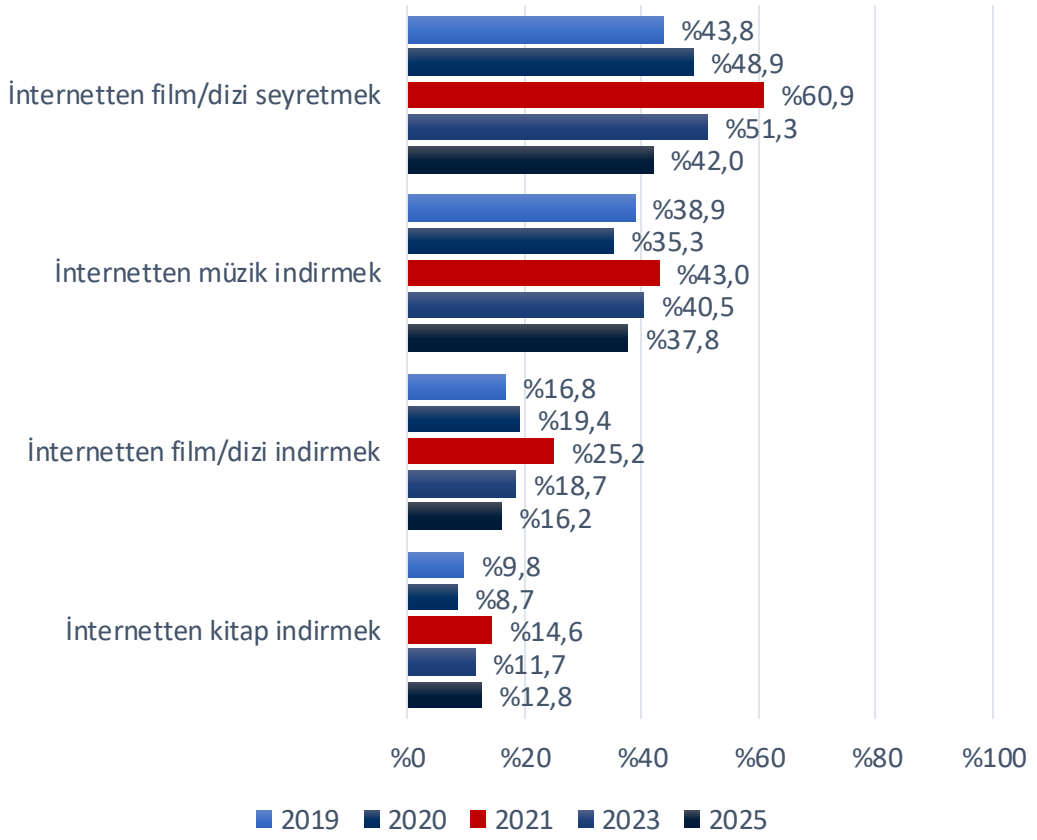


GENÇLERİN İNTERNETE ERİŞİMİ VE SOSYAL MEDYA KULLANIMI







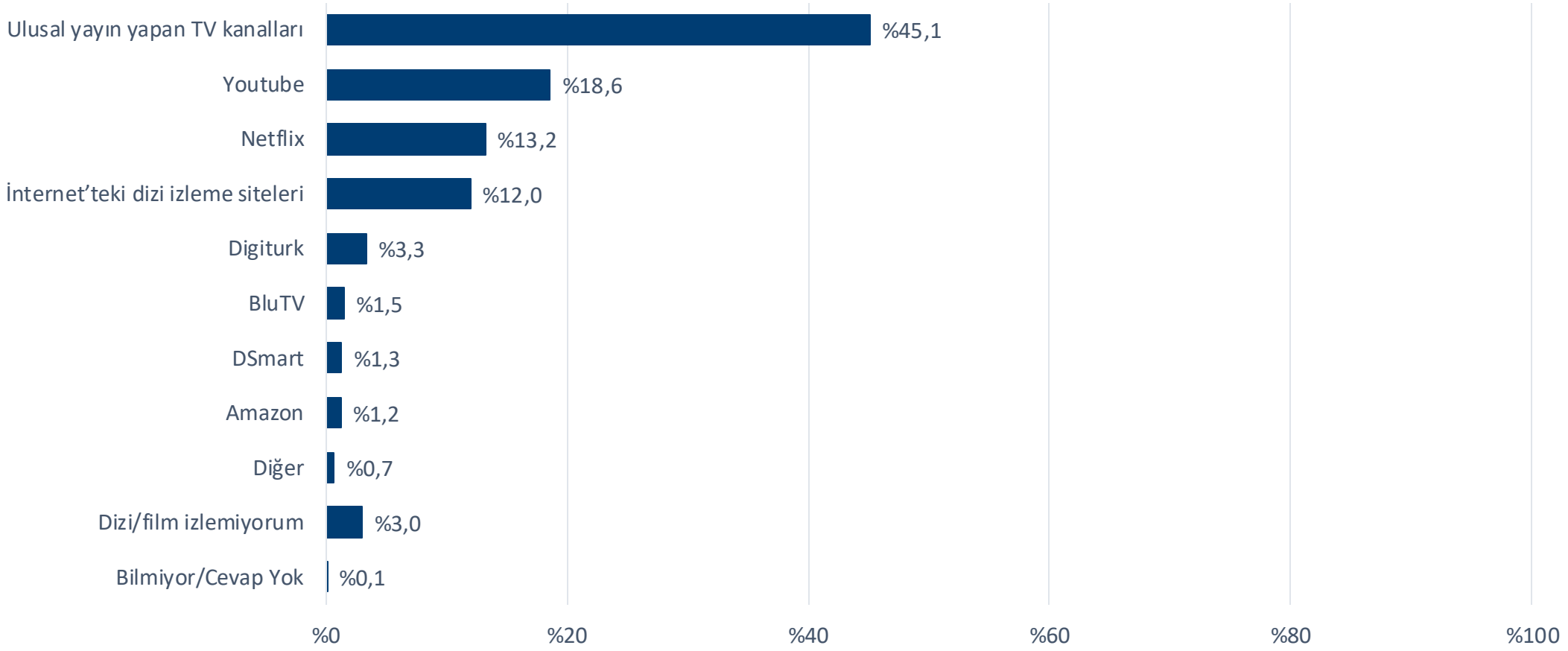


Baz: 1390 kişi

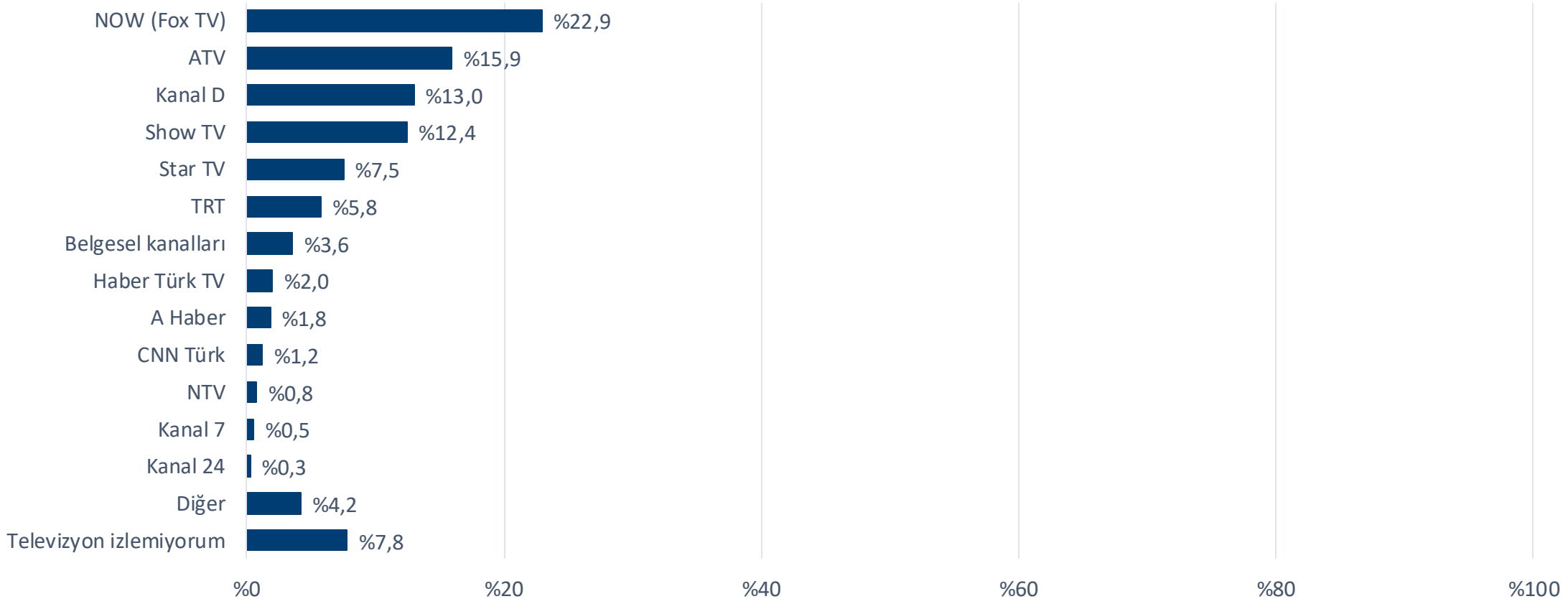
SON BİR YILDA İNTERNETTE VEYA İNTERNETTEKİ ARKADAŞ GRUPLARINDA RAHATSIZ HİSSETTİREN DURUMLAR

Baz: 1390 kişi

FİLM VE DİZİLERİN EN ÇOK NEREDEN İZLENDİĞİ (İLK YANIT)



EN ÇOK İZLENEN TELEVİZYON KANALI (İLK YANIT)



DİJİTAL YETKİNLİK AÇISINDAN KENDİSİNİ YETERLİ BULMA

DİJİTAL BECERİLER

TÜRKİYE'DE GENÇLERİN İYİ OLMA HALİ ARAŞTIRMA RAPORU

habitat
infakto RESEARCH WORKSHOP

İletişim İçin: info@habitatdernegi.org